

February 1, 2022

Bowden Grandview School

Grade 3

The grade 3 class loved building instruments and enjoying the beautiful weather in phys-ed.



What's Happening:

Tuesday, February 1

- Report Cards Gr 9-12
- Semester 2 Begins



In the second semester we are happy to Welcome Back Mrs. Barkshire and Mrs. Ludlow. We unfortunately have to say goodbye to Mrs. Jen Anderson. Mrs. Anderson has been such a fantastic addition to our BGS family. She has built very strong relationships with her students and has a passion to help her students be the best they can be. We hope she can be back to visit us as a guest teacher in the near future. Thank you to Mrs. Anderson for all she has done for us at BGS!



Sharing our values each day A Message from the Superintendent

In Chinook's Edge we are proud of our mission and vision statements, which continue to guide our every effort. This year more than ever, teachers and school staff have relied upon these words that guide our relationships, inform our work together, and impact the potential of each student. We all place a high value on relationships in Chinook's Edge and, although we have been challenged to maintain our usual high level of connectedness, we see many examples of our strength as a connected team of staff, students and families.

With respect to parents, we are proud of a number of ways we are connecting in a meaningful way:

Despite restrictions in our buildings, many of our schools are seeing strong participation in virtual School Council meetings.

Schools are also reporting a positive response to the new Parent Teacher Interview module provided through our new websites.

Grade 5-12 students and parents are accessing PowerSchool to see continual updates of student progress.

Our bus families are using a new app that allows our Transportation Team to communicate in real time each day – which is particularly vital during a cold season where every minute counts if you are waiting outside on a rural road.

Collaborating with our Parents Matter Committee continues to provide a meaningful exchange of ideas.

Being connected to our parents and to one another is key to our success in many ways. It has never been more important for us to remain understanding of each other, as we continue reaching towards the aspirations contained within our mission and vision statements so that all students can achieve success.

We would love to hear your thoughts through this month's [parent survey](#) – what word or phrase describes what you value most about your child's school?

Kurt Sacher
Superintendent of Schools

For Trustee updates and to read the latest Board eNews, please [click here](#).

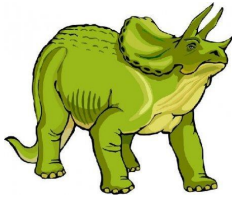
Mission:

Chinook's Edge School Division will engage every student in meaningful learning by challenging, encouraging and believing in them.

Vision:

Chinook's Edge School Division will be universally recognized as a collaborative learning community where learning is personalized for all students to achieve success as compassionate and innovative global citizens.

Kindergarten

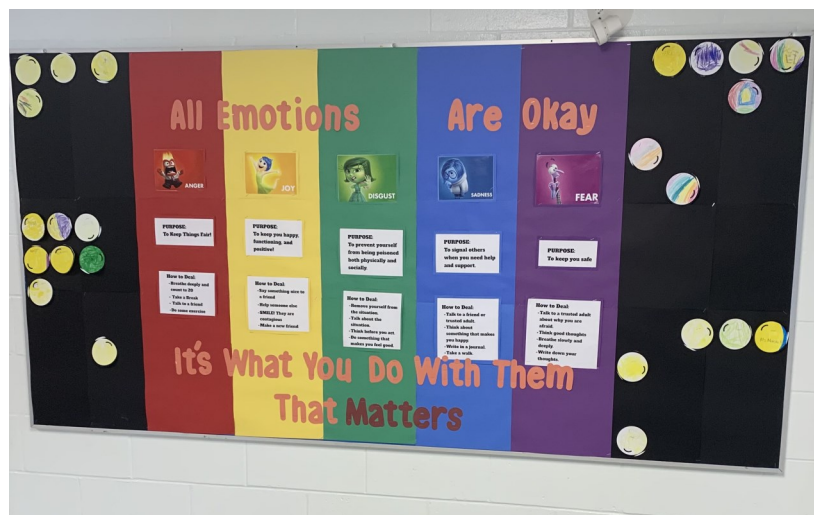


The BGS Kinders have had a ROAR-ing good January learning all about dinosaurs! They were lucky enough to host a visitor for their last week- Sara, the Triceratops! Sara even dug a nest, laid an egg and hatched her baby! Did you know dinosaurs laid two eggs in one of two types of nests: buried or open. How egg-cellent!



