

Bowden Grandview School

January 13, 2025



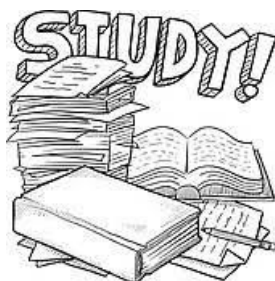
What's Happening:

Monday, January 13

- Spellathon Starts

Wednesday, January 15th

- Social 30 Diploma



Please see final exam schedule on page 2

BGS HOT LUNCH **HOT LUNCH**

January 23rd - A&W

February 6th - Pizza Hut

March 6th - Hot dogs

March 20th - A&W

April 3rd - Subway

April 17th - Mac & Cheese

May 1st - Pizza Hut

May 15th - Hot Dogs

May 29th - Subway

June 12th - Pizza Hut (Last hot lunch of the year)



The BGS Spellathon is back in full swing! Students are learning the importance of spelling while raising funds for their K-6 classes. Students have received their word lists and are now practicing their words. Students also have pledge forms to begin collecting pledges from family and friends.

This is the **ONLY** elementary fundraiser for the year, so let's make it a good one! Please remember 100% of the money raised goes toward special events and field trips for your children and stays in **OUR** school!

We welcome prizes from families and businesses - every item counts! Please consider donating an item to help motivate students. (All prizes must be in new condition.)

Thank you for supporting our school and students!

BGS Final Exam Schedule - January 2025

Wednesday, January 15	Social 30-1 Diploma (Part A) Social 30-2 Diploma (Part A)
Monday, January 20	English 10-1 (Part A) English 10-2 (Part A)
Tuesday, January 21	Social 30-1 Diploma (Part B) Social 30-2 Diploma (Part B)
Wednesday, January 22	Biology 30 English 20-1/20-2 (Part A) Math 10-3, 20-3, 30-3

LAST DAY OF REGULAR CLASSES FOR GRADE 9-12 STUDENTS IS WEDNESDAY JANUARY 22

Thursday, January 23	Math 10C Science 9 PAT
Friday, January 24	Chemistry 20
Monday, January 27	English 20-1, 20-2 (Part B) English 9 Midterm
Monday, January 27	English 20-1, 20-1 (Part B) English 9 Midterm
Tuesday, January 28	English 10-1 (Part B) English 10-2 (Part B)
Wednesday, January 29	Biology 20

Last day of regular classes for grade 9-12 in Wednesday, January 22

Students must remain in all diploma exams for at least one hour. Please return any textbook(s) in the library after the exam(s) are completed.

Phones must be left in lockers or shut off and placed in the table up front.



What a great way to start 2025!

Both Blazers teams played a home game Monday, January 6th defeating Carstairs. Both teams continue to improve with their skills winning 32-10 (Girls) and 41-28 (boys)



Blazers Athletics



January 13	Jr. Girls game @ home vs. Deer Meadow	4:00
	Jr. Boys game @ home vs. Deer Meadow	5:30
January 20	Jr. Girls game @ River Valley (Sundre)	4:00
	Jr. Boys game @ River Valley (Sundre)	5:30
January 27	Jr. Girls game @ Cremona	4:00
	Jr. Boys game @ WestGlen	5:30
February 3	Jr. Boys game @ home vs. Hugh Sutherland (Carstairs)	TBA

Athlete of the Month - December

Alyvia Chambers - Jr. Girls Basketball

Lyv has been excelling this year. She made multiple baskets in our first tournament, and has continued to score us points in each game with her beautiful shots. She has a focus and drive to do well in whatever her coaches ask her to do, which has made her very effective in her position on the court.



Emmett Stockford - Jr. Boys Basketball

Emmett shows up and gives everything he has at every practice and anytime he is on the floor during a game. He is willing to learn and try new things and is very coachable. Emmett has excelled in contributing consistent defense every game.



Literacy Corner

NATIONAL WINNIE THE POOH DAY - January 18



National Winnie the Pooh Day on January 18th commemorates author A.A. Milne's birthday in 1882. He brought the adorable, honey-loving bear to life in his stories, which also featured his son, Christopher Robin.

Alan Alexander Milne (18 January 1882 – 31 January 1956) was an English writer best known for his books about the teddy bear Winnie-the-Pooh, as well as for children's poetry. Milne was primarily a playwright before the huge success of Winnie-the-Pooh overshadowed all his previous work. He served in both world wars, as a lieutenant in the Royal Warwickshire Regiment in the First World War and as a captain in the Home Guard in the Second World War.

Winnie the Pooh FAQ

Q. Was Christopher Robin a real boy?

A. Author A.A. Milne created the character Christopher Robin after his own son Christopher Robin Milne.

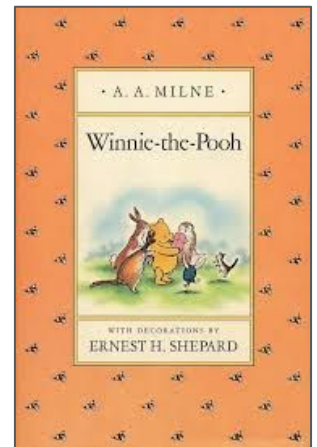
Q. How many books are in the Winnie the Pooh series?

A. A.A. Milne wrote four books for the series. They are:

- *When We Were Very Young* (1924)
- *Winnie-the-Pooh* (1926)
- *Now We Are Six* (1927)
- *The House At Pooh Corner* (1928)

Q. When did Tigger first appear in the Winnie the Pooh books?

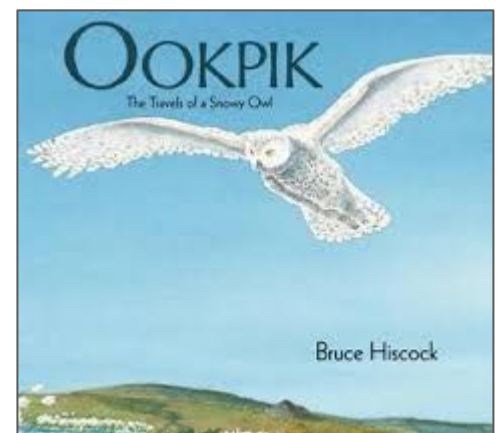
A. Tigger is the last main character introduced in the Winnie the Pooh series. He first appears in *The House At Pooh Corner* in 1928.



Indigenous Education

ookpik - an Inuktitut word for snowy owl

The snowy owl, which can be found as far north as the Arctic Circle, is one of North America's biggest owls at approximately half a metre tall and with a wingspan of about a metre and a half. The powerful birds are keen hunters and have few natural predators.



Anger Management Skill Development

1 Day Workshop January 28th, 2025 9:00am to 3:30pm

Psychoeducational workshop based in Cognitive Behavioural Therapy (CBT)

- ❖ Topics and strategies covered will include:
 - ~ Events and Cues in understanding anger
 - ~ The aggression cycle and ways to change it
 - ~ Cognitive restructuring and skills
 - ~ Alternatives for anger expression
 - ~ Communication and the conflict resolution model
 - ~ How past learning influences present behaviour
 - ~ Anger control plans

- ❖ Participants will leave with having developed a personal anger control plan and be provided with a certificate of attendance once completed.

Registration required; space is limited

A brief phone consultation will be conducted with the facilitator prior to registration. Please contact the clinic if interested in registering or for further information:

- Phone: (403) 507-8174
- Email: jody.tomm@recoveryalberta.ca