

March 14, 2022

# Bowden Grandview School



## What's Happening:

**Tuesday, March 15**

- PAC Mtg @ 12:00pm

**Thursday, March 17**

- Subway Day
- Student/Parent Teacher Interviews
- Happy ST. Patrick's Day

**Friday, March 18**

- Class of 2022 Spaghetti Supper

## Winter Carnival

BGS enjoyed the Winter Carnival! The weather and the events were spectacular!



# Town of Bowden Donates

Thank you to The Town of Bowden for their generous donation of a commercial toaster. The BGS students certainly enjoyed the reopening of The Breakfast Program. BGS is looking for volunteers to host the Breakfast Program. If you can spare an hour 8:00am—9:00am please email [bgscouncil@gmail.com](mailto:bgscouncil@gmail.com). We serve toast, fruit, yogurt and cheese.



# Grade One

The grade one class celebrated 100 Days of School on March 7th! They had a lot of fun with many interesting and fun centres.



# Parent Student Teacher Interviews: March 17, 2022

Parent Student Teacher Interviews are scheduled for March 17 from 3:30 pm to 8:00 pm. **Parents of Grade 5 students and Kindergarten students please note:** your teachers will be conducting interviews on March 24 and will be contacting you to schedule a time.

As instructed by our Division Office, interviews will continue to be conducted by either Google Meet or phone call. Earlier this school year, Chinook's Edge School Division moved to an online booking system for Parent Student Teacher Interviews. The booking system will open for bookings this Tuesday, March 8 at 8:00 am. Bookings will close Tuesday, March 15 at 11:59 pm.

## **Instructions for using our online booking system:**

On Tuesday, March 8th at 8:00 am, please visit our website at [www.bowdengrandview.ca](http://www.bowdengrandview.ca).

Click on "Bookings" at the top of the page.

Click on the event called "Grade 1-12: March 17th Parent Teacher Interviews".

On the first screen, you will be asked to enter your name (Parent), your phone number and email address.

Then you will be asked to choose your preference of either google meet or phone call. At the bottom of the first screen you will be asked to add your students.

Click Next. On the second screen, you will then be asked to choose which class and teacher for each child. Under Class, the default is "Bowden Grandview Teachers". Please select this as the default.

Then Click on teachers and it will list each teacher in our school. You will add one teacher at a time. You may have to scroll down to find a name.

Once you have selected your child's teachers, the next screen will allow you to pick what time you would like to book provided that time is available. A circle indicates that it is available. A dash indicates it is not available. The booking system only allows you to choose one time slot per teacher. Use the bar at the bottom to scroll to the right for later times.

Once you have completed your bookings, a confirmation screen will appear and a confirmation email will be sent to you. It will have a link you can click if you need to view, change or cancel a booking.

If you are not able to participate in the March 17 interviews, or not able to book a time, please contact your child's teacher. If you are having issues with the booking system, please contact the office at 403-224-3422.

## **Alberta Education Assurance (AEA) Surveys**

Dear Parents/Guardians of Grade 4, 7 and 10 Students:

We wanted to thank you again for your ongoing support of our school and would ask that you continue this support by filling out an important parent survey. Your authentic feedback is welcome and helps to guide our future school direction.

Alberta Education is currently conducting the **Alberta Education Assurance (AEA) Surveys**. Alberta Education will mail a Random Access Code (RAC) to the homes of parents of students in grades 4, 7 and 10 in all schools in Alberta. This year parents will be completing the survey online. Instructions for doing so will have been included in your package, however, please do not hesitate to contact the school if you have any questions. Parents still have the option of completing the AEA survey on paper. Requests for a paper survey or translated survey can be directed to your school principal. Bowden Grandview School students in grades 4 to 12 will also complete a survey online. All student surveys will be completed at school.

The data in these surveys is very important for our school and as such, we strongly encourage you to take a few minutes to respond to the survey. You are asked to answer the questions based upon the experiences you had at our school. At Bowden Grandview School we value feedback from parents, students, and staff and will use it to identify areas of strength that we should continue and areas to modify for improvement. Communicating and working in partnership with our parents is a priority for us. The feedback you provide with this survey is an important step in the process. All surveys are anonymous.

