

Bowden Grandview School

May 1, 2023



Bowden Grandview School hosted our annual Volunteer Appreciation lunch made by our high school foods program. Our student council invited our guests and the grade 3 class decorated, Our high school arts program made our thank you cards and our choir entertained the honored guests.



What's Happening: May is Kindness Month

Monday, May 1

- Joe Social Media Presentation
- Smile Cookie Sales May 1-3

Thursday, May 4

- Smile Cookie Day

Friday, May 5

- No School



thank you



May is Kindness month at BGS!

Thank you to one of our BGS families for their generous donation of 13-\$100 Walmart gift cards to be given to students who build school culture. Students who exhibit kindness towards others or participate in acts that improve our school culture can earn draw entry slips during the month of May. At the end of the month, one student from each grade will be drawn to win the \$100 gift card.

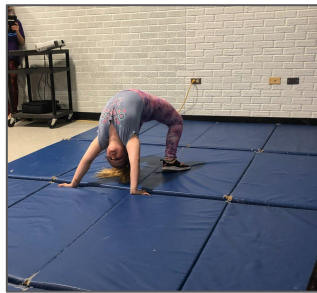
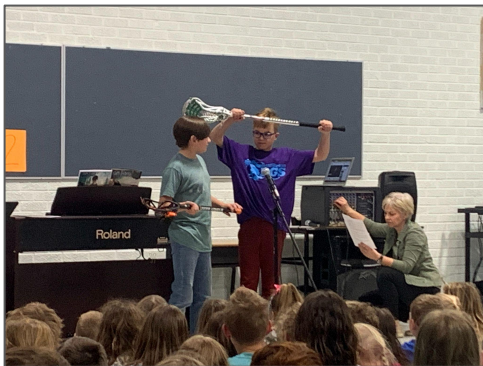
Remember one kind act or word could change someone's day.

New Long Jump Pit

A big thank you to Pat Filipenko, Lorne Bradshaw and The Town of Bowden for their time, energy and financial support in the refresh of our long jump pit just in time for Track and Field Season.



Bowden Grandview School Has Talent



PE 20/30 enjoyed their last fitness excursions for the semester to their second round of spin and yoga at Urban Studio and learned the basics of waterpolo at the pool.



The Grade 2 Class had some expert instruction on making clay pots from Mrs. Sinclair. The pots are drying and will be fired in our school kiln. Stay tuned for their final completion!



Family School Wellness program - support for students

A message from Superintendent Kurt Sacher



CESD Family School Wellness team

During the 2022/23 school year there have been more than 11,000 individual sessions with students and a Chinook's Edge Family School Wellness (FSW) Worker. That's about 10% more than last year, and this year is not yet complete.

Coming out of the pandemic, school divisions all over the country are seeing an impact on students who are experiencing challenges with social and emotional wellness, including difficulty adjusting to the pace of learning, and difficulty with social connection.

Chinook's Edge is serious about responding to this challenge. One layer of the [many supports we offer](#) is the Family School Wellness program.

What is a family school wellness worker?

- Chinook's Edge employs 25 Family School Wellness (FSW) workers.
- FSW workers have expertise and qualifications in youth wellness
- While all of our Chinook's Edge staff are charged with helping students holistically - FSW workers have a unique opportunity to support your child one-on-one focused on their social and emotional needs.

What students see FSW workers?

- The top 3 reasons Chinook's Edge students were referred to FSW last year:
 - Emotional regulation - experiencing anxiety, sadness, and /or anger
 - Relationship challenges with peers at school / school conflict
 - Family relationship challenges
- The criteria for a student to see FSW is that their challenge is impacting them at school

How does a student get referred to FSW?

- Students are referred to FSW through a teacher, a principal, or their parents. Students can self refer.
- Every student can access one single session and a follow up session without parental consent. After the single and follow up session, FSW requires parental consent.
- With parental consent, the FSW provides short term support where students have access to about 6 to 8 sessions as needed.

What happens in a session with FSW?

- The FSW works one-on-one with a student to resolve mild to moderate social / emotional needs impacting them at school. (Students with severe needs are referred to other professionals).
- If there is more than one session required, FSW workers reach out to families not only for consent, but in order to work together with the family to support the needs of their students.

In surveys after sessions, participants tell us the program is making a significant difference for them. School based administrators and other staff also see the positive impact. I would like to express my gratitude to our Family School Wellness Workers for the dedicated work they are doing, and the difference they make for so many students. As a parent, if you'd like your child to access the FSW program, please contact your child's school.

