

Bowden Grandview School

October 16, 2023



What's Happening:

Monday, October 16

- FOG Vegetable Fundraiser Due
- Candy Apple Fundraiser Due
- Middle A Girls @ home @4

Tuesday, October 17

- School Council Mtg @ 12:00pm

Friday, October 20

- No school



Congrats to Jack Vervaeke and Silas Tooker, grade 11 students, for a successful cross country season! Jack is advancing to provincials on October 21st in Trochu! Good luck Jack!

All of the grade 2s got together to visit The Jungle Farm on Friday afternoon. The students learned about Bowden as a community from the past, so they got to see what life was like for the early settlers. Then of course they got to play, eat a snack, and pick a pumpkin!!!



Congratulations BGS!

You raised \$320.00 for Cancer Research with the Terry Fox Run. Well done!



Don't Forget the Eagle Creek Farms Vegetable Fundraiser is due today!

Parent Student Teacher Interviews: November 1 and 2, 2023

Parent Student Teacher Interviews are scheduled for November 1 and 2, 2023 from 3:30 pm to 6:30 pm.

We are excited to be able to have the opportunity to discuss your children here at the school on the evenings of November 1 and 2. Those parents and guardians who are unable to make these dates work are encouraged to contact their children's teachers to make other arrangements such as Google Meet or phone call.

These meetings take on even more significance as CESD has moved away from fall and spring formal report cards and will only have an official report card period in January and June. Parents, with students in grade 5 through 12, will continue to have instant access to all marks and comments in PowerSchool and are encouraged to check their parent access portals regularly to stay up to date. If you need help accessing the PowerSchool system please contact our office. It is anticipated that CESD will be moving K to 4 student marks to PowerSchool within the next year or so.

Two years ago, Chinook's Edge School Division moved to an online booking system for Parent Student Teacher Interviews. **The booking system will open for bookings this Tuesday, October 17 at 9:00 am. Bookings will close Tuesday, October 31, at 9:00 am. *Please note this is for grades 1 to 12 only. The Kindergarten teacher will contact you directly to book for your Kinder student.**

Instructions for using our online booking system:

On Tuesday, October 17th at 9:00 am, please visit our website at:

www.bowdengrandview.ca. Click on "Bookings" at the top of the page.

Click on the event called "Grade 1-12: November 1 and 2 Parent Teacher Interviews".

On the first screen, you will be asked to enter your name (Parent), your phone number and email address.

In-Person will be the only preference you can choose. At the bottom of the first screen you will be asked to add your students.

Click Next. On the second screen, you will then be asked to choose which class and teacher for each child. Under Class, the default is "Bowden Grandview Teachers". Please select this as the default.

Then Click on teachers and it will list each teacher in our school. You will add one teacher at a time. You may have to scroll down to find a name.

Once you have selected your child's teachers, the next screen will allow you to pick what time you would like to book provided that time is available. A circle indicates that it is available. A dash indicates it is not available. The booking system only allows you to choose one time slot per teacher. Use the bar at the bottom to scroll to the right for later times.

Once you have completed your bookings, a confirmation screen will appear and a confirmation email will be sent to you. It will have a link you can click if you need to view, change or cancel a booking.

If you are having issues with the booking system, please contact the office at 403-224-3422.

Eagle Creek Farms

Vegetable Fundraiser

Who are We?

Eagle Creek Farms is a 4th generation farm that began growing vegetables in the 1960's. We grow Veggies, Seed Potatoes & Sunflowers. Cut Flowers and have been Certified Organic Since 2018. All the vegetables supplied in the fundraiser have been grown, washed and packed on the farm. We have created this fundraiser with Carrots, Potatoes, Beets and Cabbage.

Why Participate?

- Schools keep 30% of sales
- Families enjoy locally grown freshly harvested Alberta Vegetables.
- Families have the opportunity to visit the the Bowden Sunmaze to see where and how we grow the vegetables

How it works

- We grow and package the veggies
- Students sell the veggies
- We will deliver the bagged produce to your pickup location/date

ORDER DEADLINE: Monday, Oct. 16

Delivery date will be Monday, Oct. 30!

