

# Bowden Grandview School

November 20, 2023



## What's Happening:

### Tuesday, November 21

- School Council Meeting @ 12:00pm

### Thursday, November 23

- Elementary Assembly @ 2:10pm

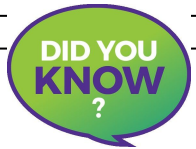
### Friday, November 24

- No School- Non Instructional Day



Just a reminder that the Dieleman Fundraiser & Student Council Poinsettia Fundraiser are due today. The Fundscrip Gift Card Fundraiser is due November 30th. All order forms are enclosed in this newsletter.

On October 13th we held our annual Awards Celebration. We had over \$6000 in award money available to students. This is only possible because of the incredible generosity of our Bowden and area community businesses and individuals and their willingness to support our students in achieving their post secondary goals. High school students can also earn up to \$2500 to be applied to post secondary tuition by meeting the criteria of the Alexander Rutherford Scholarship (through the Alberta government).



# Thank You

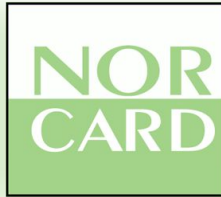
The Bowden Grandview Class of 2024 would like to thank everyone for their support of their Spaghetti Supper!

## Little Shoppers

Little Shoppers is a temporary Christmas store located in the library for students to shop for their parents, siblings and grandparents. Students may purchase items for \$1.00, wrap and label to take home for Christmas gifts. All proceeds go to Bowden Silent Santa and is sponsored by Friends of Grandview.

Little Shoppers are now accepting donations of new or gently used items, Christmas bags and name tags. They can be dropped off at the office or the library. Little Shoppers will be open December 4th & 5th.





Catalogs went home with students or  
 Shop Online at [WWW.DFSCANADA.COM](http://WWW.DFSCANADA.COM)  
 with Organization ID # 7192  
 Friends of Bowden Grandview  
 Orders due November 20th

## HOLLY JOLLY Christmas

24862



### BAKED Dips



**5058 PIZZA DIP**  
 PIZZA Baked Dip, as the name says, a dip that tastes like pizza with cheesy layers loaded with flavor. Makes 2 cups. 18 g  
 \$5.00

**5059 JALAPENO POPPER DIP**  
 The Jalapeno Popper, gives all the flavors of the favorite finger food in a dip. Just imagine serving this on game day, pairs wonderfully with a cool glass of IP. Makes 2.5 cups. 12 g (0.42 oz)  
 \$5.00

**5028 NACHO DIP**  
 Ready to bake & serve straight from the oven. Makes 2.5 cups. 24 g (0.85 oz)  
 \$5.00

**5027 PARMESAN AND ARTICHOKE DIP**  
 SOF AWARD WINNING PRODUCT. Just add cream cheese, mayonaise, a can of chopped artichokes, mix, and grated parmesan cheese bake and serve.  
 \$5.00

**5060 BAKED DIP PARTY PACK**  
 Include an 8" (20cm) skillet and a pouch of the best selling Cheesy Nacho Dip. The case too will keep the dip hot while being shared and enjoyed. Net Weight 24 g (0.85 oz)  
 Makes 3 (8.00 oz)  
 \$40.00



## BEEF JERKY

Canadian Beef

**7000- Original 80g**  
**7001- Pepper 80g**  
**7002- Hot N' Sweet 80g**  
**7003- Teriyaki 80g**  
**7004- Hot Teriyaki 80g**  
**7017- Montreal Spice 80g**  
**7018- Fiery Habanero**

**7016- Original Zero Sugar 70g**  
**7026- Smokin' Jalapeno Zero Sugar 70g**

**7019- Smoked Beef Steak Nuggets 85g**  
**7009- Teriyaki Beef Steak Nuggets 85g**

**7020- Lil Peps Original 150g**  
**7021- Lil Peps Honey Garlic 150g**

**5030 CHILLED Dips**

**5030 TZATZIKI DIP**  
 A refreshing dip featuring mint & garlic, add chopped cucumber and Greek yogurt. Makes 2 cups. 21 g (0.75 oz)  
 \$5.00

