

Bowden Grandview School

October 7, 2024



Huge congratulations to the cross country team, Weston, Roxy and Jaxton on a very successful CENNA race.

Roxy Reynolds ran to a first place finish in a 3 km race.

Jaxton Mckay came in top 5 improving his time by 5 minutes from last year's 3 km race

These athletes will be moving on to the next level of races! Way to go!



What's Happening:

Thursday, October 10

- Teacher/Student Swap dress up day

Friday, October 11

- Non-Instructional Day



Just a reminder the FOG Vegetable Fundraiser is due on October 15th



Grade 6 students were provided an opportunity to experience flying first hand. Local pilots from the Innisfail Airport (in partnership with COPA) hosted a Discover Aviation day on September 28th. The pilots graciously volunteered their time and aircrafts allowing students to explore the aircrafts, see how they work, and learn safety precautions that are taken in regards to them. It was a wonderful experience for the students who attended!



BOWDEN GRANDVIEW SCHOOL*



TEACHER & STUDENT SWAP DAY



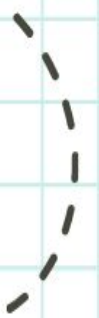
+

STUDENTS DRESS AS TEACHERS,
TEACHERS DRESS AS STUDENTS!



STUDENTS!

WEAR YOUR BEST
PROFESSIONAL ATTIRE OR AN
OUTFIT THAT YOU THINK
LOOKS LIKE ONE OF YOUR
TEACHERS!



10TH OF
OCTOBER



STUDENTS
& STAFF

** REMEMBER TO BE RESPECTFUL WITH WHAT YOU WEAR **







2025 *Class of*

The Class of 2025 is accepting donations to their Spaghetti Supper. They are looking for Silent Auction items. If you or anyone you know would be willing to contribute please contact Bowden School Thank you in advance for your contribution to make the Class of 2025 fundraising successful!



 Drive a New or "New to You" Vehicle & Support the
2025 Bowden Grandview Grad Class! 

Looking for a new or "new to you" vehicle? Now's the perfect time to make a purchase!

From now until February 2025, every vehicle purchased as a result of this ad, Red Deer Mitsubishi will contribute \$500 to the Bowden Grandview Graduating Class of 2025!

How to Support:

- If you, a family member, or a friend purchase a vehicle, simply mention that you saw this ad and would like to support the Bowden Grad Class.

Let's help our graduates achieve their dreams while you find the perfect vehicle!

Visit us at Red Deer Mitsubishi today!

6444 – 67 Street Red Deer, AB

PH: 403-348-8000

Eagle Creek Farms Vegetable Fundraiser

Who are We?

Eagle Creek Farms is a 4th generation farm that began growing vegetables in the 1980's. We grow Veggies, Seed Potatoes, Sunflowers, Cut Flowers and have been Certified Organic since 2018. All the vegetables supplied in the fundraiser have been grown, washed and packed on the farm. We have created this fundraiser with Carrots, Potatoes, Beets, Onions and Cabbage. Vegetable availability may change.

Why Participate?

- Schools keep 30% of sales
- Families enjoy locally grown freshly harvested Alberta Vegetables.
- Families have the opportunity to visit the the Bowden Sunmaze to see where and how we grow the vegetables

How it works

- We grow veggies
- Students sell the veggies
- We package the veggies
- We will deliver the bagged produce to your pickup location/date
- You will coordinate volunteers to help at pickup
- You will collect all the money, keep 30% and the remaining balance can be paid by cheque or E-transfer
 - E-Transfer: rayell@eaglecreekfarms.ca
 - Cheque: make payable to - Eagle Creek Farms
- We require 2 weeks from when we get the master veggie order sheet to delivery date
- Available pickup Dates October - November