Please make cheques payable to: *Friends of Bowden Grandview (FOG)*

Any questions please reach out to Rayell at rayell@eaglecreekfarms.ca



Blazer Athletics



Upcoming dates

- October 16** Middle A girls volleyball games @ BGS
Candy apple/caramel corn orders due
- October 19** CWAJHAA Cross Country Race - Go Roxy Go! (Rocky Mtn. House)
- October 23** **MANDATORY** Basketball meeting at lunch; (if an athlete would like the potential opportunity to play, they need to be present)
- October 30** Middle A girls volleyball games @ BGS
Pick up orders - apples/popcorn

Athlete of the Month - **SEPTEMBER**

Roxy Reynolds - Cross Country Running

Roxy continues to improve by asking questions, and completing each training session to the best of her ability. This shows in the success she is having this season. Great job, Roxy!



Kacee Funk - Volleyball

Kacee displays hard work, determination and leadership, both on and off the court. She works hard to improve her individual skills, while also demonstrating her ability to be a positive and supportive teammate. Way to go, Kacee!

*picture unavailable for Kacee



CANDY APPLE and Caramel CORN Fundraiser



CANDY APPLES – \$6

CARAMEL CORN – \$4

Orders can be placed online or through Ms. SG at lunch time or after school.

Order: Sept. 18–Oct.16

Delivered: October 30th

Proceeds go to BGS PE dept.



Scare Away Hunger!

In honour of Halloween,
Student Council will be
collecting food bank items
for the Food Bank. Please
bring your non-perishable
donations to your
classroom by
October 31st/Halloween!





**Bowden Community
FALL BEEF SUPPER**

Friday, October 20, 2023

Paterson Community Centre Bowden

\$20 per adult

\$10 per child (under 13 yrs)

5:00pm - 7:00pm

Pay at the door - cash only

Take out plates available

EVERYONE WELCOME!

Parent School Council

Friends of Grandview (FOG)

School Council

School Council met on September 19 with an online google meet. It was very exciting to have so many new names join our meeting. Everyone is always welcome!

PARENT QUESTION: Can we explore restaurants such as Subway/Booster Juice to offer for lunches?

ANSWER: Yes, we are currently looking at options to add to our hot lunch program. We will continue to offer a Hot Dog day as well as a home cooked meal day along with the Athletics program Pizza Day.

Our next meeting is Tuesday October 17 at noon!!

If you would like to join the monthly meeting please email bgscouncil@gmail.com

Breakfast Program

Volunteers serve toast, fruit, and a small variety of other items each morning. They start at 8am so when the school doors open the toast is ready for all our students to enjoy. This is available for free to ALL students through donations and grants. October schedule is out for those volunteers already on the email list.

To volunteer email: bgscouncil@gmail.com

FOG- Friends Of Grandview

FOG will be meeting in person in the month of October. If you would like to attend this meeting either for information or to offer your volunteer time for some upcoming fundraisers please contact Carla.

For more info contact Carla at (403)506-5222

Fundraisers

Eagle Creek Farms Vegetable Fundraiser has been sent home with youngest or only students and is in the newsletter. Order **deadline** is **Monday, October 16th** and delivery will be **Monday, October 30th**



