

# Bowden Grandview School

February 12, 2024



## Botley the Robot

The grade 1/2 classroom has been learning about coding and computer science! One of their centers is playing with Botley the robot. Botley has our students learning early STEM skills through coding with active, screen free play time that promotes their critical thinking and problem solving skills. Beep Boop Fun!



## What's Happening:

**Wednesday, February 14**

- Happy Valentines Day



Don't forget to order your hot lunch online!

- February 15- Hot Dogs
- February 29- A & W
- March 7- Pizza
- March 14- Subway
- March 21- Hot Dogs
- March 28- Sweet and Sour Meatballs With rice

## Bowden Grandview School Apparel

Popup 2024 online store

Available until February 16th

Orders arrive 3 weeks after purchase

[Click Link](#)



# BGS SPELLATHON - Results Are In!

Spellathon 2024 was a **BIG** success! We are very appreciative of the following local businesses who donated prizes:

Bowden FCSS  
Reddi-Mart  
Tupperware by Ashley  
Vagabond Pet Supply  
Thiessen & Associates (Red Deer)  
Global Steel Ltd. (Calgary)

A **HUGE** thank you to our parents and community for their ongoing support and generosity!

We raised a total of \$6420.50! This stands as our third most successful spellathon! We gave away tons of individual prizes, in addition to class rewards and grand prize winners.

These classes were acknowledged for their achievement:

Top Spellers - Grade 5 (Class average 94%)  
Top Fundraisers - Grade 2 (Class total \$1405.00)

The top fundraising students were (listed in order of money raised):

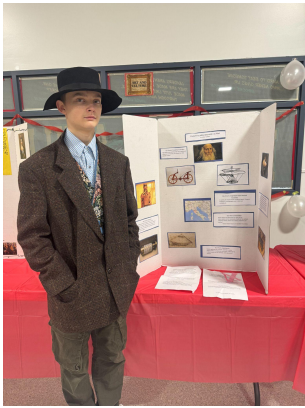
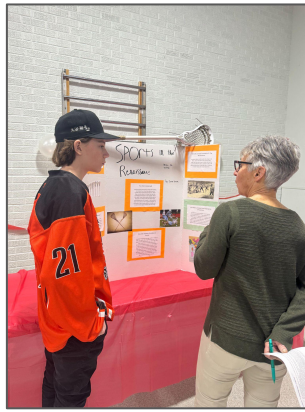
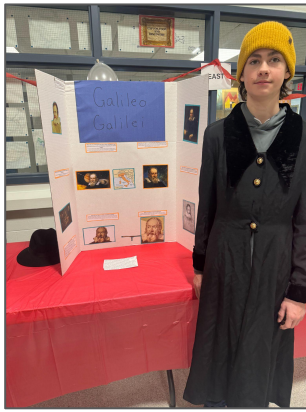
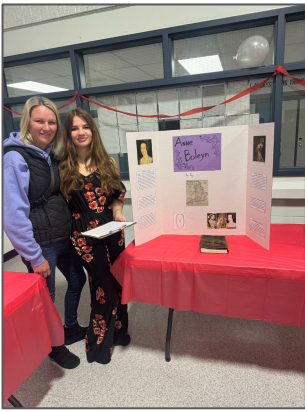
1. Parker Fetterly
2. Zachary Neale
3. Emery Fredrickson
4. Harlie Stabenow
5. Archer Ford
6. Weston & Lawson Barry

THANK YOU, everyone, for making your school proud!!!

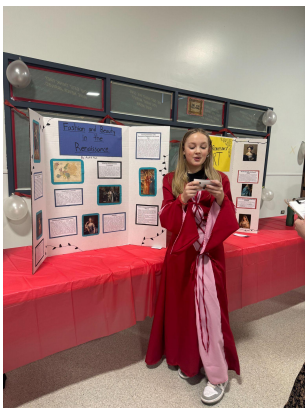
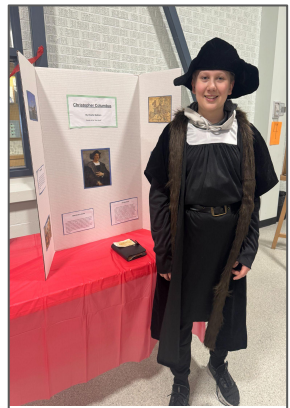
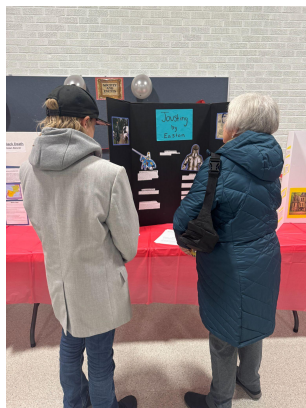
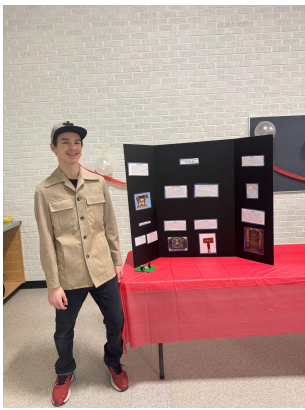