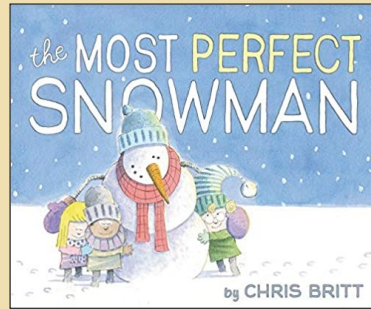
Rainbow Club

January Rainbow Club for grades 2-4 had the BGS kiddos talking about why we have different emotions. The kiddos colored memory spheres that represented the emotions they had today.



Grade 2

During literacy week, the Grade 2s read "The Most Perfect Snowman," a heartwarming story of kindness and friendship. At the end of the day, they headed onto the playground to build their own perfect snowman. Well, it wasn't great snowman-building snow, but we had just enough to make our own miniature "Drift the Snowman"! So fun :)



Grade 7 & Life Skills Bowling

Mrs. Weststrate treated the grade 7 class and the life skills students to a wrap up bowling adventure.



COVID-19 INFORMATION

COVID-19 ALBERTA HEALTH DAILY CHECKLIST (FOR CHILDREN UNDER 18)

OVERVIEW

This checklist applies for all children, as well as all students who attend kindergarten through Grade 12, including high school students over 18. Children should be screened every day by completing this checklist before going to school, childcare or other activities. Children may need a parent or guardian to assist them to complete this screening tool.

If your child has traveled outside Canada in the last 14 days, follow the [Government of Canada Travel, Testing, Quarantine and Borders](#) instructions, including any requirements for exempt travelers related to attending high-risk environments. International travellers who become a case of COVID-19 after arrival in Alberta should follow isolation requirements outlined by the Government of Canada

If your child has received a message from Public Health indicating that they are a case of COVID-19 or if your child has tested positive on [a rapid test](#), they are required to isolate as per [Public Health instructions](#). For more information on isolation requirements after a positive rapid test, refer to the [Rapid Testing at Home website](#).

Screening Questions for Children under 18:

1.	Has your child been a household contact of a case⁴ of COVID-19 in the last 14 days? A household contact: a person who lives in the same residence as the case OR who has been in frequent, long-duration, close-range interaction with a case of COVID-19. For example, someone who slept over, attended a birthday party or someone who was a play date with a case.	YES	NO
If child answered "YES" AND they are NOT fully immunized⁵: <input type="checkbox"/> Child should stay home and NOT attend school, childcare and/or other activities for 14 days from the last day of exposure and monitor for symptoms If child answered "YES" and they are fully immunized⁵ proceed to question 2: If child answered "NO" to question 1, proceed to question 2			
2.	Does the child have any new onset (or worsening) of the following core symptoms:		
	Fever Temperature of 38 degrees Celsius or higher	YES	NO
	Cough Continuous, more than usual, not related to other known causes or conditions such as asthma	YES	NO
	Shortness of breath Continuous, unable to breathe deeply, not related to other known causes or conditions such as asthma	YES	NO
	Loss of sense of smell or taste Not related to other known causes or conditions like allergies or neurological disorders	YES	NO
If the child answered "YES" to any symptom in question 2: If the child is fully immunized ⁵ they are required to isolate for 5 days from onset of symptoms or until symptoms resolve whichever is longer. They must wear a mask for up to 5 days after their isolation period if you are outside of the home in a public place or otherwise in the company of other persons out of your household (no exceptions permitted) OR If they are NOT fully immunized ⁵ , they must isolate for 10 days from the onset of symptoms or until they resolve ³ whichever is longer OR Until symptoms resolve ³ if they receive a negative PCR COVID-19 test OR Until symptoms resolve ³ if they receive two negative rapid antigen tests, with at least 24 hours between tests			
<input type="checkbox"/> They can use an at-home rapid test if available or the AHS Online Assessment Tool or call Health Link 811 to arrange for testing and to receive additional information on isolation.			
If the child answered "NO" to all of the symptoms in question 2, proceed to question 3.			

They can use an [at-home rapid test if available](#) or the [AHS Online Assessment Tool](#) or call Health Link 811 to arrange for testing and to receive additional information on isolation.

If the child answered “NO” to all of the symptoms in question 2, proceed to question 3.