Questions

Please reach out to rayell@eaglecreekfarms.ca



Vegetable Fundraiser



Student: _____

Grade: _____ Phone: _____

Orders Due: **October 15, 2024** Cheques Payable to: **Friends of Grandview**

Order Pickup: **October 30, 2024**

Customer Name & Phone	Carrots		Beets	Cabbage	Onions	Potatoes #2 Grade		I Love Local Veggies Bundle	Order Total
	2lb \$6	5lb large \$10	5lb \$10	3-4lbs \$5	5lb red/yellow \$8	10lbs Red \$12	10lbs Yellow \$12	10lb Red Potato, 5lb Large Carrots, 1 Cabbage & 2lb Beet 5lb Onions \$36 (\$41 value)	
TOTAL									

All Vegetables are Certified Organic and Grown at Eagle Creek Farms, Home of the Bowden SunMaze, in Bowden Alberta
 Questions? Please email rayell@eaglecreekfarms.ca

FUNDRAISER

Partnering with Bigfoot Greenhouse
to bring you winter greens & arrangements just in time for Christmas/Holiday break.
Orders due by October 18th and ready for pick up December 16th. Available now to order
through your fee payment account or in person with Ms. SG & Miss. Oakley.

ONLY 70 Small and 70 Medium arrangements are available so don't delay your order.

All funds are going to subsidizing PE field trips
(PLEASE NOTE: Photos are just for size reference. All orders are not alike.
No customs at this time)



BOWDEN JUNGLE JUNCTION

Before/After School Care

October 2024



****Full Day Care offered (in Olds) on October 25th. Please contact Ashley for more info.**

To Register, contact Ashley at:
(403) 559- 4884
ashleybgcolds@outlook.com

Information

BGC Olds and Area is excited to partner with Bowden Grandview School to offer before and after school care!

BGC Olds and Area has been providing licensed before and after school programs for children in Olds and area for the past 38 years! Our program provides children with a safe place to go in the out of school hours where they can have fun, interact with their peers, and develop skills that will last a lifetime.

Before School- \$250

After School- \$310

Full Time- \$380

Before and After Kindergarten- \$175

Drop In- \$20/segment

***Subsidies are available through the Government of Alberta for families with a household income less than \$89,999.



Join us on Tuesdays for our **Cooking Club**, where we will learn all about baking and cooking up some delicious snacks!

Drop- in fees are \$20/session.

Volunteer Opportunities!!

If you know someone who would love to come and have fun while volunteering, Bowden Jungle Junction is the place to be! Also, if you're a high school student, volunteer hours look great on a resume! Please contact Ashley if interested.

Check out our Instagram Page!

@junglejunctionbowden



Blazers Athletics



Upcoming Dates

Oct. 7 - Jr. Girls Volleyball @ Cremona (4:00)

Oct. 8 - Sr. Girls Volleyball @ Carstairs (5:30)

Oct. 15 - Sr. Girls Volleyball @ HOME vs. Olds High (5:30)

Oct. 18/19 - Jr. Girls Volleyball Tournament in Delburne

Oct. 19 - Sr. High Cross Country Zones (Camrose) Go Jack Go!

September Athlete of the Month

Sponsored by:



403-506-5630

@bowdengroomers

#4 2101 24a Crescent
Bowden, Ab

Cross Country Running - Jaxton Mackay

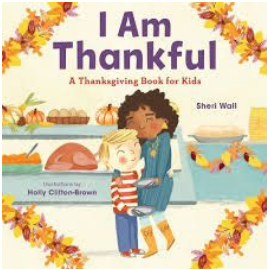
Jax comes to each practice and pushes himself to get faster. Jaxton also has been running on his own time to help increase his stamina. Best of luck in the rest of the season Jax!

Sr. Girls Volleyball - Senna Maas

Senna has stepped up to the higher level of volleyball quickly and works hard at each practice. She is committed to her team and she always has a positive attitude.