# Valentines Dance





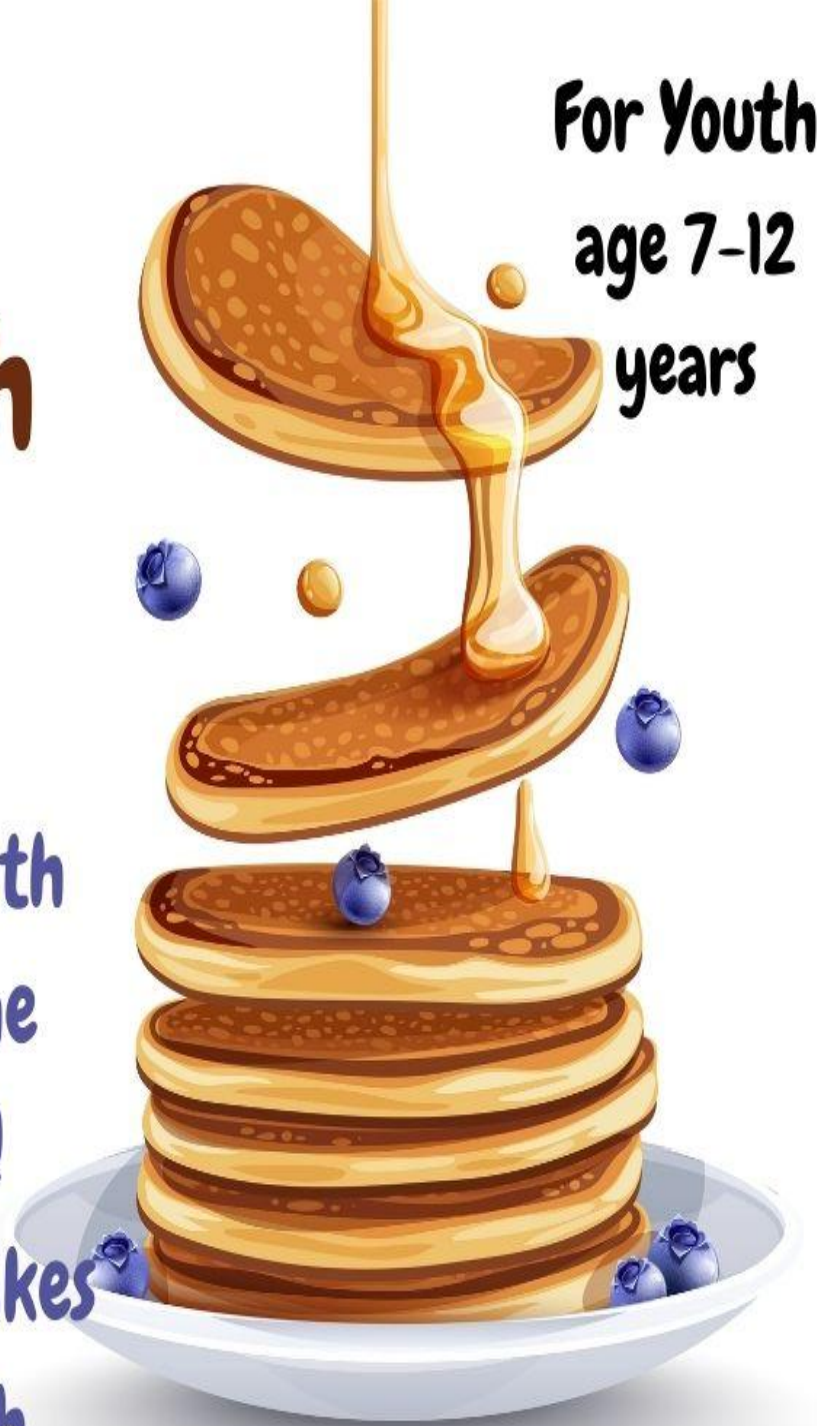
"The grade 8 class put on a very successful Renaissance Fair! They were happy to host many guests from the school and community and share their presentations with them about crucial elements, events, and people from the Renaissance. Well done grade 8's and thank you to everyone who came out to support them!"



# Bowden Youth Brunch

For Youth  
age 7-12  
years

Bowden Youth! Join  
Joanne for Brunch  
Tuesday, February 20th  
from 10-11:30am at the  
Bowden Event Center!  
Cook your own pancakes  
and have brunch with  
your friends!



