

Purpose

Family Resource Network (FRN) focuses on prevention and early intervention services for families and youth aged 0-18 years. Funded by Alberta's Ministry of Children's Services, **FRN** believes that as long as a child is safe, they can achieve their greatest potential within their family unit. **FRN** educates parents and caregivers about child development, provides social supports, and offers coping and problem-solving skills in order to build resiliency and success within families and communities.

Process

Through a "hub and spoke" service delivery model, **FRNs** (hubs) coordinate delivery of all programs and services, which are accessed either directly through a hub or via collaborative partnerships and agencies (spokes). **FRN** offers programs geared towards early childhood development, child and youth development, parent education, family support, and home visitation. "Hubs" may deliver all services, coordinate independent "spoke" services, or empower "spoke" services to support more than one **FRN** "hub" throughout certain regions.

Outcomes

Using evidence-based and informed models, **FRN** employs a continuum of prevention and early intervention services to ensure that parents, caregivers, and children receive the care and tools they need to create strong family units, foster sense of belonging to a larger community, and thrive.

Program funded by:

Alberta's Ministry of Children's Services



Family Resource Network Hub & Spoke Services Locations:

Drumheller Hub
f DrumhellerFRN

Innisfail Hub
f InnisfailFRN

Lacombe Hub
f LacombeFRN

Red Deer Hub
f RedDeerFRN

Rocky Mountain House Hub
f RockyMountainHouseFRN

Stettler Hub
f StettlerFRN

Wetaskiwin Spoke Services
f WetaskiwinFRNSpoke

For more information:

Call: 1 (877) 994-5465

***Every day we help someone.
How can we help you?***

Family Resource Network



*To support and encourage
individuals and families to achieve
their full potential as members of
their community.*



Our **Family Resource Network Services** are available for all Albertans with children aged 0 - 18.

Services include:

Early Childhood Development

Early Childhood Development will serve families with children aged 0-6. Child activities will be directly related to: Fine Motor Skills, Gross Motor Skills, Communication Skills, Problem Solving Skills and Personal-Social Skills. Programs will include staff supervised Parent/Child Play; Developmental Screening Sessions with Ages and Stages Questionnaires; and Supported Play Sessions where collaborative partners (Occupational Therapists, Speech Pathologists) attend to assist parents with questions and strategies for improved developmental outcomes.



Child and Youth Development

Child and Youth Development will serve families with youth aged 7 - 18. Program examples are social skills groups, life skills groups, anger management groups, coping skills groups and youth leadership development.

Parent Education

Parent Education will serve families with children and youth aged 0-18. Parent education curriculums used are empirically supported and evidence based. Further examples of programming include Connect, Kids Have Stress Too, Triple P, Circle of Security and Active Parenting.

Family Support

Family Support will serve families with children and youth aged 0 - 18. Programming is intended to build parental/caregiver resiliency and is focused on the family unit to promote family wellness. Programs are flexible and goal oriented to fit each family's specific needs with a focus on strengthening protective factors and reducing risk factors for all members of the family.

Home Visitation

Home Visitation will serve families with children aged 0-6. This program is designed to support families in providing a nurturing, stimulating and safe environment for their children from prenatal until the child turns six. Families with new babies participate in home visitation services by trained staff in a way that meets their specific needs.



McMan Central is excited to receive your referrals for our new Family Resource Network Services.

Please call **1-877-994-5465** to connect with one of our Networks.

Visit:  **McManCentral**