**BOWDEN FIGURE SKATING
CLUB**

**IS HOSTING A “COME TRY IT”
NIGHT**

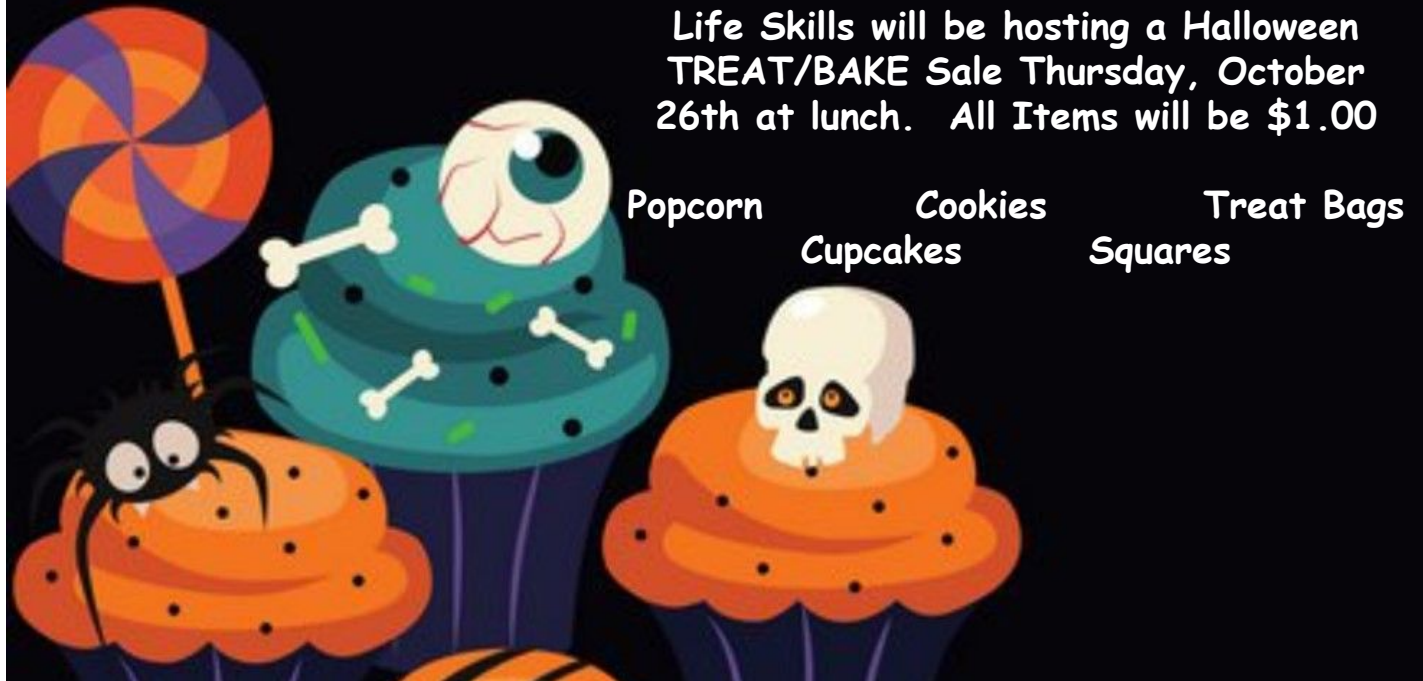
**WEDNESDAY OCTOBER 18
4:30-5:30**

Helmets and gloves/mittens are mandatory for all ages. It is cold so please bring your skater dressed appropriately.

OPEN TO CHILDREN AGES 4+

HALLOWEEN BAKE SALE

Life Skills will be hosting a Halloween TREAT/BAKE Sale Thursday, October 26th at lunch. All Items will be \$1.00



Popcorn

Cookies
Cupcakes

Treat Bags
Squares

STORYTIME & CRAFT

WHERE: BOWDEN LIBRARY

WHAT: STORYTIME FOLLOWED BY A CRAFT

TIME: 2:30-3:30

WHO: AGES 4-12

COST: FREE

DATES: OCTOBER 6TH AND 20TH,
NOVEMBER 24TH & DECEMBER 8TH





**DIDSBURY ELKS LODGE
PRESENTS**

Gowns for Grads



THE DIDSBURY ELKS GOWNS FOR GRADS PROJECT IS BACK!

