



March 28, 2022

Bowden Grandview School

Basketball Skills and Drills

Kids from grades 3, 4 and 5 are having a blast learning all about basketball. It is not too late to join in on the fun! The program runs March 29, and April 5th, after school until 4:30

Contact Jennifer @ 403-598-6383 for more information





Congratulations to Mrs. Elisa Jackson on her appointment as Student Services Coordinator for Chinook's Edge School Division. We are very happy for Mrs. Jackson to be able to share her skills and knowledge with students and families from across our division. Sadly though, this means that she will be leaving us effective April 1st. We want to thank Mrs. Jackson for her dedication and commitment to our BGS community. She will be greatly missed by all of us!

We are happy to announce that Mrs. Jen Anderson will be returning to our school to take Mrs. Jackson's position. Mrs. Anderson is a familiar face at our school and we know that she will do a fantastic job in grade 4 and in grade 9 ELA. Welcome back Mrs. Anderson!

Strong leadership at every level sets students and staff up for success

A Message from the Board of Trustees

Our Board of Trustees and Central Office Leadership Team are re-energizing our connection between school and home, after two years of disruption to our usual routine. We, along with each of our schools, are working to ensure parents feel you are valued leaders in our schools and in your child's learning.

Our parent community has been leading the learning from home when called upon and collaborating with staff in our schools, in a shared resolve to move learning forward. We know that a strong and caring connection between school and home has multiple benefits for student success. We hope our work together will engage students at a deeper level and motivate a momentum of renewed rigor.

It was our pleasure to connect with several parents from across our division at a special online Parents Matter gathering on March 17, and we're happy to share [this recap](#) of what we learned. We encourage you to check in with your principal and School Council to see how you might become more involved, we invite you to read our [Board eNews](#) each month, and we thank you for sharing the leadership qualities that continue to ensure Chinook's Edge is a division *where students come first*.

Chair Holly Bilton,

On behalf of the Board of Trustees

We would love to hear your thoughts on this month's [parent survey](#): Do you feel that you are involved in your child's education? How would you like to be further involved in your child's learning at the school?

Elementary Talent show



Record your talent on video and send to your Google Classroom under the Music Topic.

Video: 2 min max.(approx)

We'll create an online show!

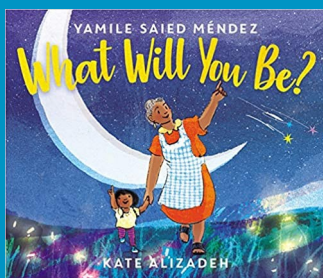
Due date : Submit video by April 29

Have fun!

Literacy Education

A young girl ponders her future and what it holds for her when she grows up. She could be an astronaut? Or a clown. But what will she really be? She comes to understand that becoming who you are is so much more than just a career - it's about becoming a person who dreams, explores, teaches others, speaks up against wrong and learns and always wonders.

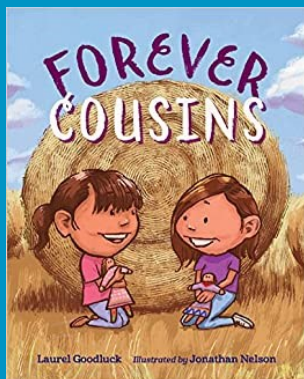
What will you be? Written by Camille Saied Mendez



Indigenous Education

In this Native American story, Kara and Amanda are best friend cousins. Then Kara leaves the city to move away; will their friendship stay the same? This tender story about navigating change reminds readers that the power of friendship and family can bridge the distance.