**5059 GAUCANOLE DIP MIX**  
 A spicy creamy Gaucanole dip mix. Made with market fresh avocados but even smoother with the addition of sour cream. Light, creamy, full of taste. Makes 2 cups. 22 g (0.78 oz)  
 \$5.00

**5063 BLT DIP**  
 BLT dip, creamy, refreshing with a distinct bacon flavor. Makes 2 cups. 23 g (0.81 oz)  
 \$5.00

**5061 CHILLED DIP PARTY PACK**  
 Each recipe too makes 2-3 cups of delicious dip for a total of 6-9 cups per Party Pack! Includes Roasted Garlic, Lemon Oil, Roasted Pepper. 44 g (1.55 oz)  
 \$20.00

**SOUPS**

**5041 Mesquite BBQ**  
 An amazing flavorful, spicy and smoky seasoning. Add it to pulled pork, ribs, meat like ribs, steaks, even poultry, salmon or your favorite dip. 60 g (2.1 oz)  
 \$14.00

**5040 MEDITERRANEAN SEASONING**  
 Oregon, basil and rosemary top the list of ingredients, perfect with grilled chicken, lamb, vegetables for satay and kebabs. 60 g (2.1 oz)  
 \$14.00

**5038 BLANCHING OVEN SEASONING**  
 Savory & Spicy describe this blend, but not too spicy so you can taste the true flavors of your cooking. A classic with chicken and fish, try it in your Gumbo. 60 g (2.1 oz)  
 \$14.00

**5070 BUTTER CHICKEN DRY MIX**  
 A crowd pleaser, made with the...

**5038 GREEN CHICKEN**  
 Grilled or in the oven, ever so easy.

**STOCKING STUFFER IDEA OR HOSTESS GIFT!**

**5034 LET IT SNOW HOLIDAY CARDS**  
 Set of 12 die-cut holiday cards with matching envelopes. Glitter embossed. 5" x 7". Individually cello wrapped.  
 \$8.00

**5035 VILLAGE BUTTER CHICKEN**  
 \$14.00

**5036 VILLAGE CRISPY CHICKEN**  
 \$14.00

**5030 CHILLED Dips**

**5030 TZATZIKI DIP**  
 A refreshing dip featuring mint & garlic, add chopped cucumber and Greek yogurt. Makes 2 cups. 21 g (0.75 oz)  
 \$5.00

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 \$20.00



**5110 VILLAGE CRANBERRY SANGRIA**  
 \$14.00

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 \$14.00

Friends of Grandview has partnered with Fundscrip as a fundraiser for BGS. It is a large variety of gift cards. Every gift card purchased gives a percentage back to BGS. If you are thinking of giving gift cards or would even purchase some to buy your groceries or Christmas presents BGS would benefit. Deadline to order is November 30, 2023 and funds are payable to Friends of Grandview. Thank you in advance for your support!



Bowden Grandview School  
created on 10-13-2023

NAME	TELEPHONE	PAYABLE TO
		Friends of Bowden Grandview

DEADLINE TO ORDER IS NOVEMBER 30, 2023

NOTES
Thank you for supporting Friends of Bowden Grandview!

### THE ESSENTIALS

Grocery												
Retailer	%	\$	QT	\$	QT	\$	QT	\$	QT	\$	QT	Total \$
Chefs Plate	7%	\$50 >		\$100 >		\$150 >						
Extra Foods, No Frills, Real Canadian Superstore, Wholesale Club, Your Independent Grocer	3%	\$10 >		\$25 >		\$50 >		\$100 >		\$250 >		
HelloFresh	7%	\$50 >		\$100 >		\$150 >						
Instacart	3%	\$25 >		\$50 >								
M&M Food Market	3%	\$25 >		\$50 >								
Sobeys, Chalo! FreshCo, FreshCo, IGA, IGA West, Safeway, Sobeys - Multi-banner Grocery	3%	\$25 >		\$50 >		\$100 >		\$250 >				
Gas												
Retailer	%	\$	QT	\$	QT	\$	QT	\$	QT	\$	QT	Total \$
Chevron	2%	\$25 >		\$50 >		\$100 >						
Esso, Mobil	2%	\$25 >		\$50 >		\$100 >						
Petro-Canada™	2%	\$10 >		\$20 >		\$25 >		\$50 >		\$100 >		
Shell	2%	\$25 >		\$50 >		\$100 >		\$500 >				