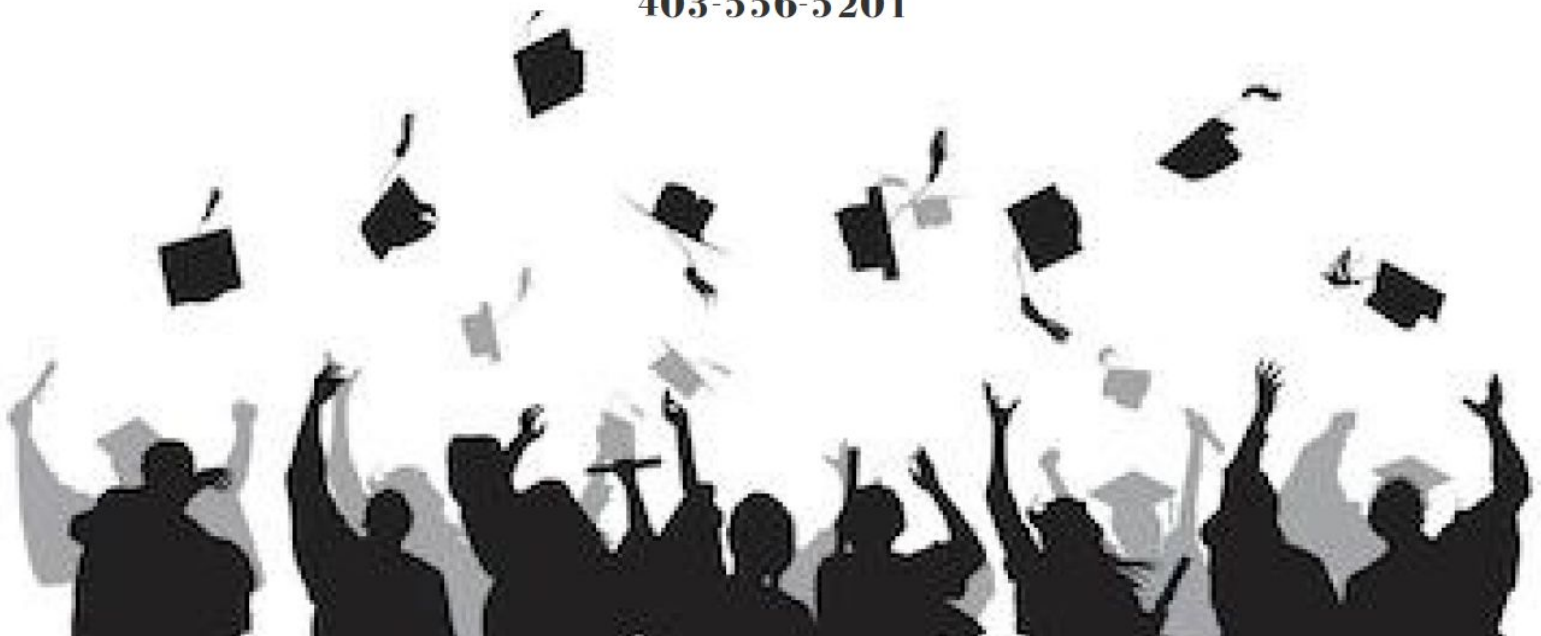
THE G4G PROJECT PROVIDES GRADUATES WITH THEIR OWN FAIRY GODMOTHER THIS GRADUATION SEASON PROVIDING EVERYONE WITH FREE GRAD DRESSES, SUITS AND ACCESSORIES.

LOCATION: DIDSBURY ELKS HALL 1914 20 ST

TIME: BY APPOINTMENT STARTING OCTOBER 1, 2023

PLEASE CALL MARGO WARD TO BOOK AN APPOINTMENT

403-556-5201





Alberta Health Services

This is the link to an AHS site that is "Committed to providing information resources and support to families". The sessions are excellent, free and all online.

Some of the upcoming free sessions in October are:

Mental health for highly sensitive teens; unique struggles for these emotional feelers

Understanding Influences: Family Conflict & the Developing Brain

Teens in Trouble With the Law: What You Need to Know

Avoiding Power Struggles

Navigating Technology with our Youth

Cyber Safety

Sibling Rivalry: We all want harmony and to reduce rivalry between our children

Adolescent Brain Development and Navigating Parent-Teen Relationships

Alberta Law Enforcement Response Teams – Internet Child Exploitation in Alberta

[AHS - Community Education Series](#) (Website)

Community Education Service

Improving emotional health and well being

Juno House™: Specializing in adolescent girls and young women's mental health presents the Juno House Therapeutic Model of Treatment™

Navigating Technology with our Youth

Andrea Halwas Larsen, BA, MFA, PhD, REACE, Registered Expressive Arts Therapy Consultant, Associate Therapist & Educational Coordinator at Juno House

In this 1.5 hour presentation, we will discuss the role of technology and today's youth. The message of this presentation is not only based on technology, but also about a child's healthy brain development and the necessary parenting/caregiver role in creating healthy, emotional, regulated, and integrated brains. This presentation will address the underpinning of a child's emotional brain development and how to grow it, as well as how technology can dangerously hijack this.

