

# Bowden Grandview School

November 4, 2024



## Halloween Fun!

### What's Happening:

Tuesday, November 5

- Parent/Teacher Interviews
- Book Fair

Wednesday, November 6

- BGS Remembers @ 10:30 Public Welcome
- Parent/Teacher Interviews
- Book Fair



# Halloween Fun!

Our kindergarten class was gifted pumpkins for each student by Mrs. Fox this week. We were busy decorating them and adding some glow-in-the-dark touches! We would like to thank Mrs. Fox for donating the pumpkins, and for a few grade 8 helpers during the decorating process!

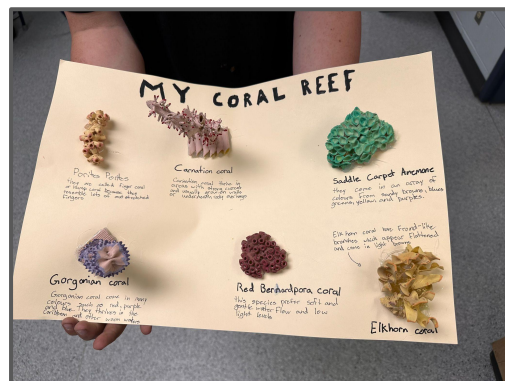
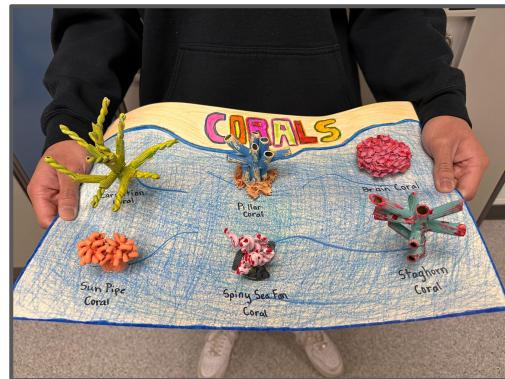


The grade three class did all sorts of pumpkin math this week. Each student had to estimate, organize and count the number of seeds in their pumpkins. Then they had to figure out the difference between their estimate and their actual count and graph their results. Loads of fun learning! They are also writing a descriptive paragraph about their pumpkins and they got to try roasted pumpkin seeds as a treat after all their work. A huge thank you to the parents who came in to help with this project!



# Marine Biology

Exciting things are happening in our Marine Biology class! Our students have been diving deep into the wonders of the ocean and learning about the vital role of coral reefs in marine ecosystems. As part of our hands-on project, they are creating their very own coral reef models, using different shaped pasta to showcase the beauty and importance of these underwater ecosystems. Great work !



The Scholastic logo, featuring a white book icon to the left of the word "SCHOLASTIC" in white, uppercase letters, all contained within a white rectangular border on a red background.

# BOOK FAIRS

**Bowden Grandview School will be hosting a  
Scholastic Book Fair from  
October 30th - November 6th  
during lunch and  
Open until 6:30pm  
on November 5th & 6th  
during Parent/Teacher Interviews**



# Blazers Athletics



## Upcoming Dates

Nov. 4 - Jr. Girls playoffs @ River Valley (two games) 4:00  
Nov. 5 - Sr. Girls game @ Olds Koinonia 5:30  
Nov. 6 - Volleyball Skills game @ HOME vs. Elnora - 4:15 pm  
Nov. 12 - Sr. Girls playoffs @ TBD  
Jr. Girls season ends this week  
Volleyball Skills also ends this week

## Athlete of the Month - October

### Eastynn Mills

Jr. Girls Volleyball

Eastynn stepped into the Junior Volleyball team with ease this year. She is a natural athlete that strives to do her best and works hard at each practice and game. She is committed to her team and she always has a positive attitude. Congratulations to Eastynn who is not only is a force with BGS's junior team but who will be playing club volleyball this year in Didsbury!



### Paige Van Sickle

Sr. Girls Volleyball

Paige is a dependable teammate and athlete. She leads by example, and is working to improve her individual skills, while also being a valuable member of the team. She is encouraging to her teammates and she works hard during practices and games. Paige is our libero but can also be used in various positions on the court because of her court knowledge and willingness to play where the team needs her.



403-506-5630

@bowdengroomers

#4 2101 24a Crescent  
Bowden, Ab



# Sr. Girls Volleyball



Our Sr. Girls volleyball team placed fourth in Hay Lakes on Oct. 25/26 (it was a Halloween tournament). The girls have come a long way this season and we are so proud of their accomplishments! They will finish up their season with playoffs on Nov. 12th, location TBD.