Forever Cousins by Laurel Goodluck





Fundraiser Order Guide

Name: Cheques payable to FOG
 Contact Number: Orders Due: April 12
 Email Address:
 Gluten Free *



Item#	Description	Size: kg, pieces	Quantity	Price	Total
BEEF					
#13171	6oz TOP SIRLOIN	4.08kg, 24 pcs		\$130.00	
# 21419	4oz TENDERLOIN - BACON WRAPPED FZ	2.76kg, 24 pcs		\$110.00	
# 51283	1/2oz ITALIAN MEATBALLS COOKED FZ	4.54kg, 320 pcs		\$65.00	
# 51449	GINGER BEEF W/ SAUCE FZ	4.54kg		\$75.00	
#28125	GRASS FED RIB EYE 6OZ	24 pcs		\$135.00	
# 52159	GROUND BEEF 10 x 500g FZ	5.00kg, 10 x .500g		\$70.00	
BEEF BURGERS					
# 53400	5oz STERLING SILVER PREMIUM BURGER* FZ	4.54kg, 40 pcs		\$65.00	
#53401	6oz STERLING SILVER PREMIUM BURGER* FZ	4.54kg, 25 pcs		\$65.00	
# 53330	6oz PRIME RIB PREMIUM BURGER* FZ	5.10kg, 30 pcs		\$80.00	
# 53226	BURGER 6 OZ TOP GRASS FZ	4.76kg, 30 pcs		\$90.00	
#53268	LIL CHEF BURGER 2.67OZ	4.54kg, 60 pcs		\$55.00	
PORK					
# 54682	PORK BITES BONELESS & BREADED FZ	4kg, 315 pcs		\$65.00	
# 54936	4oz PORK STEAK BONELESS* FZ	2.76kg, 24 pcs		\$75.00	
# 55080	BACON FRESH SLICED NATURALLY SMOKED* FR	5kg, AVG 154 slices		\$85.00	
# 55903	MEADOWCREEK SPICY ITALIAN SAUSAGE* FZ	5.00kg, 36 pcs		\$75.00	
# 56140	BREAKFAST PORK SAUSAGE FZ	5kg, 154 pcs		\$60.00	
POULTRY					
# 61399	6oz CHICKEN BREAST SS BONELESS/SKINLESS* FZ	4kg, 23 pcs		\$70.00	
# 61725	CHIK THIGH B/S IQF FZ RGL	4kg		\$55.00	
# 59986	CHICKEN CORDON BLEU 170G FZ	3.4kg, AVG 20 pcs		\$65.00	
# 60797	CHICKEN STRIPS RANDOM FZ	4kg approx 60 pcs		\$65.00	
#59747	CHIK WING SPLIT TIP OFF NAT IQF	5kg, ~100 pcs		\$65.00	
SEAFOOD					
# 66265	1oz COD BITES BATTERED	4.54kg, 270 pcs		\$85.00	
# 72637	6oz SALMON BONELESS/SKINLESS*	4.54kg, 26 pcs		\$185.00	
#79270	SALMON WELLINGTON 6OZ	16 pcs		\$100.00	
#73162	BACON WRAPPED SCALLOP Skewers	3.50kg, 25 skewers		\$120.00	
# 73827	SHRIMP 21-25 RAW PEELED & DEVEINED WHITE*	2lbs (21-25 pcs/lb)		\$35.00	
#70038	CKD PEI BLUE MUSSELS FZ	10X1LB		\$50.00	
DESSERT					
# 77909	DEEP DUTCH BROWNIE SHEETCAKE	2.33kg		\$35.00	
# 77986	NANAIMO BARS SHEETCAKE	3.06kg		\$35.00	
77898	CARAMEL CARROT CHEESECAKE	2.2kg		\$50.00	
78205	TURTLE CHEESECAKE	2.4kg		\$45.00	
78160	CAPPUCINO ICED VANILLA CAKE	1.75kg		\$30.00	
78027	CHOCOLATE SUPREME CAKE	5.90kg		\$75.00	
SUMMER FEATURES					
# 51010	BEEF SOUVLAKI KABOB 75G FZ	4.5kg, ~60pc		\$125.00	
# 54665	PORK SOUVLAKI KABOB 75G FZ	4.5kg, ~60pc		\$95.00	
# 61440	CHICKEN SOUVLAKI KABOB 75G FZ	4.5kg, ~60pc		\$105.00	
# 54001	PULLED PORK GLUTEN FREE FZ *	4.54kg, 2pkg		\$110.00	
# 59299	BEEF PULLED CKD GLUTEN FREE FZ *	4.54kg, 2pkg		\$130.00	



Thank you for supporting your local organization through this fundraiser!