We believe that talking does not grow neurons; experience grows neurons. This workshop is designed to give attendees the skills to become their child's emotional coach. The workshop will provide participants with:

- An understanding of the basic neuroscience behind healthy brain development,
- The dangers of technology for healthy brain development,
- Technology use rules that will help your child
- When building healthy brains, how to identify emotions in your child/student, and
- How to become your child's/student's emotional coach in only five steps and in that, build a resilient child.

The presentation is facilitated by a therapist from Juno House who has years of both clinical and facilitating experience. Juno House was founded in 2008 as a Centre of Excellence for adolescent girls and young women who are experiencing anxiety-based mental health issues of self-harm, obsessive compulsive disorders, depression and eating disorders.

October 17th, 2023

12:00 PM – 1:30 PM

FREE LEARNING

[Register Here!](#)

This session is presented by the Community Education Service of the Mental Health Collaborative, Child & Adolescent Addiction & Mental Health and Psychiatry Program (CAAMHPP) of Alberta Health Services in partnership with

[Juno House](#).

CES@ahs.ca <http://community.hmhc.ca/>

The background of the poster is a light-colored wooden plank texture. It is decorated with various autumn-themed elements: several pumpkins in shades of orange and yellow, and various types of leaves in red, orange, and yellow. The text is centered and reads:

Bowden FALL MARKET

Over 60 vendors

OCTOBER 21
10-4

PATERSON COMMUNITY CENTRE

2101 - 27TH AVE



Building Better **BOUNDARIES**



Do you find it hard to say no?

Do you feel that others don't show you the respect that you deserve?

Or do you feel like you go out of your way to please others often?

Join us for our Boundaries Program!

We will be covering the following topics over the course of 6 weeks:

Wednesday evenings - November 1th to December 6th, 2023

- Introduction to Boundaries
- Where Do Boundaries Come From?
 - Types of Boundaries
- Understanding and Setting Boundaries
- Overcoming Boundary Challenges

To register you can contact:

Emilie Webb at 403-586-4545

www.mountainviewemergencyshelter.ca

mountainviewemergencyshelter@gmail.com

Location: Jeans Place, Community Connection Centre

4911 51 Avenue, Olds

6:30PM - 8:30PM





YES & FCSS

GR. 4 - 6 CRAFTY CLUB

*Come join Miss. Ireland & Jade for some fun Halloween crafts
ALL October long*

WEDNESDAY 3:10 PM - 4:15 PM
OCT 4TH, 11TH, 18TH & 25TH

*15 spots available
Forms due OCT 2nd*



Join the ADVENTURE!

Grades 9 -12

****Experience Two Iconic Cities:****
Explore the bustling streets of New York City and the historic landmarks of Washington, D.C. in one unforgettable trip!

APRIL 2024

For ALL the details
Visit <https://www.eftours.ca/tour-website/2616202HN>

**IT'S NOT TOO
LATE TO JOIN !**

Payment plans
offered - travel
now, pay later

Contact Mrs. Crandall kcrandall@cesd73.ca



Call 1-800-263-2806 to enroll

Literacy Corner

Wednesday, October 18th is Newspaper Comic Strip Day

Did you know that the first newspaper comic strip ever run was "The Yellow Kid Takes a Hand at Golf" by Richard Fenton Outcault, on October 18, 1896.

Comics have long been a part of our culture, and its social influence throughout history is undeniable.

In the late 1800s, comic strips exploded in popularity in American newspapers. Throughout the years, many types of comics came about, from political to humorous strips. Soon enough comic strips evolved into the ever popular comic books.