To read the latest version of the Board e-News, please click [here](#).

A handwritten signature in black ink that reads "Kurt Sacher".



Smile Cookies

Make Someone SMILE on May 4th with a cookie from Tim Hortons.

Pre-order your Smile Cookies today! Each cookie now costs \$1.50. Cookie sales start on Friday, April 28th, until Wednesday, May 3rd.

You can purchase the cookies in front of the Grade 6 room for yourself or buy one for a friend. Fill out the name and Grade you wish to give the **SMILE COOKIE** to.

The **Grade 6** class will hand them out on **Thursday, May 4th**.

Proceeds go to: Bowden Grandview School
Smile....pass it on!!



Money Management Skills Course for 2023 Graduates

EnrichedStart is an engaging, online, video-based course that provides critical skills for a lifetime of financial wellness.

Available to all 2023 graduates in Alberta. Topics Include:



How to get started with program:

- 1 Go to www.enrichedacademy.com to login using your school email. Then add a personal email to your profile.
- 2 Watch the tutorial video on how to use the online platform [HERE](#).
- 3 Complete each module by watching the video and using the tools (such as the budgeting worksheet and debt crusher tool).
- 4 Download your certificate after completing the program and add to your resume. Employers value financially literate candidates!

Complete the course to qualify for scholarship opportunities! Click [HERE](#) to apply. You could win up to \$2000!



"The Jo(e)s" Social Media Parent Presentation

Monday, May 1, 2023

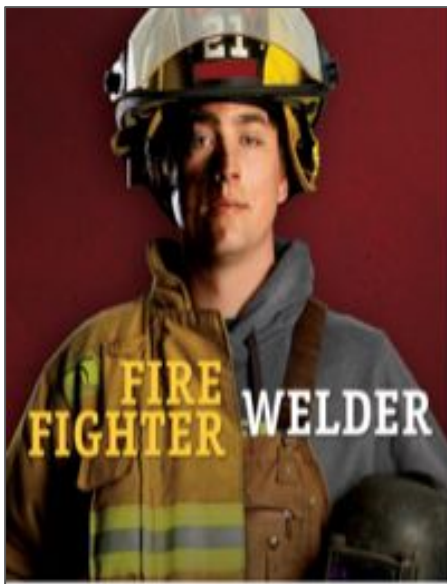
Join The Jo(e)s at the Bowden Event Centre (2133 - 18 Ave.) at 6:00 pm, for an insightful and valuable conversation about the ways all of us are raising children, in a very digital world.

What Will You Learn?

- Straight from the kids' mouth information on how they actually use social media.
 - Conversation about the REAL challenges kids face and grade specific information you need to know as a parent
 - Simple things you can do as a parent to help your kid negotiate social media, digital devices, and gaming
 - What mental health challenges kids face due to online behaviour and steps you can take to minimize the impact.
 - How you can support your kids in positive social media use.

Since 2015, the Jo(e)s have traveled the province, offering help to kids and parents in a social media and digital world. Join us to learn just how powerful and safe kids can be when they have our support and learn from first-hand research what kids are actually doing on the platforms we all use, every day.





Answer the Call!



Make firefighting
part of your life.



Become a Red Deer County Paid On-Call Firefighter today!

- Paid training
- Paid response
- Work as a team to help protect Bowden & Area
- Contact Captain Campbell (403-872-2882) or Captain Feduniw (587-679-0686) for more information



We are currently looking for School bus drivers in all areas. If you are interested in becoming a school bus driver please apply online at www.cesd73.ca under Careers/Casual

Support Staff, by email at transportation@cesd73.ca or by calling our office at 403-227-7072

Chinook's Edge is one of the largest school divisions in the province, serving over 11,000 students in 43 Central Alberta schools between Calgary and Red Deer. Our schools are located in 13 small communities that sprawl east and west from the Highway 2 corridor, conveniently providing Chinook's Edge staff and families with the best of both worlds

Ever wonder where your dairy products come from?

You're invited to a



Saturday, June 24, 2023

**At Wendon Holsteins
34477**

**Range Road 274
Red Deer County, AB
8 AM -12 PM**

- Free Hot and Healthy Breakfast
- Barn Tours
- Robotic Cow Milking Display
- Kids Activities

Scan code for
more information



Please leave your
pets at home



Directions

From Hwy 2 Exit 357 (Bowden), go East on Hwy 587 to dead end. Turn North and look for signs for parking.