### OTHER CATEGORIES

Restaurant & Coffee												
Retailer	%	\$	QT	\$	QT	\$	QT	\$	QT	\$	QT	Total \$
A&W	4%	\$10 >		\$25 >		\$50 >						
Applebee's	4%	\$25 >		\$50 >								
BarBurrto	10%	\$25 >										
Boston Pizza	5%	\$25 >		\$50 >		\$100 >						
Burger King	2.5%	\$25 >		\$50 >		\$100 >						
Cactus Club Cafe	10%	\$25 >		\$50 >		\$100 >						
DoorDash	4.5%	\$25 >		\$50 >		\$100 >						
Earls Kitchen + Bar	5%	\$25 >		\$50 >								
Edo Japan	5%	\$25 >		\$50 >		\$100 >						
JOEY	6%	\$25 >		\$50 >								
Kelseys, East Side Mario's, Elephant & Castle, Harvey's, Montana's BBQ & Bar, New York Fries, Original Joe's, State & Main, Swiss Chalet, Ultimate Dining Card	5%	\$10 >		\$25 >		\$50 >		\$100 >				
Kentucky Fried Chicken, Pizza Hut, Taco Bell	3%	\$25 >		\$50 >								
McDonald's®, McCafé	2.5%	\$10 >		\$20 >		\$25 >		\$50 >				
Moxie's Grill & Bar	10%	\$25 >		\$50 >		\$100 >						
Oliver & Bonacini, Alchemy, Braven, Buffo, Kindred Food + Drink, Sub Rosa, The Guild	5%	\$25 >		\$50 >		\$100 >						

Restaurant & Coffee (Continued)

Retailer	%	\$	QT	\$	QT	\$	QT	\$	QT	\$	QT	Total \$
Pizza 73	10%	\$10 >		\$25 >		\$50 >		\$100 >				
Red Lobster	5%	\$25 >										
St. Louis Bar & Grill	10%	\$25 >		\$50 >		\$100 >						
Starbucks	3%	\$5 >		\$25 >								
SUBWAY®	3%	\$10 >		\$25 >		\$50 >		\$100 >		\$500 >		
Thal Express	4%	\$25 >		\$50 >		\$100 >						
The Canadian Brewhouse	8%	\$25 >		\$50 >		\$100 >						
The Keg	5%	\$25 >		\$50 >		\$100 >						
The Old Spaghetti Factory	5%	\$25 >		\$50 >								
Tim Hortons	2%	\$15 >		\$25 >		\$50 >		\$100 >				
Triple O's	10%	\$25 >		\$50 >		\$100 >						
Wendy's	3%	\$10 >		\$25 >		\$50 >						
White Spot	10%	\$25 >		\$50 >		\$100 >						

Apparel

Retailer	%	\$	QT	\$	QT	\$	QT	\$	QT	\$	QT	Total \$
Aerie	6%	\$25 >		\$50 >		\$100 >						
ALDO	10%	\$25 >		\$100 >								
American Eagle®	6%	\$25 >		\$50 >		\$100 >						
Ciaire's	4%	\$20 >										
Gap, Baby Gap, Banana Republic, Old Navy	5%	\$25 >		\$50 >		\$100 >						
H&M	3.5%	\$25 >		\$50 >		\$100 >						
Harry Rosen	5%	\$100 >										
La Senza	7%	\$25 >		\$50 >								
La Vie en Rose, Bikini Village	3%	\$25 >		\$50 >								
Mark's	7%	\$25 >		\$50 >		\$100 >						
Roots, Roots Kids	10%	\$25 >		\$50 >		\$100 >		\$250 >				
Simons	5%	\$25 >		\$50 >		\$100 >						

Business & Office

Retailer	%	\$	QT	\$	QT	\$	QT	\$	QT	\$	QT	Total \$
Staples	3%	\$25 >		\$50 >		\$100 >		\$200 >		\$500 >		

Children & Toys

Retailer	%	\$	QT	\$	QT	\$	QT	\$	QT	\$	QT	Total \$
Buld-A-Bear Workshop®	7%	\$25 >										
Mastermind Toys	3.5%	\$25 >		\$50 >		\$100 >						
Scholar's Choice	5%	\$25 >		\$50 >								
The Children's Place	8%	\$25 >		\$50 >		\$100 >						
Toys "R" Us, Babies "R" Us	2%	\$25 >		\$50 >		\$100 >						