Registration is required to ensure enough  
supplies! Email [joanne.brown@mcmancentral.ca](mailto:joanne.brown@mcmancentral.ca)



Family  
Resource  
Network

**Bowden Expanding Horizons,  
Bowden Public Library  
and Bowden FCSS present:**

# 80's

# Retro Movie

# THE GOONIES



**FAMILY DAY**

**Monday, February 19  
1:00 - 3:30 p.m.  
(Doors open at 12:45 p.m.)**

**Paterson Community Centre  
Bowden, 2101 27 Ave**

**Tickets at the Door  
\$2/person  
\$5/family**

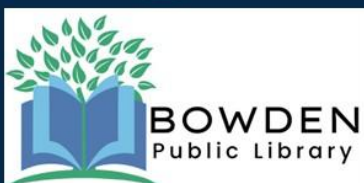
**Cash concession.  
(No ATM on site)**

**Kids under 10 yrs. must be  
accompanied by an adult.**



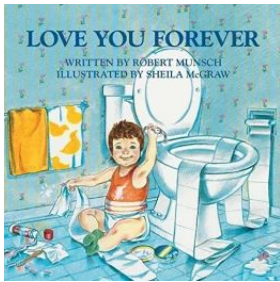
**BRING  
YOUR OWN  
BLANKET**

**The Secret Caves. The Old lighthouse. The Lost Map.  
The Treacherous Traps. The Hidden treasure.  
And Sloth... Join the Adventure.**



## Literacy Corner

Show love to your valentine with a sweet book, no matter their age. From your littlest sweetheart to the ones who are swapping valentines in elementary school, these classic characters and buzzy authors serve as reminders of your love on Feb. 14 and everyday!

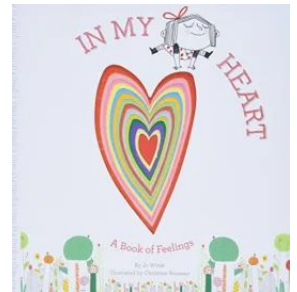


### “Love You Forever,” by Robert Munsch

Often classified as a tear-jerker by parents and children alike, this book can serve as a constant reminder for how long a parent’s love for their child lasts. Hint: it’s forever.

### “In My Heart: A Book of Feelings” by Jo Witek

In this book where any and all feelings are discussed, accepted and learned about, as they can heavy as an elephant or as lightweight as a kite. "It's a phenomenal way to teach young ones about all the various ways to feel, and how quickly we can bounce from feeling sad to happy.

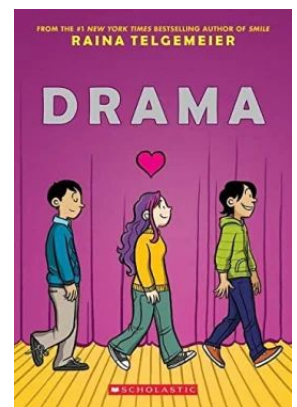


### “Group Hug,” by Jean Reidy and Joey Chou

A slug might not seem like your first choice for a hug, but this sweet gastropod has lots of love to give, and there’s room in the group hug for even the prickly and scary among us.

### “Drama,” by Raina Telgemeier

Recommended for ages eight and older, this graphic novel not only displays the acts of drama that unfold onstage, but behind the curtain as well.



## Indigenous Education



### Why is Have a Heart Day important?

For more than a decade, First Nation organizations like the First Nations Child and Family Society and the Assembly of First Nations have been advocating to the federal government on behalf of children who are unable to have access to basic necessary services such as health, education and child welfare. No matter where you live, you can still celebrate Have a Heart Day in your own way.

For More Information check out:

<https://fncaringsociety.com/events/have-heart-day>

# Snow Buddies

Will you be a Snow Buddy? We need you and your best shoveling skills to partner with local residents & seniors who need a hand with the winter wonderland!

Do you need a Snow Buddy? We will connect you with local Snow Buddy's who have signed up to lend a hand with the winter wonderland!

Contact Bowden FCSS at 403-224-2207 or email [FCSS@Bowden.ca](mailto:FCSS@Bowden.ca) to become a "Snow Buddy", or to find one near you.



\*Note: FCSS is only a contact for connection. It will be up to the Snow Buddy & resident to decide on cost, frequency and other details.\*



**PLAY TO WIN AT BINGO!**

**Thursday, March 28, 7:00 p.m.**

Paterson Community Centre Bowden 2101 - 27 Avenue

A fundraiser presented by:



BOWDEN EXPANDING HORIZONS  
CULTURAL ENHANCEMENT SOCIETY



Cost is \$10 to play 4 Retro BINGO cards.

Max. 8 cards per person. Fun prizes only, no cash.