Total:



Community
Learning
Campus

SPRING BREAK ACTIVITY CAMP!

Community Learning Campus
April 18- 22, 2022
8:30 am-4:30 pm
Ages: 6-12 yrs.

Spend your Spring Break at the CLC! We have many exciting plans for the week including geocaching, arts & crafts, science experiments, swimming, gaga ball, floor hockey, soccer, and many more games and activities!

\$180 /Week
\$50 /Day

REGISTER AT:
WWW.COMMUNITYLEARNINGCAMPUS.CA/RECREATION/CAMPS
EMAIL: CLCRECREATION@OLDSCOLLEGE.CA

 EST. 1913
OLDS COLLEGE

Updated Covid-19 Alberta Health Daily Checklist (February 9)

COVID-19 ALBERTA HEALTH DAILY CHECKLIST (FOR CHILDREN UNDER 18)

This checklist applies for all children, as well as all students who attend kindergarten through Grade 12, including high school students over 18. Children should be screened every day by completing this checklist before going to school, childcare or other activities. Children may need a parent or guardian to assist them to complete this screening tool.

If your child has traveled outside Canada in the last 14 days, follow the [Government of Canada Travel, Testing, Quarantine and Borders](#) instructions, including any requirements for exempt travelers related to attending high-risk environments.

International travellers who become a case of COVID-19 after arrival in Alberta should follow isolation requirements outlined by the Government of Canada.

If your child has tested positive on a [rapid antigen test](#) or received a message from Public Health indicating that they are a case⁴ of COVID-19, they are required to isolate as per [Public Health instructions](#). For more information on isolation requirements after a positive rapid antigen test, refer to the [Rapid testing at home website](#).

Screening Questions for Children under 18:

1.	Has your child been a household contact of a case⁴ of COVID-19 in the last 10 days? <i>A household contact: a person who lives in the same residence as the case OR who has been in frequent, long-duration, close-range interaction with a case of COVID-19. For example, someone who slept over, attended a birthday party or someone who was a play date with a case.</i>	YES	NO
If child answered “YES” AND they are NOT fully immunized⁵: Child should stay home and NOT attend school, childcare and/or other activities for 10 days from the last day of exposure and monitor for symptoms, unless they have tested positive for COVID-19 in the last 90 days AND completed the mandatory 10- day isolation period, in which case they can proceed to question 2. If child answered “YES” and they are fully immunized⁵ proceed to question 2: If child answered “NO” to question 1, proceed to question 2:			
2.	Does the child have any new onset (or worsening) of the following core symptoms:		
	Fever Temperature of 38 degrees Celsius or higher	YES	NO
	Cough Continuous, more than usual, not related to other known causes or conditions such as asthma	YES	NO
	Shortness of breath Continuous, unable to breathe deeply, not related to other known causes or conditions such as asthma	YES	NO
	Loss of sense of smell or taste Not related to other known causes or conditions like allergies or neurological disorders	YES	NO
If the child answered “YES” to any symptom in question 2: If the child is fully immunized ⁵ Isolate for 5 days from the day of onset of symptoms or until symptoms resolve ³ whichever is longer. After this isolation period, up to a total of 10 days from the day of symptom onset, they are required to wear a mask at all times when in a public place or otherwise in the company of other persons with no exceptions. If the child is NOT fully immunized ⁵ , they must isolate for 10 days from the day of onset of symptoms or until symptoms resolve ³ whichever is longer Whether they are fully immunized or not, even if they have a negative molecular (e.g. PCR) COVID-19 test or two negative rapid antigen tests, taken not less than 24 hours of each other, they still must isolate until symptoms resolve ³ . If they are within three weeks of the initial positive test of a previous infection they do not need to test again, and they can leave isolation when symptoms resolve ³ . They can use an at-home rapid antigen test if available or access the AHS Online Assessment Tool for advice on managing mild symptoms, and whether they are eligible for a COVID-19 molecular test.			