NOVEMBER 13-15, 2024

and



If you have a student interested in attending the Agri-Trade Expo and Farm Show this year in Red Deer, November 13-15, 2024, there is an opportunity for them to be given a free ticket to enjoy the day.

Free admission is already provided for students 12 years or younger AND to any student who is a member of a 4H club (must show your membership card at the gates).

Agri-Trade has made available to the other Chinook's Edge School Division **students** a free gate admission as well. **These free admission tickets are available only to Chinook's Edge students.** Contact the school if your student is interested.



## Drive a New or "New to You" Vehicle & Support the 2025 Bowden Grandview Grad Class!

Looking for a new or "new to you" vehicle? Now's the perfect time to make a purchase!

From now until February 2025, every vehicle purchased as a result of this ad, Red Deer Mitsubishi will contribute \$500 to the Bowden Grandview Graduating Class of 2025!

### How to Support:

- If you, a family member, or a friend purchase a vehicle, simply mention that you saw this ad and would like to support the Bowden Grad Class.

Let's help our graduates achieve their dreams while you find the perfect vehicle!

Visit us at Red Deer Mitsubishi today!

6444 – 67 Street Red Deer, AB

PH: 403-348-8000

# Simple Ways to Boost Your

## ☆ Child's Confidence ☆

Our kids can often feel like it's an adult's world, and they have nothing of value to offer, which can contribute to a lack of confidence. Using simple tricks like asking for their help or to share their expertise, or simply showing them that we as adults are imperfect too, can boost their confidence and give a sense of purpose in their interactions. Try these four fun tips to boost your child's confidence:



### 1. Ask for Their Expertise

Every now and then, ask your child to show you how to do something they're good at, even if you already know how. Whether it's a game, a hobby, or a skill, this makes them feel valued and important.

### 2. Show Your Own Imperfections

Let your child see that you're not perfect. Make a mistake on purpose, like coloring outside the lines, and show that you're happy with your progress. This teaches them that everyone, even adults, can improve and learn.

### 3. Celebrate Their Wins

When you play games together, celebrate their victories genuinely. Say things like, "Good game, you won! That was so fun!" This reinforces that winning isn't everything, but enjoying the process and recognizing others is.

### 4. Encourage Problem-Solving

Involve your child in everyday decisions or problem-solving activities. Ask for their input on small tasks, like organizing a space or planning an activity. This not only builds their confidence but also shows that their opinions matter.

By regularly involving your child in these ways, you reinforce that they have valuable skills and knowledge to share. This approach not only boosts their confidence but also fosters a stronger, more supportive relationship between you and your child.





# CULTIVATE



*Prepare, Plant and Process into Adulthood*

**GROUPS FOR YOUTH AGES 8-13 AND 13-18**

The teen years are exciting time, and your child will go through many changes and challenges. We want to help guide them well and prepare them for this phase of life

- PEER RELATIONSHIPS AND DATING
- BULLIES AND CRITICISM
- PHYSICAL CHANGES OF PUBERTY
- EATING DISORDERS, SELF- INJURY, DEPRESSION, ANXIETY
- OUR IDENTITY
- GENDER AND SEX
- CONFLICT RESOLUTION

**CALL US TODAY TO REGISTER**



OLDS AND AREA  
*Pregnancy Support Centre*

587-796-1611  
www.oldspreg.ca



## **Mountain View Moccasin House**

You are invited to attend Mountain View Moccasin House cultural camp. This is open to any youth ages 12 and up living in Mountain View County. Parents and guardians are welcome to participate and would be expected to attend with students ages 12 - 14.

Participants will spend time with Elders and knowledge keepers who will share protocols and a variety of teachings, such as women's and teepee teachings. Activities will be "hands on" with opportunities to learn while helping and to experience a sweat. Through horse teachings, you will gain understanding of the horse's relationship to our world. Everyone will enjoy a culturally relevant experience with potential personal benefit through the teachings of balance in the mental, emotional, physical and spiritual aspects of the human journey.

**When:** 6:00 pm Sunday November 10 - 4:00 pm Tuesday November 12

**Where:** Camp Vallaqua by Water Valley

**Who Should Attend:** Anyone 12 Years and older. 12 to 14 year olds must be accompanied by an adult.

### **What to Bring:**

- Sleeping Bag or Bedding, Pillow, Towels, and Toiletries.
- Water Bottle, Gloves, Outdoor Clothes and Footwear.
- Men & Boys Bring Shorts or Loose Fitting Pants to Wear in the Sweat.
- Women & Girls - a Loose Fitting, Ankle Length Skirt (not black) and a modest t-shirt to wear in the Sweat.
- Everyone Bring an Extra Towel if You Want to Sweat.
- all meals will be provided

Please check out the Camp Vallaqua facility,

<https://www.campvallaqua.ca>

For camp rules and guidelines at

<https://campvallaqua.ca/res/pub/Documents/Rental-Agreement-Form.pdf>

**Cost:** There is no fee required to participate in this camp, however donations are greatly appreciated.

(cost for meals and lodging is approx 160.00/person)

Funding may be available through schools or agencies working with families in the area and those contributions would be appreciated.