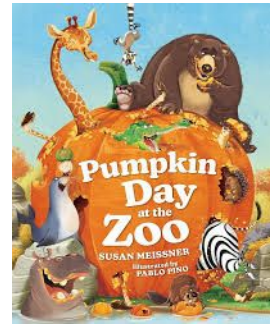
Literacy Corner

Happy Thanksgiving to the Bowden Grandview School community. The **best Thanksgiving books** remind kids and adults to be grateful for all the blessings in their lives.

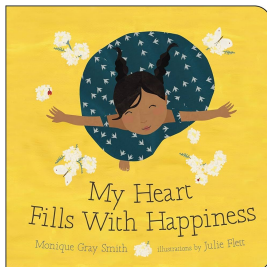


This book follows three different families and shows how each of them celebrates the holiday.

When farmers and pumpkin patch owners donate their pumpkins to the zoo, the animals chomp, chew, play, and give hearty hoorays for their favorite squishy squash! Grab a pumpkin and follow along as this lighthearted, lyrical zoo book for preschoolers and elementary-age kids from bestselling novelist Susan Meissner celebrates the fall season in the most entertaining way.



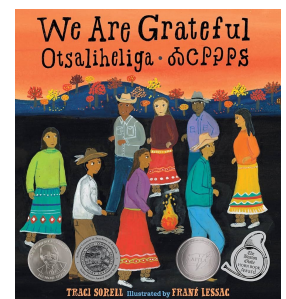
Indigenous Education / Literature



What fills your heart with happiness? In this book, a little girl names the things that make her heart swell, including the faces of those she loves. The words of this book are written in both English and Anishinaabemowin, the language of the Ojibwe people.

This award-winning seasonal picture book is for 3-7-year-olds interested in contemporary Indigenous stories that are both accessible and universal for all kid readers.

The word otsaliheliga (oh-jah-LEE-hay-lee-gah) is used by members of the Cherokee Nation to express gratitude. Beginning in the fall with the new year and ending in summer, follow a full Cherokee year of celebrations and experiences.



Community Education Service



Improving emotional health and well being

Understanding and Managing Video Gaming Addiction in Kids

Dr. Caroline Buzanko, PhD, Registered Psychologist
Clinical Director, Koru Family Psychology

Video games are designed to be highly engaging, often leading to addictive behaviours in children and adolescents. In this workshop, learn about the mechanisms behind gaming addiction; the impacts on emotional regulation, learning, and socialization; and effective strategies to help kids maintain a healthy relationship with gaming.

Learning Objectives

1. Understand the neurological impact of gaming addiction
2. Recognize the psychological and emotional effects of gaming
3. Identify healthy gaming practices
4. Develop effective parental strategies

By attending this workshop, parents will gain a foundational understanding of video gaming addiction and practical tools to help their children develop healthier gaming habits.

October 8, 2024
10:00 am – 12:00pm

[Click here to register](#)
FREE
[online event](#)



This session is presented by the Community Education Service of the Mental Health Collaborative & Child & Adolescent Addiction & Mental Health and Psychiatry Program (CAAMHPP) of Alberta Health Services and [Koru Family Psychology](#)

CES@ahs.ca <http://community.hmhc.ca/> 403 955-4730

☆ Your Actions Teach More Than Words Ever Will ☆

Children learn by observing your actions rather than just listening to your words. Here are six concrete tips to model positive behavior:

1. Show Kindness in Daily Interactions

Treat store assistants, taxi drivers, and waiters with kindness and respect. Your child will notice and remember these actions more than verbal reminders to be kind.

2. React Calmly in Frustrating Situations

Handle frustrating situations, like someone cutting you off in traffic, calmly and politely. Your child will learn to manage their emotions by watching how you manage yours.

3. Prioritize Face-to-Face Conversations

Pay attention during conversations and avoid distractions like staring at your phone. By demonstrating good listening skills, your child will understand the importance of being present and attentive.

4. Speak Positively About Others and Yourself

Avoid gossiping or speaking negatively about others, and speak positively about yourself. Your child will learn to communicate respectfully and develop a healthy self-image by following your example.