3. Does the child have any new onset (or worsening) of the following other symptoms:		
Chills Without fever, not related to being outside in cold weather	YES	NO
Sore throat/painful swallowing Not related to other known causes/conditions, such as seasonal allergies or reflux	YES	NO
Runny nose/congestion Not related to other known causes/conditions, such as seasonal allergies or being outside in cold weather	YES	NO
Feeling unwell/fatigued Lack of energy, poor feeding in infants, not related to other known causes or conditions, such as depression, insomnia, thyroid dysfunction or sudden injury	YES	NO
Nausea, vomiting and/or diarrhea Not related to other known causes/conditions, such as anxiety, medication or irritable bowel syndrome	YES	NO
Unexplained loss of appetite Not related to other known causes/conditions, such as anxiety or medication	YES	NO
Muscle/joint aches Not related to other known causes/conditions, such as arthritis or injury	YES	NO
Headache Not related to other known causes/conditions, such as tension-type headaches or chronic migraines	YES	NO
Conjunctivitis (commonly known as pink eye)	YES	NO

If the child answered “YES” to ONE symptom in question 3:
Keep your child home and monitor for 24 hours and consider giving child an [at-home rapid test](#). If the test is positive or negative see below for further instructions.

If [at-home rapid testing](#) is not done and the symptom is improving after 24 hours, your child can return to school and activities when they feel well enough to go.

If the symptom **does not improve or worsens** after 24 hours (or if additional symptoms emerge), use an [at-home rapid test](#) if available or the [AHS Online Assessment Tool](#) or call Health Link 811 to check if testing is recommended.

If the child answered “YES” to TWO OR MORE symptoms in question 3:
Keep your child home
Use an [at-home rapid test](#) if available or use the [AHS Online Assessment Tool](#) or call Health Link 811 to determine if testing is recommended.

For at-home rapid testing result instructions for those without symptoms:
If an [at-home rapid test](#) is done and is negative, they can return to school and activities as long as they remain asymptomatic.

If [at-home rapid](#) test is positive, the child is required to isolate as outlined above for **question 2**.

If the child answered “NO” to all questions:
Your child may attend school, childcare and/or other activities

Please note: If your child is experiencing any symptoms from the lists above, do not bring them to visit a continuing care or acute care facility for 10 days from when symptoms started or until symptoms resolve (whichever is longer), unless they receive a negative PCR COVID-19 test result or two negative rapid test results at least 24 hours apart **and** feel better.

CANCELLED
POSTPONED

BGS Spellathon

The BGS Spellathon has been cancelled again for the 2021-22 school year.

We thank our families for their overwhelming support of our elementary fundraiser over the years. It is because of your generosity that we have been able to scale back our fundraising efforts during these unprecedented times.

We look forward to a splashy Spellathon next year!!!



Ready, Set, Go!

Welcome to Kindergarten

**Online Kindergarten
Registration for the
2022-2023 school year
begins on January 10!**



Literacy Education

February is a month that we celebrate Random Act of Kindness Day (February 17th) and Pink Shirt Day. We continue to celebrate what makes us special and accept how others can enrich us all. This month, we have some pretty cute texts to share with you. Have you read them yet?

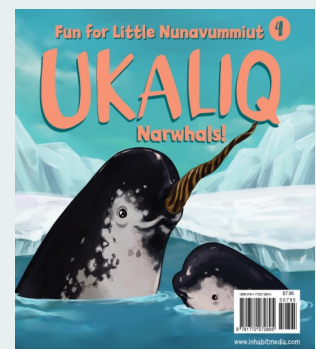
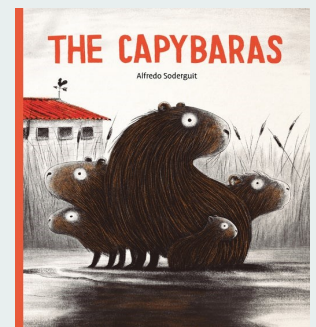
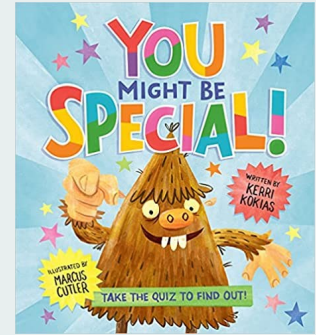
You Might be Special! is a funny interactive quiz style book that asks what makes us special and celebrates the most special of all - YOU! Kerri Kokias seamlessly blends silly humor with an upbeat message of self-acceptance in this charming interactive picture book. This winning book highlights social-emotional learning as it reinforces a positive self-image. And it's just plain fun!

For kids ages 4-8, a charming and hilarious tale about capybaras: the beloved animal sensation capturing children's hearts!

Capybaras are the world's biggest rodents. They look like giant guinea pigs! They're cute, cuddly, calm and the star of the show in this book.