Schools or agencies can submit e-transfers on behalf of individual participants or donations can be sent to [moccasin2020@gmail.com](mailto:moccasin2020@gmail.com). Donations can also be collected at the campsite.

# BOWDEN JUNGLE JUNCTION

## Before/After School Care

October 2024



Olds & Area

**\*\*Full Day Care offered (in Olds) on October 25th. Please contact Ashley for more info.**

To Register, contact Ashley at:  
(403) 559- 4884  
ashleybgcolds@outlook.com

### Information

BGC Olds and Area is excited to partner with Bowden Grandview School to offer before and after school care!

BGC Olds and Area has been providing licensed before and after school programs for children in Olds and area for the past 38 years! Our program provides children with a safe place to go in the out of school hours where they can have fun, interact with their peers, and develop skills that will last a lifetime.

Before School- \$250

After School- \$310

Full Time- \$380

Before and After Kindergarten- \$175

Drop In- \$20/segment

\*\*\*Subsidies are available through the Government of Alberta for families with a household income less than \$89,999.



### Volunteer Opportunities!!

If you know someone who would love to come and have fun while volunteering, Bowden Jungle Junction is the place to be! Also, if you're a high school student, volunteer hours look great on a resume! Please contact Ashley if interested.

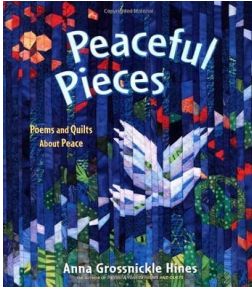
### Check out our Instagram Page!

@junglejunctionbowden



## Literacy Corner

On Remembrance Day we honour those who gave their lives to serve our country. On Wednesday, November 6th at 10:30, BGS will honour those who have fought and continue to fight for our country.



### **Peaceful Pieces: Poems and Quilts About Peace**

by Anna Grossnickle Hine

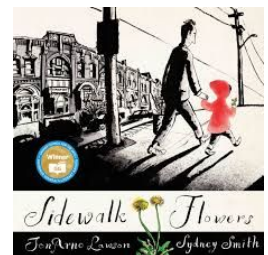
In this evocative collection of poems illustrated by beautiful handmade quilts, Anna Grossnickle Hines explores peace in all its various and sometimes surprising forms: from peace at home to peace on a worldwide scale to peace within oneself.

### **Sidewalk Flowers**

by JonArno Lawson

In this wordless picture book, a little girl collects wildflowers while her distracted father pays her little attention. Each flower becomes a gift, and whether the gift is noticed or ignored, both giver and recipient are transformed by their encounter.

“Written” by award-winning poet JonArno Lawson and brought to life by illustrator Sydney Smith, *Sidewalk Flowers* is an ode to the importance of small things, small people and small gestures.



## Indigenous Education / Literature

Recognized annually on November 8th, Indigenous Veterans Day is a day to recognize and acknowledge the many contributions and sacrifices of Indigenous Peoples to Canada's war efforts and peacekeeping reputation.

For many Indigenous craftspeople, creating beaded poppies is an important way to keep Indigenous heritage alive.