**MUST BE 10yrs or older to attend, no exceptions.**

For more information, contact 403-507-5090



# FAMILY AND COMMUNITY GAME NIGHT

Every Tuesday  
Free to Attend  
6:30-8:30PM

Lower level Bowden Event Centre  
(Friendship Centre)

For more information and to register Call  
Dawn Zimmermann  
306-351-0113

or Email: [Family.Zimmermanns@gmail.com](mailto:Family.Zimmermanns@gmail.com)





# Raising Resilient Children

Thursday, February 29, 2024

6:30 - 7:30 p.m.

Online Information Session via Zoom!



How can you help your child manage their emotions so they cope well with disappointment and in stressful situations?

Get the strategies that will allow them to recognize positive and negative emotions – and deal with them in a healthy way.



Registration is open until February 27, 2024

## REGISTRATION:

Register online at [www.mvfrn.ca](http://www.mvfrn.ca) for zoom link



# Connect Parent Group

An attachment based program for parents and caregivers

Thursdays, February 1 to April 4, 2024 from 10:00 a.m. to 12:00 p.m.



**Connect is a 10-week program to support parents and caregivers of pre-teens and teens with behavioural and emotional problems.**

Parents meet in small groups with two trained group leaders for 90 minutes each week. Each session provides parents with a new perspective on parent-teen relationships and adolescent development. Parents watch role-plays and try exercises that encourage more choices for responding to their teens' difficult behaviour.

**Looking for more information?**

Email us at [info@mvfrn.ca](mailto:info@mvfrn.ca) or call 1877-761-0033!

**REGISTRATION IS REQUIRED:**  
Register online at [MVFRN.CA](http://MVFRN.CA)

 **Connect**





Don't Forget To Mark Your Calendars for our

## **FREE Spring Summit!**

Join us March 5-8 for this epic 4 day **FREE EVENT!**

- ✓ **FREE Access**
- ✓ **4 Half-day LIVE Interactive Workshops**
- ✓ **18 Masterclasses Presentations**
- ✓ **28 hours of Continuing Education**
- ✓ **The TOP Experts on the Planet**
- ✓ **Certificates for Continuing Education (for those who purchase recordings)**
- ✓ **Bonus: Fostering Resiliency 3 Hour E-Course for those who purchase recordings**

**Register Now for FREE!**

Go to: [Institute of Child Psychology.com](https://www.instituteofchildpsychology.com) and click on **Conference Registration**

Have a look at the following website for resources on raising healthy kids and teens:

**Child Mind Institute** (<https://childmind.org/about-us/>)

This website is dedicated to transforming the lives of children and families struggling with mental health and learning disorders by giving them the help they need. They are the leading independent nonprofit in children's mental health by providing gold-standard evidence-based care, delivering educational resources to millions of families each year, training educators in underserved communities, and developing tomorrow's breakthrough treatments.

Here are just a few of the Articles (Links) that you might be interested in:

[How Using Social Media Affects Teenagers](#)

[How to Help Kids Learn to Fail](#)

[When to Push Your Children](#)

[Raising Confident, Independent Children](#)

[Raising Girls with Healthy Self Esteem](#)

[Social Media and Self Doubt](#)

[When Should you come Between a Teenager and Their Phone](#)

[When Should you get Your Kid a Phone?](#)

[Why is Screentime Bad for Young Children](#)

[Media Guidelines for Kids of All Ages](#)

**BOWDEN JUNGLE JUNCTION**

# Before/After School Care



February 2024

**\*\*Full Day Care offered (in Olds) on February 9th, 20th-23rd.**

**Please contact Kass for more info.**

To Register, contact Kass:  
(403) 559- 4884  
kassbgcolds@outlook.com

## Information

BGC Olds and Area is excited to partner with Bowden Grandview School to offer before and after school care!

BGC Olds and Area has been providing licensed before and after school programs for children in Olds and area for the past 38 years! Our program provides children with a safe place to go in the out of school hours where they can have fun, interact with their peers, and develop skills that will last a lifetime.

**Before School- \$250**

**After School- \$310**

**Full Time- \$380**

**Before and After Kindergarten- \$175**

**Drop In- \$20/segment**

\*\*\*Subsidies are available through the Government of Alberta for families with a household income less than \$89,999.



## New Clubs!!!

Join us on Wednesdays for our **Music Club**, where we get to explore the world of music and different instruments in our music corner.

Drop- in fees are \$20/session.



## Volunteer Opportunities!!

If you know someone who would love to come and have fun while volunteering, Bowden Jungle Junction is the place to be! Also, if you're a high school student, volunteer hours look great on a resume! Please contact Kass if interested.

## Check out our Instagram Page!

@junglejunctionbowden