Your participation in the survey helps provide important information on the quality of education your child is receiving, and is an important part of our planning process.

If you have any questions or concerns, please do not hesitate to contact the school.

Yours truly,

Bowden Grandview School Staff

# Updated Covid-19 Alberta Health Daily Checklist (February 9)

## COVID-19 ALBERTA HEALTH DAILY CHECKLIST (FOR CHILDREN UNDER 18)

This checklist applies for all children, as well as all students who attend kindergarten through Grade 12, including high school students over 18. Children should be screened every day by completing this checklist before going to school, childcare or other activities. Children may need a parent or guardian to assist them to complete this screening tool.

If your child has traveled outside Canada in the last 14 days, follow the [Government of Canada Travel, Testing, Quarantine and Borders](#) instructions, including any requirements for exempt travelers related to attending high-risk environments.

International travellers who become a case of COVID-19 after arrival in Alberta should follow isolation requirements outlined by the Government of Canada.

If your child has tested positive on a [rapid antigen test](#) or received a message from Public Health indicating that they are a case<sup>4</sup> of COVID-19, they are required to isolate as per [Public Health instructions](#). For more information on isolation requirements after a positive rapid antigen test, refer to the [Rapid testing at home website](#).

### Screening Questions for Children under 18:

<b>1.</b>	<b>Has your child been a household contact of a case<sup>4</sup> of COVID-19 in the last 10 days?</b> <i>A household contact: a person who lives in the same residence as the case OR who has been in frequent, long-duration, close-range interaction with a case of COVID-19. For example, someone who slept over, attended a birthday party or someone who was a play date with a case.</i>	<b>YES</b>	<b>NO</b>
<b>If child answered “YES” AND they are NOT fully immunized<sup>5</sup>:</b>  Child should stay home and NOT attend school, childcare and/or other activities for 10 days from the last day of exposure and monitor for symptoms, unless they have tested positive for COVID-19 in the last 90 days AND completed the mandatory 10- day isolation period, in which case they can proceed to question 2.  <b>If child answered “YES” and they are fully immunized<sup>5</sup> proceed to question 2: If child answered “NO” to question 1, proceed to question 2:</b>			
<b>2.</b>	<b>Does the child have any new onset (or worsening) of the following core symptoms:</b>		
	<b>Fever</b> Temperature of 38 degrees Celsius or higher	<b>YES</b>	<b>NO</b>
	<b>Cough</b> Continuous, more than usual, not related to other known causes or conditions such as asthma	<b>YES</b>	<b>NO</b>
	<b>Shortness of breath</b> Continuous, unable to breathe deeply, not related to other known causes or conditions such as asthma	<b>YES</b>	<b>NO</b>
	<b>Loss of sense of smell or taste</b> Not related to other known causes or conditions like allergies or neurological disorders	<b>YES</b>	<b>NO</b>
<b>If the child answered “YES” to any symptom in question 2:</b> If the child is fully immunized <sup>5</sup> Isolate for 5 days from the day of onset of symptoms or until symptoms resolve <sup>3</sup> whichever is longer. After this isolation period, up to a total of 10 days from the day of symptom onset, they are required to wear a mask at all times when in a public place or otherwise in the company of other persons with no exceptions. If the child is NOT fully immunized <sup>5</sup> , they must isolate for 10 days from the day of onset of symptoms or until symptoms resolve <sup>3</sup> whichever is longer Whether they are fully immunized or not, even if they have a negative molecular (e.g. PCR) COVID-19 test or two negative rapid antigen tests, taken not less than 24 hours of each other, they still must isolate until symptoms resolve <sup>3</sup> . If they are within three weeks of the initial positive test of a previous infection they do not need to test again, and they can leave isolation when symptoms resolve <sup>3</sup> . They can use an <a href="#">at-home rapid antigen test</a> if available or access the <a href="#">AHS Online Assessment Tool</a> for advice on managing mild symptoms, and whether they are eligible for a COVID-19 molecular test.			

<sup>3</sup>Symptoms resolved means symptoms have improved and with no fever for 24 hours without the use of fever reducing medication<sup>4</sup> A lab-confirmed case OR a probable case as defined in the [Alberta COVID-19 Notifiable Disease Guideline](#) A child who has received the complete vaccine series for COVID-19 and it has been 14 days after the second dose in a two dose series

**NOTE:**

If they have had a previously confirmed COVID-19 infection within the past 90 days, wait until three weeks have elapsed from the initial positive test, to take a rapid antigen test.