5. Manage Anger Constructively

If you get angry, handle it without raising your voice or being destructive. Show your child healthy ways to express and deal with anger, like taking deep breaths or discussing the problem calmly.

6. Show Gratitude and Appreciation

Regularly express gratitude and appreciation for the things and people in your life. Your child will learn the value of gratitude and develop a positive outlook by seeing you practice it.

Remember, children imitate what they see. By consistently modeling positive behavior, you set a powerful example that shapes their habits, attitudes, and character, guiding them to become kind, respectful, and emotionally intelligent individuals.



GrowthMinded a new membership by Big Life Journal, an award-winning company that is trusted by over 1 million parents, educators, and therapists worldwide.

What's Inside

Science-based **parenting tools and top resources** tailored for ages 5 through teen

Masterclasses and Workshops

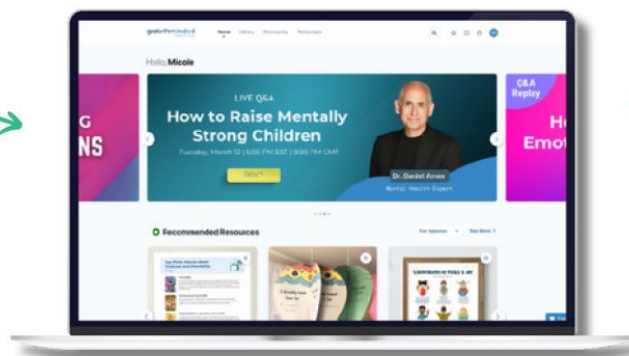
Learn from the **top experts** in parenting and child development.

Community Support

Ask our **parenting experts** a question and get advice from **like-minded** parents.

Resources for Children

Explore activities, posters, and crafts **tailored for each age group.**



Expert Q&As

Get valuable **advice** from renowned experts on your most pressing questions.

Essential Tools for Parents

Get **fast results** with 2-minute parenting tips, talking scripts, and one-page guides.

WhatsApp Channel

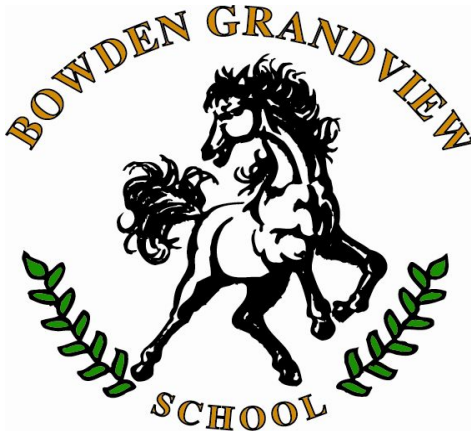
Find **motivation** for you and your child with our how-to videos of GrowthMinded activities.



"GrowthMinded is my one-stop shop for all things parenting! I'm always learning something. I appreciate how I can search for specific resources by topic and age. This is important to me. As a homeschool parent, I absolutely recommend GrowthMinded."

-Sarah N.

[LEARN MORE](#)



Bowden Grandview School 65th Annual Awards Program

October 4, 2024 at 7 pm

*Master of Ceremonies
Mr. Deen Lockhat*

Land Acknowledgement

*O'Canada
What a Wonderful World*
Performed by Bowden Grandview School Choir

Mr. Robb Stuart
Mrs. Linda Wagers
Mr. Jason Drent

Principal's Address

Addresses by Dignitaries

Mr. Earl Dreeshen
Mr. Devin Dreeshen
Mrs. Connie Huelsman

Junior/Senior High Student Council
Presented by Mrs. H. Adamuik and Ms A. Vacey

Certificates of recognition are given out to Student Council members in show of support for their time and efforts towards making our school community a better one.