Department Stores

Retailer	%	\$	QT	\$	QT	\$	QT	\$	QT	\$	QT	Total \$
Amazon.ca	1%	\$10 >		\$25 >		\$50 >		\$100 >		\$250 >		
Dollarama	3%	\$10 >		\$25 >		\$50 >						
Giant Tiger	3%	\$25 >		\$50 >		\$100 >						
The Bay	5%	\$10 >		\$25 >		\$50 >		\$100 >		\$250 >		

Department Stores (Continued)

Retailer	%	\$	QT	\$	QT	\$	QT	\$	QT	\$	QT	Total \$
Walmart	3%	\$10 >		\$25 >		\$50 >		\$100 >		\$250 >		
WINNERS, HomeSense, Marshalls, TJX Canada	6%	\$10 >		\$25 >		\$50 >		\$100 >		\$250 >		

Electronics

Retailer	%	\$	QT	\$	QT	\$	QT	\$	QT	\$	QT	Total \$
Best Buy	1.5%	\$25 >		\$50 >		\$100 >		\$250 >		\$500 >		
The Source	2%	\$25 >		\$50 >		\$100 >						

Entertainment

Retailer	%	\$	QT	\$	QT	\$	QT	\$	QT	\$	QT	Total \$
Chapters, Coles Books, Indigo	5%	\$10 >		\$25 >		\$50 >		\$100 >				
Cineplex, Galaxy, Scotiabank, The Rec Room	4%	\$10 >		\$25 >		\$50 >		\$100 >				
Kobo	3.5%	\$25 >		\$50 >								
Landmark Cinemas	4%	\$25 >		\$50 >								
Twitch	3.5%	\$25 >		\$50 >		\$100 >						

Health & Beauty

Retailer	%	\$	QT	\$	QT	\$	QT	\$	QT	\$	QT	Total \$
Bath & Body Works	5%	\$25 >		\$50 >								
Fruits & Passion, THE FACE SHOP	10%	\$25 >										
Rexall	2%	\$25 >		\$50 >								
Sephora	4%	\$25 >		\$50 >								
Shoppers Drug Mart	3%	\$25 >		\$50 >		\$100 >						

Home & Garden

Retailer	%	\$	QT	\$	QT	\$	QT	\$	QT	\$	QT	Total \$
Canadian Tire	4%	\$10 >		\$25 >		\$50 >		\$100 >				
Home Depot	3%	\$25 >		\$50 >		\$100 >		\$250 >		\$500 >		
Home Hardware, Home Furniture	3.5%	\$20 >		\$25 >		\$50 >		\$100 >		\$250 >		
RONA	3.5%	\$25 >		\$50 >		\$100 >		\$250 >		\$500 >		
Stokes, ThinkKitchen	6%	\$25 >										
Urban Barn	2.5%	\$25 >		\$50 >		\$100 >						
Wayfair.ca	2.5%	\$25 >		\$50 >		\$100 >		\$250 >				

Specialty

Retailer	%	\$	QT	\$	QT	\$	QT	\$	QT	\$	QT	Total \$
Apple	3%	\$25 >		\$50 >		\$100 >		\$500 >				
DAVIDsTEA	3%	\$15 >		\$25 >		\$50 >						
DeSerres	5%	\$25 >		\$50 >		\$100 >						
Fanatics.ca	5.5%	\$50 >										
Groupon	3%	\$25 >		\$50 >								
Kernels Popcorn	5%	\$15 >		\$25 >		\$100 >						
MOLLY MAID	4%	\$100 >										
PetSmart	4%	\$25 >		\$50 >		\$100 >		\$250 >				
Roblox	2.5%	\$25 >		\$50 >		\$100 >						

Sports & Leisure

Retailer	%	\$	QT	\$	QT	\$	QT	\$	QT	\$	QT	Total \$
Bass Pro Shops	4%	\$25 >		\$50 >								

Sports & Leisure (Continued)