Children 2 years of age and younger are not eligible for rapid antigen testing and should complete the [AHS Online Self- Assessment tool](#) to access molecular (e.g. PCR) testing.

If the child answered “NO” to all of the symptoms in question 2, proceed to question 3.

**3. Does the child have any new onset (or worsening) of the following other symptoms:**

<b>Chills</b> Without fever, not related to being outside in cold weather	YES	NO
<b>Sore throat/painful swallowing</b> Not related to other known causes/conditions, such as seasonal allergies or reflux	YES	NO
<b>Runny nose/congestion</b> Not related to other known causes/conditions, such as seasonal allergies or being outside in cold weather	YES	NO
<b>Feeling unwell/fatigued</b> Lack of energy, poor feeding in infants, not related to other known causes or conditions, such as depression, insomnia, thyroid dysfunction or sudden injury	YES	NO
<b>Nausea, vomiting and/or diarrhea</b> Not related to other known causes/conditions, such as anxiety, medication or irritable bowel syndrome	YES	NO
<b>Unexplained loss of appetite</b> Not related to other known causes/conditions, such as anxiety or medication	YES	NO
<b>Muscle/joint aches</b> Not related to other known causes/conditions, such as arthritis or injury	YES	NO
<b>Headache</b> Not related to other known causes/conditions, such as tension-type headaches or chronic migraines	YES	NO
<b>Conjunctivitis</b> (commonly known as pink eye)	YES	NO

**If the child answered “YES” to ONE symptom in question 3:**

Keep your child home and monitor for 24 hours and consider giving child an [at-home rapid antigen test](#).

If [at-home rapid antigen testing](#) is not done and the symptom is improving after 24 hours, your child can return to school and activities when they feel well enough to go.

If the symptom **does not improve or worsens** after 24 hours (or if additional symptoms emerge), use an [at-home rapid antigen test](#) if available or follow the [AHS Online Assessment Tool](#) for advice on managing mild symptoms, and whether you need to be tested for COVID-19.

**If the child answered “YES” to TWO OR MORE symptoms in question 3:**

Keep your child home

Use an [at-home rapid antigen test](#) if available or follow the [AHS Online Assessment Tool](#) for advice on managing mild symptoms, and whether you need to be tested for COVID-19.

**NOTE:**

If they have had a previously confirmed COVID-19 infection within the past 90 days, wait until three weeks have elapsed from the initial positive test, to take a rapid antigen test.

Children 2 years of age and younger are not eligible for rapid antigen testing, and should complete the [AHS Online Self- Assessment tool](#) to access molecular (e.g. PCR) testing.

**For at-home rapid antigen testing result instructions:**

If [at-home rapid antigen test](#) is negative they can return to school and activities when they feel well enough to go.

If [at-home rapid](#) antigen test is positive, the child is required to isolate as outlined above for **question 2**.

**If the child answered “NO” to all questions:**

Your child may attend school, childcare and/or other activities

## Learn how to Manage Stress in Challenging Times.

Free, virtual Alberta Health Services workshops to help identify and transform stress

For more information or to register go to the link below:

<https://www.albertahealthservices.ca/assets/news/psa/ne-psa-amh-heartmath-online-sessions.pdf>.



There are still a few 2020-2021 Yearbooks available to purchase for \$35.00 each. Please contact the school if you are interested. First come first serve.



## Class of 2022

Spaghetti Supper Fundraiser

March 18th

Bowden Community Hall

Tickets \$20.00

Silent Auction/Live Auction



## Basketball Skills and Drills



Grades 3, 4, and 5

3:05 - 4:30

March 15, 22, 29, April 5

Free program to introduce kids to basketball.