Leadership Team:

President Genevieve Chapman
Vice-President Emily Smith

Room Representatives:

Grade 7 Meghan Barnim
Katlyn Burgoyne
Alyvia Chambers
Brooke Galay
Brooklynn Kuntz

Grade 8 Austin Awe
Brodie Beekman
Danika Coldwell
Roxy Reynolds
Isabel Sherwood

Grade 9 Nick de Haan
Evelynn Zimmermann

Grade 10 Quinllan Holz
Wylie Stockford

Grade 11 Silas Tooker
Cole Scott

Grade 12 Elisa Aplin
Syrsha Holz
Miles Scott
Mary-Jane Situ



Physical Education Awards

Presented by Mr. D. Lockhat

These awards are given out to consistent, hard-working individuals in their PE class. These students are respectful, abide by expectations, and lead by example.

Grade 7 - Brooklyn Kuntz
Grade 8 - William Taylor
Grade 9 - Jaxon Barry
Grade 10 - Joseph Talabucon
Grade 11 - Cole Scott
Grade 12 - Joe Werdal



Athlete of the Year Awards
Presented by Mr. D. Lockhat

Jr. Female – Jocelyn Gall
Jr. Male – Caleb Barnim
Sr. Female – Paige Van Sickle
Sr. Male – Cole Scott



Citizenship Jr./Sr. High

Presented by Ms. A. Vacey and Ms. P. Cummins

Grade 7: Emmett Stockford
Grade 8: Brodie Beekman
Grade 9: Alex Matheson

Awards for Senior High are sponsored by Karen Lausen, Olds Trophy and Embroidery
Presented by Mrs. V. Dye and Mrs. K. Crandall

Grade 10 Citizenship: Rydyr Katterhagen
Grade 11 Citizenship: Silas Tooker
Grade 12 Citizenship: Cole Hronek

Rotary Youth Service Award

Presented by Mrs. D. Weststrate

This award of \$200 is given to a student in Grade 9 who has demonstrated leadership by providing a positive example to their peers, has provided noteworthy service to others on a local, national or international level, and/or has self-initiated any projects or services to benefit communities.

Nick de Haan



The Bowden Lions Club Leadership Award

Presented by Mrs. C. Sparks

The Bowden Lions Club Leadership Award is intended to encourage the development of leadership skills. This award of \$500.00 is given annually to one Senior High student attending Bowden Grandview School who has demonstrated, or wishes to develop, his or her leadership skills. The recipient is chosen by the Lions Club.

Genevieve Chapman



Premier Citizenship Award

Presented by Mr. D. Dreesen

The Premier Citizenship Award is awarded to a student from the 2024 graduating class who exemplifies volunteerism and dedication to the common good, involvement in school and community and has demonstrated potential for leadership, honesty, perseverance, friendliness and dependability.

Brooklyn Van Sickle



Art Achievement Certificates - Outstanding Achievement in Art

Presented by Mrs. H. Adamuik

Art 7 Eastynn Mills
Art 8 Skyy Main
Art 9 Wyatt Longjohn

Art 10 Quinllan Holz
Art 20 Emily Funk
Jessie Grenier
Julie Howlett
Art 30 Syrscha Holz



Bowden Art Club Scholarship

Presented by Mrs. H. Adamuik

This award is granted to encourage and recognize the most promising young artists in high school art. For a student who breathes, eats and dreams art!

Syrscha Holz

Academic Recognition Junior High

Sponsored by Bowden Grandview School
An honour roll for 2023-24 will be kept in the school.