Retailer	%	\$	QT	\$	QT	\$	QT	\$	QT	\$	QT	Total \$
Cabela's	4%	\$25 >		\$50 >		\$100 >						
Foot Locker	5%	\$25 >		\$50 >		\$100 >						
Golf Town	3%	\$25 >		\$50 >		\$100 >		\$250 >				
Running Room	8%	\$25 >		\$50 >								
Sport Chek, Atmosphere	4%	\$25 >		\$50 >		\$100 >						

Travel

Retailer	%	\$	QT	\$	QT	\$	QT	\$	QT	\$	QT	Total \$
Airbnb	4%	\$50 >		\$100 >		\$250 >		\$500 >				
Best Western	5%	\$25 >		\$50 >		\$100 >		\$250 >		\$500 >		
Fairmont Hotels & Resorts	8%	\$50 >		\$100 >		\$250 >						
Origine artisans hôteliers	2.5%	\$50 >		\$100 >		\$250 >		\$500 >				
Uber, Uber Eats	2.5%	\$10 >		\$25 >		\$50 >						
WestJet	2.5%	\$100 >		\$250 >		\$500 >		\$700 >		\$1000 >		

Others Retailers

Retailer	%	\$	QT	\$	QT	\$	QT	\$	QT	\$	QT	Total \$
Ivanhoe Cambridge, CrossIron Mills, Southgate Centre	3.5%	\$25 >		\$50 >		\$100 >						
Oxford Gift Card PLUS, Kingsway Mall, Southcentre Mall	3%	\$25 >		\$50 >		\$100 >		\$250 >		\$500 >		

<b>TOTAL OF THIS ORDER</b>	<b>\$</b>
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## 2023 POINSETTIA PRODUCT INFORMATION

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**RED** – is the favourite and most popular colour of poinsettia. There are more and more varieties all the time, but we tend to pick two or three varieties that best suit our environment and customers' needs.

4": \$5.00  
6": \$15.00  
8": \$25.00  
10": \$30.00



**WHITE** – an all time favourite as well. Like all varieties, lots of bracts (branches) to give lots of colour on top of the plant.

4": \$5.00  
6": \$15.00  
8": \$25.00  
10": \$30.00



**PINK** – is a little less traditional for the holiday season however these plants are stunning. They offer 2-3 shades of pink throughout their bracts and are completely covered in colour.

4": \$5.00  
6": \$15.00  
8": \$25.00  
10": \$30.00

**All Plants Grown Locally With Care By Blue Grass.**

## Bowden Grandview Junior Senior Student Council Fundraiser – 2023 Poinsettia Sale

Student Member: \_\_\_\_\_ Grade/Team: \_\_\_\_\_ Phone #: \_\_\_\_\_

ORDERS DUE NO LATER THAN: NOVEMBER 20th

DROP THE ORDER OFF WITH: Bowden Grandview School

PICKUP LOCATION WILL BE: Bowden Grandview School

**Instructions For Students:**

- 1 - Fill In Customer Name and Phone Number
- 2 - Fill In the Customer Orders by Marking How Many of Each Individual Item Was Ordered. Check Your Addition When Totalling the Orders.
- 3 - Payment Must Accompany the Orders (Cash or Cheque) When Handling The Order Sheets In (cheque payable to your Organization)

		4" POINSETTIA	6" POINSETTIA	8" POINSETTIA	10" POINSETTIA		
CUSTOMER NAME	PHONE NUMBER	\$5 EACH	\$15.00 EACH	\$25.00 EACH	\$30.00 EACH	TOTAL	PAID
First and Last (Print Please)	(XXX) XXX-XXXX	Assorted Colours	Assorted Colours	Assorted Colours	Assorted Colours	(\$)	Y/N

NOTE: If You Have Any Questions Please Contact: Hilary Adamuk hadamuk@cesd73.ca



## Parent School Council

### Friends of Grandview (FOG)

#### School Council

**Our next School Council meeting is Tuesday November 21 at noon!!**

To join the meeting please email the below address to be added to the list.

**Question FROM school council:** What activities/events have you liked in the past and what would you like to see happen in the future?

Please send your response to the email below.

If a parent has a question we ask they email the question to [bgscouncil@gmail.com](mailto:bgscouncil@gmail.com).