Questions? Jennifer 403-598-6383



# Fundraiser Order Guide

Name: Cheques payable to FOG  
 Contact Number: Orders Due: April 12  
 Email Address:  
 Gluten Free \*



Item#	Description	Size: kg, pieces	Quantity	Price	Total
<b>BEEF</b>					
#13171	6oz TOP SIRLOIN	4.08kg, 24 pcs		\$130.00	
# 21419	4oz TENDERLOIN - BACON WRAPPED FZ	2.76kg, 24 pcs		\$110.00	
# 51283	1/2oz ITALIAN MEATBALLS COOKED FZ	4.54kg, 320 pcs		\$65.00	
# 51449	GINGER BEEF W/ SAUCE FZ	4.54kg		\$75.00	
#28125	GRASS FED RIB EYE 6OZ	24 pcs		\$135.00	
# 52159	GROUND BEEF 10 x 500g FZ	5.00kg, 10 x .500g		\$70.00	
<b>BEEF BURGERS</b>					
# 53400	5oz STERLING SILVER PREMIUM BURGER* FZ	4.54kg, 40 pcs		\$65.00	
#53401	6oz STERLING SILVER PREMIUM BURGER* FZ	4.54kg, 25 pcs		\$65.00	
# 53330	6oz PRIME RIB PREMIUM BURGER* FZ	5.10kg, 30 pcs		\$80.00	
# 53226	BURGER 6 OZ TOP GRASS FZ	4.76kg, 30 pcs		\$90.00	
#53268	LIL CHEF BURGER 2.67OZ	4.54kg, 60 pcs		\$55.00	
<b>PORK</b>					
# 54682	PORK BITES BONELESS & BREADED FZ	4kg, 315 pcs		\$65.00	
# 54936	4oz PORK STEAK BONELESS* FZ	2.76kg, 24 pcs		\$75.00	
# 55080	BACON FRESH SLICED NATURALLY SMOKED* FR	5kg, AVG 154 slices		\$85.00	
# 55903	MEADOWCREEK SPICY ITALIAN SAUSAGE* FZ	5.00kg, 36 pcs		\$75.00	
# 56140	BREAKFAST PORK SAUSAGE FZ	5kg, 154 pcs		\$60.00	
<b>POULTRY</b>					
# 61399	6oz CHICKEN BREAST SS BONELESS/SKINLESS* FZ	4kg, 23 pcs		\$70.00	
# 61725	CHIK THIGH B/S IQF FZ RGL	4kg		\$55.00	
# 59986	CHICKEN CORDON BLEU 170G FZ	3.4kg, AVG 20 pcs		\$65.00	
# 60797	CHICKEN STRIPS RANDOM FZ	4kg approx 60 pcs		\$65.00	
#59747	CHIK WING SPLIT TIP OFF NAT IQF	5kg, ~100 pcs		\$65.00	
<b>SEAFOOD</b>					
# 66265	1oz COD BITES BATTERED	4.54kg, 270 pcs		\$85.00	
# 72637	6oz SALMON BONELESS/SKINLESS*	4.54kg, 26 pcs		\$185.00	
#79270	SALMON WELLINGTON 6OZ	16 pcs		\$100.00	
#73162	BACON WRAPPED SCALLOP Skewers	3.50kg, 25 skewers		\$120.00	
# 73827	SHRIMP 21-25 RAW PEELED & DEVEINED WHITE*	2lbs (21-25 pcs/lb)		\$35.00	
#70038	CKD PEI BLUE MUSSELS FZ	10X1LB		\$50.00	
<b>DESSERT</b>					
# 77909	DEEP DUTCH BROWNIE SHEETCAKE	2.33kg		\$35.00	
# 77986	NANAIMO BARS SHEETCAKE	3.06kg		\$35.00	
77898	CARAMEL CARROT CHEESECAKE	2.2kg		\$50.00	
78205	TURTLE CHEESECAKE	2.4kg		\$45.00	
78160	CAPPUCINO ICED VANILLA CAKE	1.75kg		\$30.00	
78027	CHOCOLATE SUPREME CAKE	5.90kg		\$75.00	
<b>SUMMER FEATURES</b>					
# 51010	BEEF SOUVLAKI KABOB 75G FZ	4.5kg, ~60pc		\$125.00	
# 54665	PORK SOUVLAKI KABOB 75G FZ	4.5kg, ~60pc		\$95.00	
# 61440	CHICKEN SOUVLAKI KABOB 75G FZ	4.5kg, ~60pc		\$105.00	
# 54001	PULLED PORK GLUTEN FREE FZ *	4.54kg, 2pkg		\$110.00	
# 59299	BEEF PULLED CKD GLUTEN FREE FZ *	4.54kg, 2pkg		\$130.00	



Thank you for supporting your local organization through this fundraiser!

