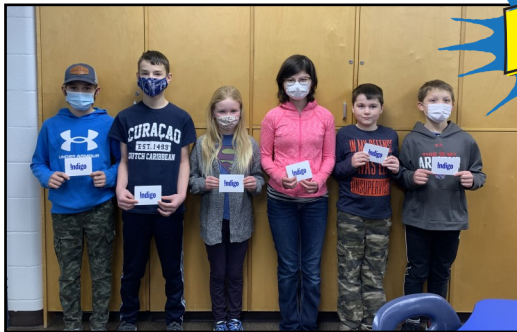


January 24, 2022

Bowden Grandview School

Bowden Grandview School

read 18,806,337 words!



Top Readers in each grade:

Grade 2– Asher MacLennan, Grade 3—Owen Pike, Grade 4—Jaxon Morin, Grade 5-Emily Wood, Grade 6-Caleb Barnim, Grade 7– Grayson Strauss, Grade 8-Brody Willert, Grade 9-Azia Salsbury received a \$20.00 gift certificate to Chapters

Top Class: Grade 6 enjoyed a pizza lunch!

Top Over all Reader is Caleb Barnim reading 3,039,166 words!
Outstanding performance Caleb!



Thank you

A special thank you to FOG for sponsoring our Accelerated Reader prizes!

What's Happening:

Jan 24-28—Exam week

Jan 31—No School

- Organizational day

Tuesday, Feb 1

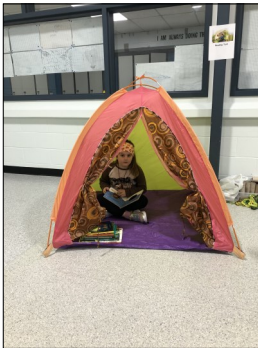
- 1st day of semester 2

Literacy Day

January 19th



Kindergarten Campout



COVID-19 INFORMATION

COVID-19 ALBERTA HEALTH DAILY CHECKLIST (FOR CHILDREN UNDER 18)

OVERVIEW

This checklist applies for all children, as well as all students who attend kindergarten through Grade 12, including high school students over 18. Children should be screened every day by completing this checklist before going to school, childcare or other activities. Children may need a parent or guardian to assist them to complete this screening tool.

If your child has traveled outside Canada in the last 14 days, follow the [Government of Canada Travel, Testing, Quarantine and Borders](#) instructions, including any requirements for exempt travelers related to attending high-risk environments. International travellers who become a case of COVID-19 after arrival in Alberta should follow isolation requirements outlined by the Government of Canada

If your child has received a message from Public Health indicating that they are a case of COVID-19 or if your child has tested positive on [a rapid test](#), they are required to isolate as per [Public Health instructions](#). For more information on isolation requirements after a positive rapid test, refer to the [Rapid Testing at Home website](#).

Screening Questions for Children under 18:

1.	Has your child been a household contact of a case⁴ of COVID-19 in the last 14 days? A household contact: a person who lives in the same residence as the case OR who has been in frequent, long-duration, close-range interaction with a case of COVID-19. For example, someone who slept over, attended a birthday party or someone who was a play date with a case.	YES	NO
If child answered "YES" AND they are NOT fully immunized⁵: <input type="checkbox"/> Child should stay home and NOT attend school, childcare and/or other activities for 14 days from the last day of exposure and monitor for symptoms If child answered "YES" and they are fully immunized⁵ proceed to question 2: If child answered "NO" to question 1, proceed to question 2			
2.	Does the child have any new onset (or worsening) of the following core symptoms:		
	Fever Temperature of 38 degrees Celsius or higher	YES	NO
	Cough Continuous, more than usual, not related to other known causes or conditions such as asthma	YES	NO
	Shortness of breath Continuous, unable to breathe deeply, not related to other known causes or conditions such as asthma	YES	NO
	Loss of sense of smell or taste Not related to other known causes or conditions like allergies or neurological disorders	YES	NO
If the child answered "YES" to any symptom in question 2: If the child is fully immunized ⁵ they are required to isolate for 5 days from onset of symptoms or until symptoms resolve whichever is longer. They must wear a mask for up to 5 days after their isolation period if you are outside of the home in a public place or otherwise in the company of other persons out of your household (no exceptions permitted) OR If they are NOT fully immunized ⁵ , they must isolate for 10 days from the onset of symptoms or until they resolve ³ whichever is longer OR Until symptoms resolve ³ if they receive a negative PCR COVID-19 test OR Until symptoms resolve ³ if they receive two negative rapid antigen tests, with at least 24 hours between tests			
<input type="checkbox"/> They can use an at-home rapid test if available or the AHS Online Assessment Tool or call Health Link 811 to arrange for testing and to receive additional information on isolation.			
If the child answered "NO" to all of the symptoms in question 2, proceed to question 3.			