For more information go
to www.albertamilk.com
or call 1.877.361.1231





Bowden Play & Learn



2023/2024 Registration

September

Full Time

Tuesdays & Thursdays
Mornings 8:20-11:10
Or
Afternoons 12:30- 3:00

Fees

Non Refundable
\$30.00 Registration Fee
Due With Application

\$5.00 per month
Or \$50.00 per year

Couple Things

Children must be 3 at
school start and fully
potty trained to join our
classroom

Contact Information

For more Information or
to register please email
us at

Bowdenplayandlearn@gmail.com
(Lisa)

Call at 403-357-7841
(Shayla)





Chinook's Edge Staff are planning ahead for the upcoming year

In Mid August Chinook's Edge will be sending home your Annual Demographic Update which will be called "Annual Re Enrollment and Consents" for the 2023-2024 year. The form will need to be completed and submitted prior to the start of the school year.

The form will ensure your registration and certain consents for the upcoming school year

We have combined forms together into one to make the start of the school year a little easier for you.

The form contains a Walking field trip, Technology, Media and FOIP consents that has to be completed every year before your child can participate in these activities,

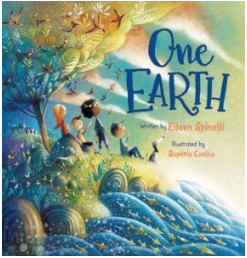
We are wanting parents and guardians to ensure that they can sign into their PowerSchool parent portal account before the end of the year. If you are having troubles with your username or password, please contact your school before the end of May to get help.

*This is for all Kindergarten to grade 12 students
If you have verified that you can sign in, please disregard this message*

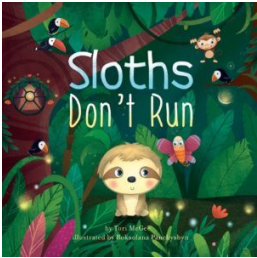
[PowerSchool Parent Portal](#)

Literacy

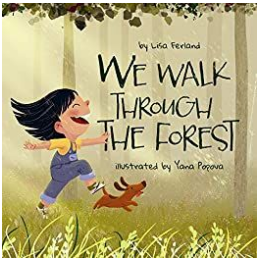
If you believe the legends and fairy-tales — and who are we to doubt them? — anything can happen in the wilds of the woods. The canopy of leaves and branches can be like the soaring vaults of a cathedral, presided over by scampering squirrels, soaring birds, and fluttering butterflies. But the woods are also a place to hide or disappear, and motives may be as dark as the night that falls fast under the leaves. A few great MAY reads for you!!



Count the reasons to love our planet and learn different ways to protect it in this beautiful book that introduces children to the importance of the conservation of nature.

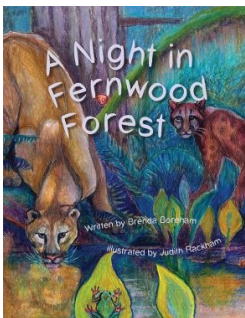


Join two rainforest animals as they run in *The Great Rainforest Race!* A wonderful story set in the rainforest that teaches children about courage and hard work to accomplish a goal.



Go on an adventure with a girl and her dog as they journey through the forest. Sing, walk, and hop as they meet some forest animals. This is the perfect book to engage your preschooler's imagination and pique their interest in the outdoors.

Indigenous Literature



A Night in Fernwood Forest is part of the By Day and By Night Nature Series. Books in this series focus on a specific habitat and explore the many connections within a healthy ecosystem. Through lyrical stories, supportive illustrations, labelled diagrams, and nature notes, readers learn about living and non-living parts of the ecosystem.

Judith Rackham is an illustrator of natural history books for children. She has practised as a visual artist her entire life and is a member of the Federation of Canadian Artists. Her work can be found in several Vancouver Island galleries. For more information, visit judithrackhamart.com

BEFORE AND AFTER SCHOOL CARE

OPEN FOR REGISTRATION

BGC Olds and Area is excited to partner with Bowden Grandview School to offer before and after school care!

THE DETAILS

BGC Olds and Area has been providing licensed before and after school programs for children in Olds and area for the past 38 years! Our program provides children with a safe place to go in the out of school hours where they can have fun, interact with their peers, and develop skills that will last a lifetime

Before School - \$250

After School - \$310

Full time - \$380

Before and after kindergarten - \$175

Drop in \$20/segment

***Subsidies are available through the Government of Alberta for families with a household income less than \$89,999

REGISTRATION

Contact Ashley

403-598-7663

ashleybgcolds@outlook.com



bgc

Olds & Area