October is always an exciting month for comic book fans, as publishers roll out another round of spooky horror comics.



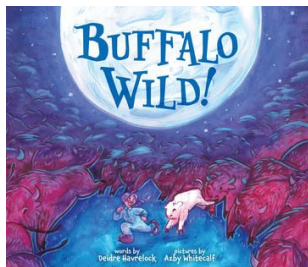
Justice League vs. Godzilla vs. Kong



Superman #850

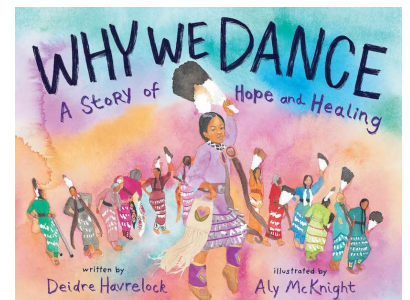
Indigenous Education

"Deidre Havrelock is a member of the Saddle Lake Cree Nation in Alberta, Canada. She was raised in Edmonton, Alberta with a ghost in her house, a feminist for a grandma, and wishing she had a Buffalo for a pet!" from <https://www.deidrehavrelock.com/children/>



Since Declan was born, his kokum has shared her love of Buffalo through stories and art. But Declan longs to see real Buffalo. Then one magical night, herds of the majestic creatures stampede down from the sky. That's when things really get wild!

Deidre Havrelock's latest book to be released in February 2024, is a powerful and exuberant story about the heritage, joy, and healing power of the Jingle Dress Dance—a perfect read-aloud picture book.



BGC Olds &
Area

October 2023

Bowden Jungle Junction

Before/After School Care



BGC Olds and Area is excited to partner with Bowden Grandview School to offer before and after school care!

BGC Olds and Area has been providing licensed before and after school programs for children in Olds and area for the past 38 years! Our program provides children with a safe place to go in the out of school hours where they can have fun, interact with their peers, and develop skills that will last a lifetime.

Before School- \$250

After School- \$310

Full Time- \$380

Before and After Kindergarten- \$175

Drop In- \$20/segment

***Subsidies are available through the Government of Alberta for families with a household income less than \$89,999.

REGISTRATION

Contact Kass:

(403) 559-4884

Kassbgcolds@outlook.com



@junglejunctionbowden



Olds & Area

OUR LEADERS

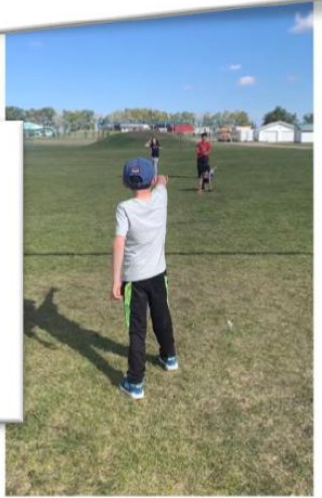


Hi, my name is Miss Molly Minor! As well as working at BGC for a year now, I also work at Bowden Grandview School as an Educational Assistant. I am currently working towards my Early Learning and Childcare Diploma through RDP starting this fall. In my spare time I like to spend time with my animals, (cats, dog and horse), playing piano and guitar, motor biking, camping, exploring local spots and hanging out with my friends and family. I am looking forward to my second year at Bowden Jungle Junction with our current members and new ones!



Hello, my name is Miss Hailey Hronek. I've worked with the BGC for over a year now but prior to that I worked in kindergarten classes. I will be working towards my early learning and childcare diploma at Red Deer Polytechnic this fall. In my spare time I am often out driving around with my friends in my car or at home with a good book. I also LOVE to travel, my most recent trip was to Italy and Greece! I am so excited to be working in out of school care with so many amazing kids!

We have so much fun playing, exploring, learning, and creating here at Jungle Junction!! Come join the fun!