Total:



# How To Talk About Suicide For Parents

When: March 15th 2022

Time: 6pm-7pm

Where: Virtual

with Guest Speakers from  
Center of Suicide Prevention

## Learning Objectives

- Exploring common myths and facts about suicide
- Building awareness of how and why people are impacted
- Understanding dynamics of protective and risk factors
- Learning a 4-step model for starting a conversation about suicide
- Identifying community resources for further help

**To register please contact Kristin at 403-877-7163**

*Family  
Resource  
Network*

## Ask an Expert Clinical Series – Parenting Conversation 2022

January 6, 2022 / in Events, News / by Team Member

### Ask an Expert – Parenting + Sexualized Behaviour Conversations With Our Clinical Expert

Join us for an informal 60 minute virtual session with our Child Therapist. Learn information related to parenting and supporting children and youth who display concerning sexualized behaviours.

Or maybe you want to join us to discuss a situation or behaviour your child is engaging in and get some advice on what is developmentally appropriate, how to support and respond.

Our expert will give a short overview of the Sexualized Behaviour Support Program (SBSP) and share about frequent concerns and conversations. This will leave plenty of time for participants to join in a discussion and to both privately and publicly ask questions.

#### Date:

Tuesday, March 29 from 4 p.m. to 5 p.m. via Zoom

Register via Eventbrite [here](#) for the March 29 session

**Tags:** child therapy, conversation, expert, parenting, Presentation

Share this entry

# HE SHOOTS HE S'MORES!

All ages welcome!

Join the Youth and First Responders for a fun winter hockey challenge that includes tobogganing, s'mores, games, hot dogs and more!



When: Friday March 11th

Hockey Game: 6pm-7:30pm

Tobogganing, Smore's, Hot Dogs 6pm-8pm

Where: Tobogganing at Raspberry Park

Hockey at Raspberry Park Outdoor Arena

Rink is on 54th ave and 37th st

Put on by Innisfail FRN, Innisfail Public Library, Innisfail FCSS  
and Youth Action

Please pre-register for  
hockey and food  
preparation purposes by  
contacting Kristin at  
403-877-7163



# Y.O.U DAY

SPEND THE DAY CREATING  
**YOUR OWN UNIVERSE**

**YOUTH AGES 13 TO 18  
JOIN US FOR A DAY ALL ABOUT YOU.**

**YOUTH WILL BE BUSED TO THE HALL, HAVE  
LUNCH, LISTEN TO SPEAKERS AND  
PARTICIPATE IN ACTIVITIES TO HELP CREATE  
A POSITIVE UNIVERSE AROUND THEM**

**TO REGISTER:  
SCAN QR CODE  
OR  
CALL THE FRN  
AT  
403-877-7110**



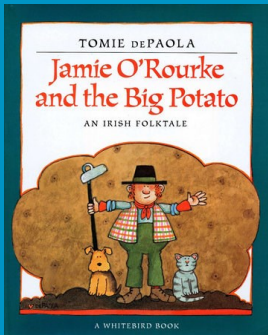
**SPACES LIMITED  
REGISTER TODAY**

**FRIDAY  
MARCH 25TH  
  
BOWDEN  
COMMUNITY  
HALL  
  
8:30AM -  
4:30PM**

## Literacy Education

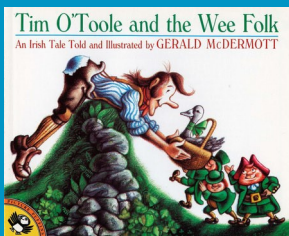
There are so many great picture books to capture the spirit of St. Patrick's Day. With all the four-leaf clovers, pots of gold, and favorite traditions, it can be a delightfully fun holiday for your little one.

### Jamie O'Rourke and the Big Potato by Tomie DePaola



This classic Irish folktale not only teaches a valuable lesson but is also sure to bring a smile to your child's face. Jamie O'Rourke is the laziest man in Ireland, and his farm is falling apart. When Jamie meets a leprechaun and starts growing an enormous potato, his luck seems to be changing — but could the world's largest potato be more than Jamie bargained for?