#### Breakfast Program

Volunteers serve toast, fruit, and a small variety of other items each morning. They start at 8am so when the school doors open the toast is ready for all our students to enjoy. This is available for free to ALL students through donations and grants.

November volunteer schedule is filling!!

To volunteer email: [bgscouncil@gmail.com](mailto:bgscouncil@gmail.com)

**FOG** Friends Of Grandview, the fundraising group

There are 2 fundraisers currently running from our FOG group. New this year is the FundScript gift cards, great for gifts and so many to choose from!!

**\*\*our Little Shoppers Christmas program is currently accepting donations**

Each year BGS has a shopping program where the kids are able to purchase special Christmas gifts for family members. More info to come.

For more info contact Carla at (403)506-5222

#### HOT LUNCH

Nov 23- Hot Dog (gr 6 leadership)

Nov 30- Sundae Day! (bring a \$2 to school)

Dec 7- Pizza (Athletics)

#### Fundraisers

FundScript- Gift Card

Dieleman- gift wrap and gifts

**DUE: TODAY!!**

# Blazer Athletics

## Upcoming dates



**November 22** Ms. SG CTS class field trip to William Bagnell Wilderness Park

**December 18-22** Students will be headed to the arena with their homeroom. Look for announcements from their homeroom/PE teachers about these times.

**\*ALL students must have a helmet when on the ice**

The grade 7 and 8 WinSport learn to ski/snowboard dates were cancelled due to not enough interest.

## Skating Equipment

If you have any spare CSA approved helmets, we are happily accepting donated helmets for the students to use for skating.

We would love to have any hockey/figure skates that you are no longer using for students to use during PE.

Please contact [asackelageiger@cesd73.ca](mailto:asackelageiger@cesd73.ca)

if you have any questions, or drop off these items at the office.



# Bowden Jungle Junction

Before/After School Care

BGC Olds & Area

November 2023



## NEW CLUBS!!!

Join us on Tuesdays for our **BUILDING CLUB** where your creativity and building skills get put to the test. Every Tuesday for the month of November there will be a new challenge with new materials for you to build with.

Join us on Thursdays starting Nov. 2nd for our **MUSIC CLUB** where we get to explore the world of music and different instruments in our music corner.



Drop-in \$20/session

REGISTRATION

Contact Kass:

(403) 559-4884

kassbgcolds@outlook.com

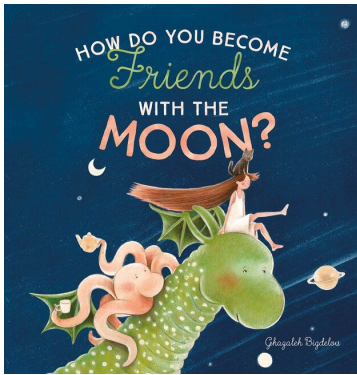


@junglejunctionbowden



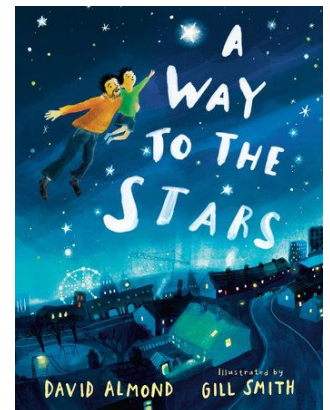
## Literacy Corner

As we continue to celebrate NATIONAL PICTURE BOOK MONTH, check out some of these new fabulous books that launch this November!



When three friends have many questions, they soon discover their greatest question of all: Will the moon ever come to stay with us? But no matter how hard they try to find the answer, she still doesn't come. Until one special night . . .

Joe is starstruck, determined to find his way up, up, up to the magical lights in the night sky. "In your dreams!" his pals say. But when Joe and his dad put their heads and hearts together, there's no stopping them. Together they climb ladders, construct towers, and launch rockets in a tireless quest to reach the unreachable.



## Indigenous Education



A heartwarming book from creators of Indigenous and Métis descent about the power of story and tradition to help navigate change.

## OUR LEADERS



Hi, my name is Miss Molly Minor! As well as working at BGC for a year now, I also work at Bowden Grandview School as an Educational Assistant. I am currently working towards my Early Learning and Childcare Diploma through RDP starting this fall. In my spare time I like to spend time with my animals, (cats, dog and horse), playing piano and guitar, motor biking, camping, exploring local spots and hanging out with my friends and family. I am looking forward to my second year at Bowden Jungle Junction with our current members and new ones!