³Symptoms resolved means symptoms have improved and with no fever for 24 hours without the use of fever reducing medication⁴ A lab-confirmed case OR a probable case as defined in the [Alberta COVID-19 Notifiable Disease Guideline](#) A child who has received the complete vaccine series for COVID-19 and it has been 14 days after the second dose in a two dose series

NOTE:

If they have had a previously confirmed COVID-19 infection within the past 90 days, wait until three weeks have elapsed from the initial positive test, to take a rapid antigen test.

Children 2 years of age and younger are not eligible for rapid antigen testing and should complete the [AHS Online Self- Assessment tool](#) to access molecular (e.g. PCR) testing.

If the child answered “NO” to all of the symptoms in question 2, proceed to question 3.

3. Does the child have any new onset (or worsening) of the following other symptoms:

Chills Without fever, not related to being outside in cold weather	YES	NO
Sore throat/painful swallowing Not related to other known causes/conditions, such as seasonal allergies or reflux	YES	NO
Runny nose/congestion Not related to other known causes/conditions, such as seasonal allergies or being outside in cold weather	YES	NO
Feeling unwell/fatigued Lack of energy, poor feeding in infants, not related to other known causes or conditions, such as depression, insomnia, thyroid dysfunction or sudden injury	YES	NO
Nausea, vomiting and/or diarrhea Not related to other known causes/conditions, such as anxiety, medication or irritable bowel syndrome	YES	NO
Unexplained loss of appetite Not related to other known causes/conditions, such as anxiety or medication	YES	NO
Muscle/joint aches Not related to other known causes/conditions, such as arthritis or injury	YES	NO
Headache Not related to other known causes/conditions, such as tension-type headaches or chronic migraines	YES	NO
Conjunctivitis (commonly known as pink eye)	YES	NO

If the child answered “YES” to ONE symptom in question 3:

Keep your child home and monitor for 24 hours and consider giving child an [at-home rapid antigen test](#).

If [at-home rapid antigen testing](#) is not done and the symptom is improving after 24 hours, your child can return to school and activities when they feel well enough to go.

If the symptom **does not improve or worsens** after 24 hours (or if additional symptoms emerge), use an [at-home rapid antigen test](#) if available or follow the [AHS Online Assessment Tool](#) for advice on managing mild symptoms, and whether you need to be tested for COVID-19.

If the child answered “YES” to TWO OR MORE symptoms in question 3:

Keep your child home

Use an [at-home rapid antigen test](#) if available or follow the [AHS Online Assessment Tool](#) for advice on managing mild symptoms, and whether you need to be tested for COVID-19.

NOTE:

If they have had a previously confirmed COVID-19 infection within the past 90 days, wait until three weeks have elapsed from the initial positive test, to take a rapid antigen test.

Children 2 years of age and younger are not eligible for rapid antigen testing, and should complete the [AHS Online Self- Assessment tool](#) to access molecular (e.g. PCR) testing.

For at-home rapid antigen testing result instructions:

If [at-home rapid antigen test](#) is negative they can return to school and activities when they feel well enough to go.

If [at-home rapid](#) antigen test is positive, the child is required to isolate as outlined above for **question 2**.

If the child answered “NO” to all questions:

Your child may attend school, childcare and/or other activities



Bowden & District Residents:

Do you enjoy eating pizza & helping out? You're invited!

"Volunteer A-PIZZI-ation Supper"

No cost to attend!

Paterson Community Centre

Wednesday, April 27th!

2101 - 27 Avenue

Doors open at 5:30 p.m.



TRY IT WEEK

APRIL 25-28 @ OLDS AQUATIC CENTRE



MON - THURS
5:15 - 7:00

\$25

www.oldsrapids.com

Community GARDEN



Bowden Community Garden is a wonderful way to help cut grocery costs!