Indigenous Education

Have you ever ordered Indigenous Books from <https://inhabiteducationbooks.com/?> Their mission statement states: Inhabit Education Books is a Nunavut-based educational publishing company with a mandate to provide educators and parents with educational resources that are infused with authentic Northern perspectives, ways of life, and imagery.



READ



We are currently looking for School bus drivers in all areas. If you are interested in becoming a school bus driver please apply online at www.cesd73.ca under Careers/
Casual

Support Staff, by email at transportation@cesd73.ca or by calling our office at 403-227-7072

Chinook's Edge is one of the largest school divisions in the province, serving over 11,000 students in 43 Central Alberta schools between Calgary and Red Deer. Our schools are located in 13 small communities that sprawl east and west from the Highway 2 corridor, conveniently providing Chinook's Edge staff and families with the best of both worlds



Attention Parents of Teens!

Get the latest:

- help communicating with your teen.
- direction with discipline.
- insight into today's teen issues.

Active Parenting
of **Teens :)**™

third edition

Sponsored by: _____

Dates: February 2nd, 9th, 16th & 23rd

Time: 5:00 - 7:00pm

Location: Innisfail Family Resource Network

For info or to register, contact: _____

Pre-registration required, please call or text

Kristin McBride at 403-877-7163

ACTIVE PARENTING™
PUBLISHERS

www.ActiveParenting.com

Sign up today!

Over 3 million parents have taken an Active Parenting video-based course. Sign up today and see the difference in your teen:

- More cooperation
- Better behavior
- Improved grades
- Greater confidence

... and happier family life for all of you.



Your future is not a
matter of CHANCE ...

it's a matter of
CHOICE.

Take a

TEENS IN ACTION

course.

Because
it's
YOUR
life.

**YOU HAVE THE POWER
TO SHAPE YOUR OWN FUTURE.**
WE'LL SHOW YOU HOW.

There's no doubt that the teen years are tough, but this can also be the best time of your life. Teens in Action will help you make the most of being a teenager and figure out where to go from here. Each session is packed with not-boring activities, not-lame discussion, and not-stupid videos on topics that actually matter...not just the stuff parents think matters. :-)

Even better...you'll learn skills you can start using *now* to make positive changes in your life.

You'll learn how to communicate better, solve problems creatively, get along with all kinds of people (including adults), and a lot more. Use these skills to start creating the life you want for yourself. Teens in Action is about learning how to take control. Because it's YOUR life.

Sign up today!

Sponsored by: _____

Dates: February 2nd, 9th, 16th & 23rd

Time: 5:00 - 7:00pm

Location: Innisfail Family Resource Network

For info or to register, contact: Pre-registration required, please call or text Kristin McBride at 403-877-7163

**Active
Parenting**
PUBLISHERS
Every stage. Every step.

www.ActiveParenting.com

Lego Club

Ages 6-10yrs

Join me for some Lego fun!

Lego Club runs every other Friday and will now take place at the FRN office.

Pre-registration is required as limited spaces are available

Please contact Kristin at
403-877-7163

Starts Friday January 14th
from 3:30pm-4:30pm at
the FRN office



FAMILY SUPPORT PROGRAM

The FRN Family Support program serves families with children aged 0-18.

This programming is intended to build parental/caregiver resiliency and is focused on the family unit to promote family wellness.

Programs are flexible and goal oriented to fit each family's specific needs with a focus on strengthening protective factors and reducing risk factors for all members of the family.

FOR MORE INFORMATION:

403-877-7110

jenny.crumley@mcmancentral.ca



Red Deer &
District Club



MINECRAFT

GAMIN' GROUP

VIRTUAL PROGRAM

MONDAYS | AGES 10-14

6:00PM - 7:30PM



Contact davidb@youthhq.ca
for more info on how to join

YOUTH HQ

YOUTHQ.CA



YOUTH HQ 4633 49 Street 403-342-6500

  @MothersFirstRD



February Self-Care Series for Moms!

Who is this for:

- any mom who has an infant up to the age of 2 years
- who is interested in learning more about self-care
 - or wants to increase their self-care
 - lives in Central Alberta

Access FREE, weekly pre-recorded education sessions provided by professionals on topics all moms need to hear!

Topics include:

Mom Guilt
Creating Space for Self-Care
Anxiety to Calm
Mindfulness for Moms
The 4th Trimester

Opportunity to be entered into a draw to win one of FOUR prizes valued at \$150!

email christine.laval@ahs.ca before
January 28, 2022 in order to register!