Bowden Play & Learn



2023/2024 Registration

September

Full Time

Tuesdays & Thursdays
Mornings 8:20-11:10
Or
Afternoons 12:30- 3:00

Fees

Non Refundable
\$30.00 Registration Fee
Due With Application

\$5.00 per month
Or \$50.00 per year

Couple Things

Children must be 3 at
school start and fully
potty trained to join our
classroom

Contact Information

For more Information or
to register please email
us at

Bowdenplayandlearn@gmail.com
(Lisa)

Call at 403-357-7841
(Shayla)



utreach Centre™

Family Law Information

EVERY TUESDAY MORNING

Family law paralegal and mediator, Ryan McDougall, presents information* on parenting time, decision making, child support, income determination, spousal support and division of property.



Join us online by calling
The Outreach Centre to
ask for the zoom link.



9:30 a.m.-Parenting Orders
& Child Support



11:00 a.m.-Spousal Support
& Division of Property

403.347.2480

**Professionals and the public
welcome. Refer your clients.**

***Legal advice will not be provided.**

Ryan provides straight forward information on matters affecting families going through separation.



Crafts & Crochet

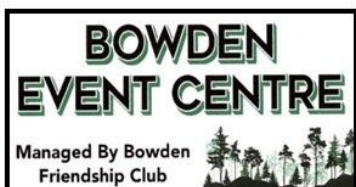


Bowden Event Centre, 2133 - 18 ave.

Every Friday Afternoon 1-3 p.m.

Starting October 20

Member \$2
Drop-in \$4



Sit & Be Fit



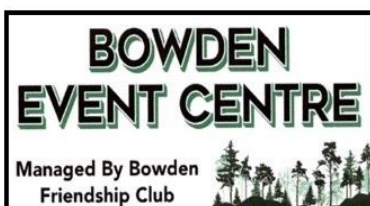
**Every Wednesday
afternoon 1 - 3 p.m.
Starting October 18**

Member \$2

Drop-in \$4

**Followed by a walk indoors or
outside weather permitting.**

**Hosted by:
Bowden Friendship Club**



Bowden Event Centre 2133 - 18th ave.

COFFEE, Games & Conversation

Bowden Event Centre, 2133 - 18th ave.

Every Thursday Morning 10 - 11:30 a.m.

Starting October 12th



NEW LOCATION

Downstairs in the games room!

Come for coffee and treats.

Stay and play:

Pool, Crib, Cards, Shuffle board, carpet bowling, darts and more, or just visit with a friend new or old.

Meet people who support older adults & seniors in our community.

Hosted by:
Bowden Event Centre



DROP-IN



GAME NIGHT

**Bowden Event Centre, 2133 - 18 ave.
Downstairs in the games room.**

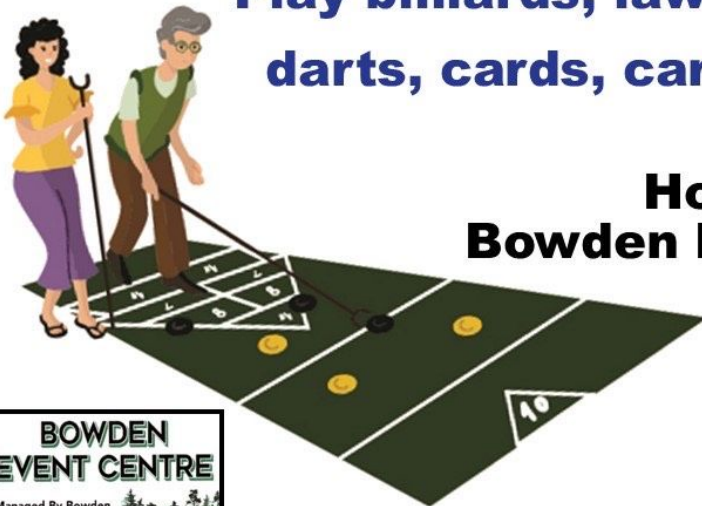
Every Tuesday Night 6 - 9 p.m.

Starting October 17

**Member \$2
Drop-in \$4**



**Play billiards, lawn & table shuffle board,
darts, cards, carpet bowling and more.**



**Hosted by:
Bowden Friendship Club**