Grade 7 Honours

Presented by Mrs. H. Adamuik

Meghan Barnim
Alyvia Chambers
Brooke Galay
Brooklynn Kuntz
Eastynn Mills
Kiera Shaw

Lukas Spiller
Emmett Stockford
Ryker Wemp
Cole Willert
Emily Wood
Emmett Stockford



Grade 8 Honours

Presented by Ms. A. Vacey

Austin Awe
Caleb Barnim
Brodie Beekman
Tristan Besner
Rowen Campbell
Danika Coldwell

Hayato Issler
Jaxton McKay
Roxy Reynolds
Isabel Sherwood
William Taylor



Grade 9 Honours

Presented by Ms. P. Cummins

Seth Allen

Levi Awe

Ryder Reynolds

Brody Willert

Evelynn Zimmermann



Academic Recognition Senior High

Sponsored by Bowden Grandview School

An honour roll for 2023-24 will be kept in the school.
Grade 10-12 honours are calculated using Rutherford criteria.

Grade 10 Honours

Presented by Mrs. V. Dye

Eli Grenier

Rydyr Katterhagen

Kole Kure

Logan Ryrie

Wylie Stockford

Joseph Talabucon

Brody Urichuk

Paige Van Sickle

Sarah Weston



Bowden Staff Award for the Highest Academic Standing in Grade 10

Presented by Mrs. V. Dye

Plaque and a cash award of \$100.00

This award is given to the student with the highest average using core, academic courses only.

Quinllan Holz

Grade 11 Honours

Presented by Ms. T. Raju

Jordyn Galay

Jessie Grenier

Julie Howlett

Josh Hunter

Carissa Murdoch

Silas Tooker

Jack Vervaeke

Bowden Reddi-Mart Award for the Highest Academic Standing in Grade 11

Presented by Ms. T. Raju

Plaque and a cash award of \$200.00

This award is given to the student with the highest average using core, academic courses only.

Emily Funk

Grade 12 Honours

Presented by Mrs. K. Crandall

Students receive individual plaques detailing their overall honours from Rutherford Criteria as well as their highest academic standing with honours and honours achievements in individual Grade 12 core subjects.



Genevieve Chapman

Overall Honours

Highest with Honours English 30-1

Highest with Honours Social 30-1

Highest with Honours Math 30-2

Honours Biology 30

Highest with Honours Physics 30

Hunter Harvey

Highest with Honours Social 30-2

Honours Biology 30

Syrscha Holz

Overall Honours

Honours English 30-1

Honours Social 30-1

Highest with Honours Math 30-1

Highest with Honours Chemistry 30

Highest with Honours Biology 30



Miles Scott

Honours Math 30-2

Emily Smith

Overall Honours

Brooklyn Van Sickle

Overall Honours

Highest with Honours English 30-2

Friends of Grandview Award for the Highest Academic Standing in Grade 12

Presented by Mrs. C. Sparks

Plaque and a cash award of \$300.00

This award is given to the student with the highest average using core, academic courses only.

Syrscha Holz

Filipenko Math/Physics Award

A cash award of \$500 will be awarded to the grade 12 student who has the highest combined school based average in Math 30-1 and Physics 30 due to consistent effort throughout the courses. If no suitable recipient is available, the award will accumulate until awarded.

No recipient this year

Town of Bowden Municipal Scholarship

This scholarship is available to Bowden Grandview graduates who are entering studies in either administrative or non-administrative areas of municipal careers.

No recipient this year

B & C Custom Fencing Trades Award

Presented by Mrs. C. Sparks

This award for \$300 is for students who are involved in the trades through RAP or Dual Credit during their Grade 12 year and are pursuing a program that leads to trades certification. The award is offered to students who demonstrate a number of attributes: engaged, active participation in the program, professionalism, safety, and strong employability skills. Preference is given to candidates who can provide proof of registration in an approved post-secondary training program leading to certification in a recognized trade.

William de Haan
Cole Hronek
Pacey Sparks
Brooklyn Van Sickle



M.J. Maxson Memorial

This award of \$500.00 is granted to a Red Deer County student entering a university or college program who does not qualify for the Rutherford Scholarship for their grade 12 year.