### Tim O'Toole and the Wee Folk by Gerald McDermott



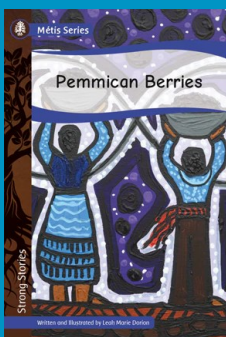
An oldie but goodie, Tim O'Toole and the Wee Folk has the rhythmic lilt of an old Irish tale. Tim O'Toole and his down-on-their-luck family are hoping to turn things around with the help of a band of leprechauns, but they'll have to steer clear of the no-good McGoons if they want to keep things on the up and up.

Don't forget to wear your green on the 17th!

## Indigenous Education

### Strong Stories Métis: Pemmican Berries by Leah Marie Dorion

Long ago, pemmican was a staple food for Métis people. At that time, it was made with dried and crushed buffalo meat mixed with grease and dried berries. Pemmican could last through the winter months in storage. What is a type of food that you know of that can last a long time?



# MARCH 2022

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1 Stay, Play & Learn 9:30am-11:00am (INN)  Impact Youth Club 3:30pm-4:30pm (INN)	2 Book Club (DEL) 12:30pm-1:30pm  Impact Youth Club 3:15pm-4:30pm(ELN)	3 Stay, Play & Learn 10am-11:30am (SV)  Lego Club 3-5yrs 1:30pm-2:30pm (INN)	4 PD DAY Active Kids 10am-11am (BOW)  Art Attack 1pm-2:30pm (INN)	5
6 PRE-REGISTRATION REQUIRED	7	8 Stay, Play & Learn 9:30am-11:00am (INN) Impact Youth Club 3:30pm-4:30pm (INN) Bravely Anchored 6pm-8pm (INN)	9 Book Club (DEL) 12:30pm-1:30pm  Lego Club 3:15pm-4:30pm (ELN)	10 Stay, Play and Learn 10am-11:30am (SV)  Game Night @ The Coffee Cottage 3:30pm-5pm (INN)	11 Stay, Play and Learn 10am-11am (BOW)  Lego Club 6-10yrs 3:30pm-4:30pm (INN)	12 Elnora Smore's and Games 10am-12pm (Elnora Campground)
6 CALL OR TEXT 403-877-7163 TO REGISTER	7 Creative Masters 5:30pm-6:30pm (PNELKE)	8 Stay, Play & Learn 9:30am-11:00am (INN) Impact Youth Club 3:30pm-4:30pm (INN) Suicide Prevention Webinar 6pm-7pm	9 Book Club (DEL) 12:30pm-1:30pm  Impact Youth Club 3:15pm-4:30pm(ELN)	10 Stay, Play & Learn 10am-11:30am (SV)  Lego Club 3-5yrs 1:30pm-2:30pm (INN)	11 Active Kids 10am-11am (BOW)  Art Attack 3:30pm-4:30pm (INN)	12
13	14 Stay, Play and Learn 10am-11am (SPBRK)	15 Stay, Play & Learn 9:30am-11:00am (INN) Impact Youth Club 3:30pm-4:30pm (INN) Suicide Prevention Webinar 6pm-7pm	16 Book Club (DEL) 12:30pm-1:30pm  Impact Youth Club 3:15pm-4:30pm(ELN)	17 Stay, Play & Learn 10am-11:30am (SV)  Lego Club 3-5yrs 1:30pm-2:30pm (INN)	18 Active Kids 10am-11am (BOW)  Art Attack 3:30pm-4:30pm (INN)	19
20	21 Creative Masters 5:30pm-6:30pm (PNELKE)	22 Stay, Play & Learn 9:30am-11:00am (INN) Impact Youth Club 3:30pm-4:30pm (INN) Bravely Anchored 6pm-8pm (INN)	23 Book Club (DEL) 12:30pm-1:30pm  Lego Club 3:15pm-4:30pm(ELN)	24 Stay, Play and Learn 10am-11:30am (SV)  Game Night @ FRN Office 3:30pm-5pm (INN)	25 PD DAY  Youth Day 10am-4pm	26 Dad and Me Build It 10am-12pm(ELN) (Elnora Legion)
27	28 Stay, Play and Learn 10am-11am (SPBRK)	29 Stay, Play and Learn 9:30am-11am (INN)  Impact Youth Club 3:30pm-4:30pm (INN)	30 Book Club (DEL) 12:30pm-1:30pm  Impact Youth Club 3:15pm-4:30pm (ELN)	31 Stay, Play and Learn 10am-11:30am (SV)  Lego Club 3-5yrs 1:30pm-2:30pm		
<p><b>Family Resource Network</b></p>						