Grow your own FRESH produce & get in touch with some dirt too!

To "Dig In" contact
Jade at FCSS: 403-224-2207
or email fcss@bowden.ca



Y.O.U DAY

SPEND THE DAY CREATING
YOUR OWN UNIVERSE

YOUTH AGES 13 TO 18
JOIN US FOR A DAY ALL ABOUT YOU.

YOUTH WILL BE BUSED TO THE HALL, HAVE
LUNCH, LISTEN TO SPEAKERS AND
PARTICIPATE IN ACTIVITIES TO HELP CREATE
A POSITIVE UNIVERSE AROUND THEM

TO REGISTER:
SCAN QR CODE
OR
CALL THE FRN
AT
403-877-7110



SPACES LIMITED
REGISTER TODAY

FRIDAY
MARCH 25TH

BOWDEN
COMMUNITY
HALL

8:30AM -
4:30PM

Bowden & District Residents

Income Tax Preparation

BY APPOINTMENT ONLY

*Will be held at the
Olde Library Community Centre:*

Friday, March 25, 12:00pm - 4:00pm

Saturday, April 2, 10:00am - 4:00pm

Saturday, April 23, 10:00am - 4:00pm

Due to Covid-19 protocols, the Community Volunteer Income Tax Program dates will be by appointment only for the 2022 sessions.

To schedule an appointment, contact

Bowden FCSS at 403-224-2207

Please leave a message.



*The Volunteer Tax Service is for
basic forms and is FREE for
seniors, students &
low income individuals.*

*No walk-in appointments will be
available during the Tax
Preparation dates. If you need an
appointment outside these times or
dates, please ask. Thank you.*

In-Door Locations & Days

Springbrook

Stay, Play and Learn (0-6 yrs)

Where: Springbrook FCSS Building 3824- 21A St

When: Every Other Monday From 10am-11am

Pine Lake

Creative Masters (6-12 yrs)

Where: Pine Lake Community Hall 20 36366 Range Rd 252

When: Every Other Monday From 5:30pm-6:30pm

Innisfail

Stay, Play and Learn (0-6 yrs)

Where: Innisfail United Church 4720 48 Ave

When: Every Tuesday From 9:30am-11:00am

Impact Youth Club (7+ yrs)

Where: Innisfail FRN Office 5035 49th St

When: Every Tuesday From 3:30pm-4:30pm

Lego Club (6+ yrs)

When: Every Other Friday from 3:30pm-4:30pm

Where: FRN Office 5035 49th St

Lego Club (3-5yrs)

When: Every other Thursday from 1:30pm-2:30pm

Where: FRN Office 5035 49 St

Art Attack (13+yrs)

When: Every other Friday

Where: FRN Office 5035 49 St

Game Nights (12+yrs)

When: Every other Thursday from 3:30pm-5pm

Where: FRN Office 5035 49 St and The Coffee Cottage 5112 49 Ave

Elnora

Impact Youth Club & Lego Club (7+yrs)

Where: Elnora Legion 4th Ave

When: Every Wednesday From 3:15pm-4:30pm

Lego Club will be held the opposite Wednesdays

Delburne

Delburne Book Club (Caregivers)

Where: Delburne United Church 2306 20th St

When: Every Wednesday From 12:30pm-1:30pm

Spruce View

Stay, Play and Learn (0-6 yrs)

Where: Spruce View Community Hall 2127 AB-54

When: Every Thursday From 10am-11:30am

Bowden

Stay, Play and Learn (Every Other Friday) (0-6yrs)

Active Kids (Every Other Friday) (0-6 yrs)

Where: Bowden Friendship Club 2133 18 Ave

When: Every Friday From 10am-11am



Red Deer &
District Club



MINECRAFT

GAMIN' GROUP

VIRTUAL PROGRAM

MONDAYS | AGES 10-14

6:00PM - 7:30PM



Contact davidb@youthhq.ca
for more info on how to join

YOUTH HQ

YOUTHQ.CA



YOUTH HQ 4633 49 Street 403-342-6500