They can use an [at-home rapid test if available](#) or the [AHS Online Assessment Tool](#) or call Health Link 811 to arrange for testing and to receive additional information on isolation.

If the child answered “NO” to all of the symptoms in question 2, proceed to question 3.

3. Does the child have any new onset (or worsening) of the following other symptoms:		
Chills Without fever, not related to being outside in cold weather	YES	NO
Sore throat/painful swallowing Not related to other known causes/conditions, such as seasonal allergies or reflux	YES	NO
Runny nose/congestion Not related to other known causes/conditions, such as seasonal allergies or being outside in cold weather	YES	NO
Feeling unwell/fatigued Lack of energy, poor feeding in infants, not related to other known causes or conditions, such as depression, insomnia, thyroid dysfunction or sudden injury	YES	NO
Nausea, vomiting and/or diarrhea Not related to other known causes/conditions, such as anxiety, medication or irritable bowel syndrome	YES	NO
Unexplained loss of appetite Not related to other known causes/conditions, such as anxiety or medication	YES	NO
Muscle/joint aches Not related to other known causes/conditions, such as arthritis or injury	YES	NO
Headache Not related to other known causes/conditions, such as tension-type headaches or chronic migraines	YES	NO
Conjunctivitis (commonly known as pink eye)	YES	NO

If the child answered “YES” to ONE symptom in question 3:
Keep your child home and monitor for 24 hours and consider giving child an [at-home rapid test](#). If the test is positive or negative see below for further instructions.

If [at-home rapid testing](#) is not done and the symptom is improving after 24 hours, your child can return to school and activities when they feel well enough to go.

If the symptom **does not improve or worsens** after 24 hours (or if additional symptoms emerge), use an [at-home rapid test](#) if available or the [AHS Online Assessment Tool](#) or call Health Link 811 to check if testing is recommended.

If the child answered “YES” to TWO OR MORE symptoms in question 3:
Keep your child home
Use an [at-home rapid test](#) if available or use the [AHS Online Assessment Tool](#) or call Health Link 811 to determine if testing is recommended.

For at-home rapid testing result instructions for those without symptoms:
If an [at-home rapid test](#) is done and is negative, they can return to school and activities as long as they remain asymptomatic.

If [at-home rapid](#) test is positive, the child is required to isolate as outlined above for **question 2**.

If the child answered “NO” to all questions:
Your child may attend school, childcare and/or other activities

Please note: If your child is experiencing any symptoms from the lists above, do not bring them to visit a continuing care or acute care facility for 10 days from when symptoms started or until symptoms resolve (whichever is longer), unless they receive a negative PCR COVID-19 test result or two negative rapid test results at least 24 hours apart **and** feel better.

CANCELLED
POSTPONED

BGS Spellathon

The BGS Spellathon has been cancelled again for the 2021-22 school year.

We thank our families for their overwhelming support of our elementary fundraiser over the years. It is because of your generosity that we have been able to scale back our fundraising efforts during these unprecedented times.

We look forward to a splashy Spellathon next year!!!



Ready, Set, Go!

Welcome to Kindergarten

**Online Kindergarten
Registration for the
2022-2023 school year
begins on January 10!**



Literacy Education

To continue with our Family Literacy Day theme Learning in the Great Outdoors, *The Snow Rabbit* by Georgiana Deutsch is a great share! Bear is always grumpy and all the animals are afraid of him. No one dares to go to his beautiful yard. Until Rabbit does, because she believes all Bear needs is some cheering up! I love this read so much because it shows the reader that Bear is grumpy because he is lonely, he is sad and by not knowing how to manage his feelings, he ends up pushing people away.

A great read to warm hearts and teach/remind us about compassion, empathy and kindness. The world always needs "Rabbits".

Indigenous Education

OKI, DANIT'ADA, UMBA-WATICH, TAWNSHI, TANSI, HELLO!