Hello! For those of you whom I haven't had the pleasure of meeting, my name is Braden and my pronouns are He/Him. I am so excited for this new school year and all of the wonderful things BGC has just around the corner. I will be primarily at EOES, but you may also see me in Bowden, at Holy Trinity, our new Kinder Academy OSC, Pre-teen, and my own Youth programs. I am also attending RDP for my ELCC Diploma, just in case I didn't feel busy enough! All in all, I look forward to seeing everyone again, (or meeting you for the first time), and making more incredible memories this 2023/2024 school year!

BGC Olds and Area is excited to partner with Bowden Grandview School to offer before and after school care!

BGC Olds and Area has been providing licensed before and after school programs for children in Olds and area for the past 38 years! Our program provides children with a safe place to go in the out of school hours where they can have fun, interact with their peers, and develop skills that will last a lifetime.

**Before School- \$250**

**After School- \$310**

**Full Time- \$380**

**Before and After Kindergarten- \$175**

**Drop In- \$20/segment**

\*\*\*Subsidies are available through the Government of Alberta for families with a household income less than \$89,999.



Hello, my name is Miss Hailey Hronek. I've worked with the BGC for over a year now but prior to that I worked in kindergarten classes. I will be working towards my early learning and childcare diploma at Red Deer Polytechnic this fall. In my spare time I am often out driving around with my friends in my car or at home with a good book. I also LOVE to travel, my most recent trip was to Italy and Greece! I am so excited to be working in out of school care with so many amazing kids!





# Bowden Lions Holiday Hampers

Bowden Lions Holiday Hampers are for individuals & families experiencing financial stress and are in need of extra assistance this holiday season. If you reside in the TDMDKD postal code area, you can qualify for a hamper.

To register for a Holiday Hamper, complete an application form. Forms are available at the Town of Bowden, Reddi Mart, FCSS, Bowden Grandview School, Bowden ATB, Town Newsletter. To refer a family or individual, you must have their permission prior to applying on their behalf.

Forms can be dropped off confidentially at Town Of Bowden office, Bowden Reddi Mart & Bowden ATB.

Delivery will be limited to those who have mobility issues, all other applicants must arrange to pick up hampers December 16th. Location will be provided to applicants.

We are accepting non-perishable food items & monetary donations. Food donations can be brought to the Town of Bowden office, Igloo Arena & Bowden Reddi Mart. Monetary donations can be made at Bowden ATB & Town of Bowden.

Here is a list of most needed items:

- |                         |                            |                |                |
|-------------------------|----------------------------|----------------|----------------|
| -Canned Meat            | -Canned soup               | -Peanut Butter | -Dry Soup      |
| -Canned Tomato Products | -Canned "heat & eat" meals | -Mac & Cheese  | -Juice boxes   |
| -Canned Vegetables      | -Crackers                  | -Dry Rice      | -School Snacks |
| -Canned Fruit           | -Packaged Cookies          | -Dry Pasta     | -Toothbrushes  |
| -Canned beans           | -Dish Soap                 | -Dry Cereal    | -Toothpaste    |

Please DO NOT donate the following items:

- Past date or open package food items (check dates before donating)
- Clothing
- Toys
- Other household items such as décor

Limit of ONE hamper application per household.  
Applications due by Monday, December 11th.

If you have any questions regarding the Bowden Lions Holiday Hampers  
Contact Lions Member Carla Sparks at 403-506-5222 or  
Bowden FCSS at 403-224-2207





# Bowden Lions Holiday Hamper Confidential Registration Form 2023

Applicant Name: \_\_\_\_\_

Applicant Phone/Cell: \_\_\_\_\_

Name of Hamper Recipient if different from applicant: \_\_\_\_\_

**Recipient information:**

Physical Address: \_\_\_\_\_

Mailing Address: \_\_\_\_\_

Phone: \_\_\_\_\_ Cell: \_\_\_\_\_

Email: \_\_\_\_\_

People in household	Age	Dietary Restrictions (per person)

Pick Up \_\_\_\_ OR Delivery \_\_\_\_

**NOTE:** Delivery is only available for those with mobility issues. All others must arrange to pick up hamper on Dec. 16th. Pick up location will be provided to applicant.