**DIDSBURY ELKS LODGE  
PRESENTS**

# **Gowns for Grads**



**THE DIDSBURY ELKS GOWNS FOR GRADS PROJECT IS BACK!**

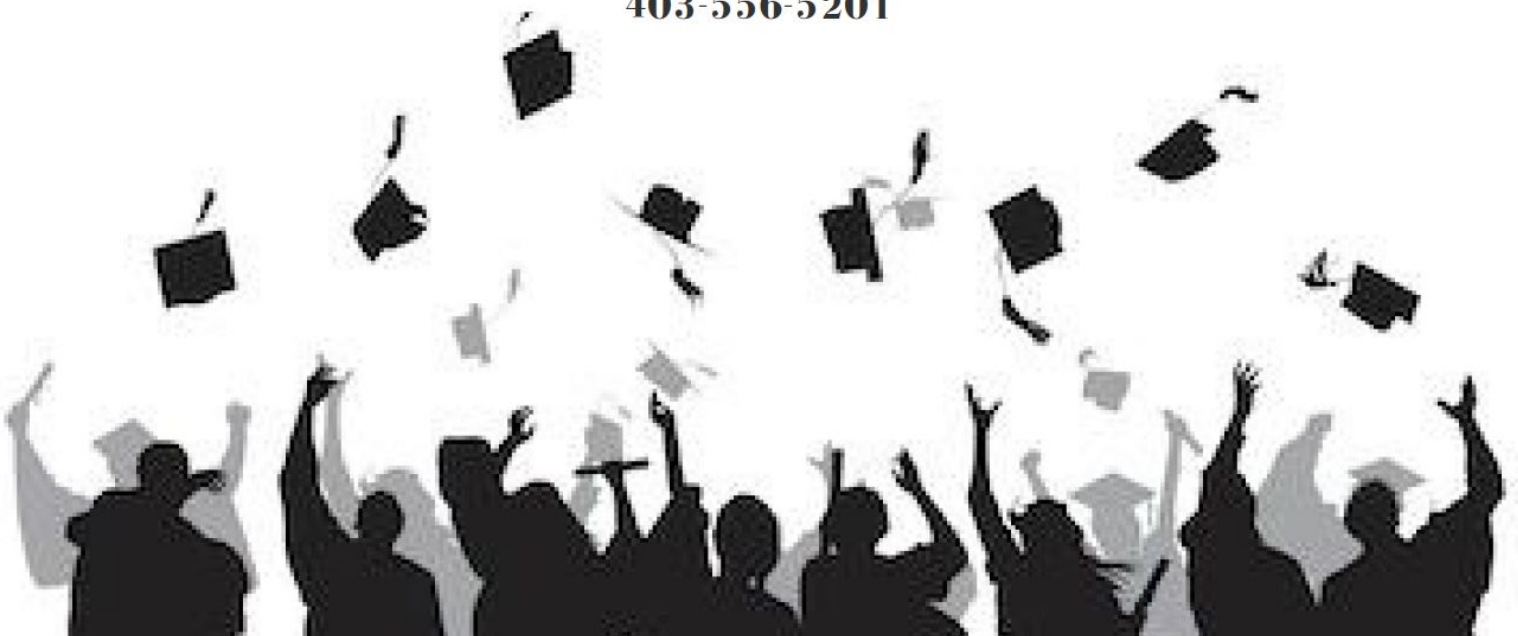
**THE G4G PROJECT PROVIDES GRADUATES WITH THEIR OWN FAIRY  
GODMOTHER THIS GRADUATION SEASON PROVIDING EVERYONE  
WITH FREE GRAD DRESSES, SUITS AND ACCESSORIES.**

**LOCATION: DIDSBURY ELKS HALL 1914 20 ST**

**TIME: BY APPOINTMENT STARTING OCTOBER 1, 2024**

**PLEASE CALL MARGO WARD TO BOOK AN APPOINTMENT**

**403-556-5201**





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*Plan your Christmas Shopping at  
Christmas Country Tour*

**Cottonwood - Gordon Ag. Society - Christmas Craft Sale**

(south of Innisfail, take overpass 13 miles west on Cottonwood Road, just past RR 30)

**Feature Artist: Carol-Lynn McKinnie**

Enjoys working with oil paints, watercolours, and pencil drawings.

Portraiture of people and pets is a special passion.

She is a member of the Innisfail Art Club.

Friday, November 8, 2024: 6:30 - 8:30 p.m.

Saturday, November 9, 2024: 10:00 a.m. - 2:00 p.m.

Check out the various tables which include: whimsical, jams, jellies, pickles, quilting, jewelry, baking, pottery, handmade cards, Canadiana items, honey, painting, sewn clothing, yule logs, woodworking, and much more.

Come enjoy a noon lunch of Hamburger Soup and buns.

Lunch donations go to the Christmas Bureau.

Door Prize Draws

For more information call Sharon 403-227-2489 or

Wilma 403-357-9932 or Linda 403-224-2273

Cherie 403-224-3290

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**Hillcrest Community Hall Craft Fair & Bake Sale**

Saturday, November 9, 2024: 10:00 a.m. - 3:00 p.m.

There will be a wide selection of tables featuring: baking, quilting, homemade jam, sewing, crocheting that includes crocheted hats and vests, Christmas Decor, and wood working items.

Lunch will be available for your enjoyment.

Door Prize Draws

Call Linda 403-556-6647 or Bea 403-224-3880 for more details

(West of Bowden on Hwy 587, 2 miles south on RR 22, watch for signs)

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