No recipient this year

Syd Cannings Memorial Bowden Historical Society Scholarship

This scholarship of \$500 is awarded to the student, or students, who are furthering his/her education and displayed an interest in Social Science, History, Political Science, Sociology, Anthropology or Biology. The student(s) could also have worked or volunteered at the Museum and/or displayed involvement and support within our community through local organizations. If a suitable candidate, according to the criteria given, is not present in that school year, the Bowden Historical Society Members may choose an alternate candidate.

No recipient this year

Syd Cannings Resiliency Awards

Presented by Mrs. D. Moore

Resiliency is the ability to overcome challenges of all kinds and bounce back stronger, wiser, and more personally powerful. All of these students have displayed remarkable resilience in one way or another. Students receive a cash award.

Grade 10 – Ivy Wullenwebber

Grade 11 – Dawson Kostler

Grade 12 – Joe Werdal



Agricultural Society Scholarship

Presented by Bowden Ag Society President, Mr. K. Bailey

This award is given to students who have earned their diploma for the Green Certificate Program. This scholarship, provided by the Bowden and District Agricultural Society, consists of \$200.00 to be put toward post-secondary education.

William de Haan

Pacey Sparks

Brooklyn Van Sickle

Bowden and District Agricultural Society Scholarship

Presented by Bowden Ag Society President, Mr. K. Bailey



This annual award of \$500.00 is offered to a student enrolled in a minimum two year agricultural or directly related program at an Alberta post-secondary institution. If there are no applicants who meet this criterion, the scholarship is available to a student who has been raised on a district farm and who is entering a post-secondary program.

William de Haan

Brooklyn Van Sickle

Governor General's Academic Medal

Presented by Mr. E. Dreeshen

This honour is presented to the person who achieves the highest academic average in his or her Grade 11 and 12 years of high school. This Governor General's Academic Medal comes from Canada's first Indigenous governor general, Her Excellency the Right Honourable Mary Simon.

Syrscha Holz

Most Outstanding Student in Grade Twelve

Presented by Mr. D. Lockhat

The honour of Most Outstanding Student is given to the student who has not only achieved academic success, but who has contributed to the quality of school life through active, responsible participation in school activities (council, yearbook, etc.) and/or sports achievement during his or her high school years.

Roger and Sena Urichuk have graciously donated a sum of \$300 to the student who receives this honour to be used towards their post-secondary education.

Recipient to be announced.



BOWDEN SKATING CLUB

“Come Try It” Week

MONDAY OCTOBER 7

&

WEDNESDAY OCTOBER 9

4:30-5:30

HELMETS AND GLOVES/MITTENS ARE MANDATORY FOR ALL AGES. IT IS COLD SO PLEASE BRING YOUR SKATER DRESSED APPROPRIATELY. FEEL FREE TO JOIN ONE OR BOTH NIGHTS, BRING A FRIEND! NO PREREGISTRSTION REQUIRED.

OPEN TO CHILDREN AGES 4+

“THE CANSKATE AND LEARN TO SKATE PROGRAMS TEACH SKATERS THE FOUNDATIONS OF ICE-SKATING. SKATERS WILL LEARN KEY SKILLS THAT WILL FORM THE BASIS FOR EXCELLING AT ALL ICE SPORTS SUCH AS FIGURE SKATING, HOCKEY, RINGETTE AND SPEED SKATING.”

PATERSON COMMUNITY CENTRE BOWDEN

UPCOMING EVENTS 2024

FREE YOGA -

Every Weds at 9am starting Sept 11th

COMMUNITY BEEF SUPPER -

Friday, October 18th

KOSTUMES & KARAOKE -

Saturday, October 26th

RETRO BINGO -

Thursday, November 14th

RUSTIC CHRISTMAS MARKET -

Saturday, November 30th

CHRISTMAS DINE & DANCE

Featuring COLE MARTIN & BAND -

Saturday, December 7th

Stayed tuned for more...

 Contact Us 403-507-5090

 More Information

bowdencommunityhall.ca
bowdencommuniityhall@gmail.com



BOWDEN COMMUNITY

Fall Beef Supper