# Active Kids

0-6yrs



**When: Every other Friday**  
**Where: Bowden Friendship Center**  
**Time: 10am-11am**

**March 4th: Freeze Tag, Listening Game, Balance Bean Bags**

**March 18th: Roll Dice Physical Activity**

**To pre-register please contact Kristin at 403-877-7163**

**Bowden & District Residents**

# **Income Tax Preparation**

**\*BY APPOINTMENT ONLY\***

*Will be held at the  
Olde Library Community Centre:*

**Friday, March 25, 12:00pm - 4:00pm**

**Saturday, April 2, 10:00am - 4:00pm**

**Saturday, April 23, 10:00am - 4:00pm**

Due to Covid-19 protocols, the Community Volunteer Income Tax Program dates will be by appointment only for the 2022 sessions.

To schedule an appointment, contact

**Bowden FCSS at 403-224-2207**

Please leave a message.



*The Volunteer Tax Service is for  
basic forms and is FREE for  
seniors, students &  
low income individuals.*

*No walk-in appointments will be  
available during the Tax  
Preparation dates. If you need an  
appointment outside these times or  
dates, please ask. Thank you.*



# In-Door Locations & Days

## Springbrook

### Stay, Play and Learn (0-6 yrs)

Where: Springbrook FCSS Building 3824- 21A St

When: Every Other Monday From 10am-11am

## Pine Lake

### Creative Masters (6-12 yrs)

Where: Pine Lake Community Hall 20 36366 Range Rd 252

When: Every Other Monday From 5:30pm-6:30pm

## Innisfail

### Stay, Play and Learn (0-6 yrs)

Where: Innisfail United Church 4720 48 Ave

When: Every Tuesday From 9:30am-11:00am

### Impact Youth Club (7+ yrs)

Where: Innisfail FRN Office 5035 49th St

When: Every Tuesday From 3:30pm-4:30pm

## Lego Club (6+ yrs)

When: Every Other Friday from 3:30pm-4:30pm

Where: FRN Office 5035 49th St

## Lego Club (3-5yrs)

When: Every other Thursday from 1:30pm-2:30pm

Where: FRN Office 5035 49 St

## Art Attack (13+yrs)

When: Every other Friday

Where: FRN Office 5035 49 St

## Game Nights (12+yrs)

When: Every other Thursday from 3:30pm-5pm

Where: FRN Office 5035 49 St and The Coffee Cottage 5112 49 Ave

## Elnora

### Impact Youth Club & Lego Club (7+yrs)

Where: Elnora Legion 4th Ave

When: Every Wednesday From 3:15pm-4:30pm

Lego Club will be held the opposite Wednesdays

## Delburne

### Delburne Book Club (Caregivers)

Where: Delburne United Church 2306 20th St

When: Every Wednesday From 12:30pm-1:30pm

## Spruce View

### Stay, Play and Learn (0-6 yrs)

Where: Spruce View Community Hall 2127 AB-54

When: Every Thursday From 10am-11:30am

## Bowden

Stay, Play and Learn (Every Other Friday) (0-6yrs)

Active Kids (Every Other Friday) (0-6 yrs)

Where: Bowden Friendship Club 2133 18 Ave

When: Every Friday From 10am-11am



Red Deer &  
District Club



# MINECRAFT

## GAMIN' GROUP

**VIRTUAL PROGRAM**

**MONDAYS | AGES 10-14**

**6:00PM - 7:30PM**



Contact [davidb@youthhq.ca](mailto:davidb@youthhq.ca)  
for more info on how to join

# YOUTH HQ

YOUTHQ.CA



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