**SIGNATURE OF APPLICANT:** \_\_\_\_\_

**Rules & Guidelines**

1. Must reside in the TOM OKO area to receive a hamper
2. Limit one hamper application per household
3. Plan to pick up your hamper. Ask a neighbor, friend or family member to arrange a ride for you that day. Delivery is extremely limited and can only be provided to those with mobility issues.
4. Applications due by Monday, December 11th.
5. Pick up date is Saturday, December 16th. Location will be provided to applicant.

Questions? Contact Bowden Lions member Carla Sparks at 403-506-2222 or Bowden FCSS at 403-224-2207.



# Join the ADVENTURE!

**Grades 9 -12**

**\*\*Experience Two Iconic Cities:\*\***  
Explore the bustling streets of New York City and the historic landmarks of Washington, D.C. in one unforgettable trip!

**APRIL 2024**

For ALL the details  
Visit <https://www.eftours.ca/tour-website/2616202HN>

**IT'S NOT TOO  
LATE TO JOIN !**

Payment plans  
offered - travel  
now, pay later

Contact Mrs. Crandall [kcrandall@cesd73.ca](mailto:kcrandall@cesd73.ca)

Call 1-800-263-2806 to enroll



**EDUCATIONAL  
TOURS**





# KIDS STEM CLUB



**November 24, 2023**

**Ages: 8-12 yrs.**

**CESD PD Days**

**8:30 am - 4:00 pm**

**Fee: 10 Sessions / \$405**

**\$55 Daily**

Robotics, Coding, Science Experiments, virtual world, 3D Printing and Stop Motion.



**REGISTER HERE**



[WWW.COMMUNITYLEARNINGCAMPUS.CA](http://WWW.COMMUNITYLEARNINGCAMPUS.CA)

[CLCRECREATION@OLDSCOLLEGE.CA](mailto:CLCRECREATION@OLDSCOLLEGE.CA)

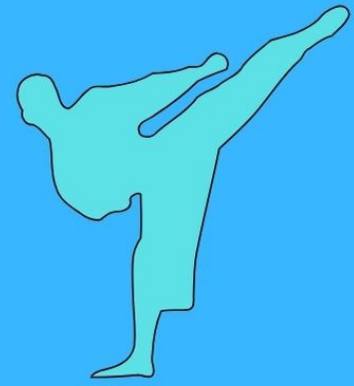


Community Learning Campus





LET'S HAVE FUN!!



# PATHFINDERS



**Every Tuesday  
January 2024  
Grades 1-3 & 4-7  
Olds Elementary School  
3:30 pm - 5:00 pm  
Fee: 10 Sessions / \$150**

**Find your area of passion with  
different activities each week,  
Swimming, Sports, Bowling and  
much more**



## REGISTER HERE



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Community  
Learning  
Campus



## Anxiety and Youth

**PRESENTED BY****Calgary Health Promotion Services (CHPS)****SERIES SESSIONS**

Date	Time
November 21, 2023	4:00 PM - 5:30 PM

**LOCATION****Online****FEE****\$0.00****QUESTIONS?****Contact Us:****[register@crcpd.ab.ca](mailto:register@crcpd.ab.ca)  
[403-291-0967](tel:403-291-0967)****REGISTER ONLINE****Visit our website to register:  
[crcpd.ab.ca](http://crcpd.ab.ca)**

### Program

**Target Audience:** All administrators, educational assistants, guidance counsellors, instructional leaders, parents, pre-service teachers, support staff and teachers are encouraged to attend.

Anxiety is one of the most common mental health concerns affecting children and families across the lifespan. Parents and schools play an essential role in helping children manage their anxiety. This session will explore what anxiety and stress are, how to recognize it, and how to support resilience.

### Presenters

**Calgary Health Promotion Services (CHPS)**

The Health Promotion Facilitators on the Community Health Promotion Services (CHPS) Team connect, consult, collaborate, and contribute resources to communities. Their mission is to prevent and reduce harms related to alcohol, drugs and mental health disorders by maximizing the well-being of children, adolescents and families.

### Registration Notes

All times are mountain time.