How many of you have had the opportunity to visit Blackfoot Crossing Historical Park? Not only do they do tours but there are wonderful learning opportunities there. Have you ever wanted to learn another language? Blackfoot crossing posts new language lessons every month! To learn a few new words, check out: <https://www.youtube.com/watch?v=Yts1mBwoBwk>

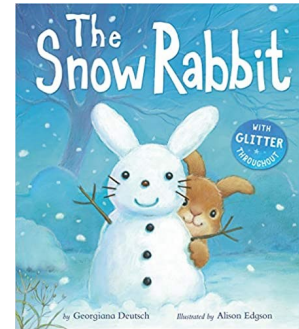
LOCAL AUTHOR - Information from Calgary Library

Âba Wathtech Înâ Mâkoche (It is a Good Day, Mother Earth) by Sheri Shotclose

This tale is about a young girl greeting the day and acknowledging her Stoney Nakoda family and the beautiful natural world in which she lives.

Sheri Shotclose is a Stoney Nakoda member of the Bearspaw First Nation. She lives in Calgary and works in Morley as a high school art teacher. She is currently working on her Master of Education with a focus on Aboriginal Wellness. She is working to reconnect with her roots, reclaim her identity, and recover from the effects of inter-generational trauma. This book has helped her share this passion with her children, grandchildren, and others, re-learning her language and giving back to her community.

You can access her book and other Indigenous authors at various Calgary Libraries.



READ



We are currently looking for School bus drivers in all areas. If you are interested in becoming a school bus driver please apply online at www.cesd73.ca under Careers/Casual

Support Staff, by email at transportation@cesd73.ca or by calling our office at 403-227-7072

Chinook's Edge is one of the largest school divisions in the province, serving over 11,000 students in 43 Central Alberta schools between Calgary and Red Deer. Our schools are located in 13 small communities that sprawl east and west from the Highway 2 corridor, conveniently providing Chinook's Edge staff and families with the best of both worlds

JANUARY 2022

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						1
Pre-registration is required						
2 CALL OR TEXT 403-877-7163 TO REGISTER	3 Stay, Play and Learn 10am-11am (SPBRK)	4 Stay, Play & Learn 9:30am-10:45am (INN) Impact Youth Club 3:30pm-4:30pm (INN)	5 Stay, Play and Learn 11:30am-12:30pm (DEL) Impact Youth Club 3:30pm-4:30pm (ELN) Active Parenting First 5 years 6pm-7:30pm (INN)	6 Stay, Play and Learn 10am-11:30am (SV)	7 Active Kids 10am-11am (BOW) Art Attack Zoom 4pm-5pm (ZOOM)	8 Circle of Security 10am-12pm (INN)
9	10 Creative Masters 5:30pm-6:30pm (PNELKE) Basic Budgeting Webinar 7pm-8pm (ZOOM)	11 Stay, Play & Learn 9:30am-10:45am (INN) Impact Youth Club 3:30pm-4:30pm (INN)	12 Stay, Play and Learn 11:30am-12:30pm (DEL) Impact Youth Club 3:30pm-4:30pm (ELN) Active Parenting First 5 Years 6pm-7:30pm (INN)	13 Stay, Play & Learn 10am-11:30am (SV)	14 Stay, Play and Learn 10am-11am (BOW) Lego Club 3:30pm-4:30pm (INN)	15 Circle of Security 10am-12pm (INN)
16	17 Stay, Play and Learn 10am-11am (SPBRK) Suicide Prevention Webinar 5:30pm-6:30pm (ZOOM)	18 Stay, Play & Learn 9:30am-10:45am (INN) Impact Youth Club 3:30pm-4:30pm (INN)	19 Stay, Play and Learn 11:30am-12:30pm (DEL) Impact Youth Club 3:30pm-4:30pm (ELN) Active Parenting First 5 Years 6pm-7:30pm (INN)	20 Stay, Play and Learn 10am-11:30am (SV)	21 Active Kids 10am-11am (BOW) Art Attack Zoom 4pm-5pm (ZOOM)	22 Circle of Security 10am-12pm (INN)
23	24 Creative Masters 5:30pm-6:30pm (PNELKE)	25 Stay, Play and Learn 10am-11am (INN) Impact Youth Club 3:30pm-4:30pm (INN)	26 Stay, Play and Learn 11:30am-12:30pm (DEL) Impact Youth Club 3:30pm-4:30pm (ELN) Active Parenting First 5 Years 6pm-7:30pm (INN)	27 Stay, Play and Learn 10am-11:30am (SV)	28 Stay, Play and Learn 10am-11am (BOW) Lego Club 3:30pm-4:30pm (INN)	29 Circle of Security 10am-12pm (INN) Skate Day (Bowden) 10am-12pm
Family Resource Network	31 PD DAY Stay, Play and Learn 10am-11am (SPBRK) Paint Day With Nic (Bowden) 1pm-2:30pm					

Lego Club

Ages 6-10yrs

Join me for some Lego fun!

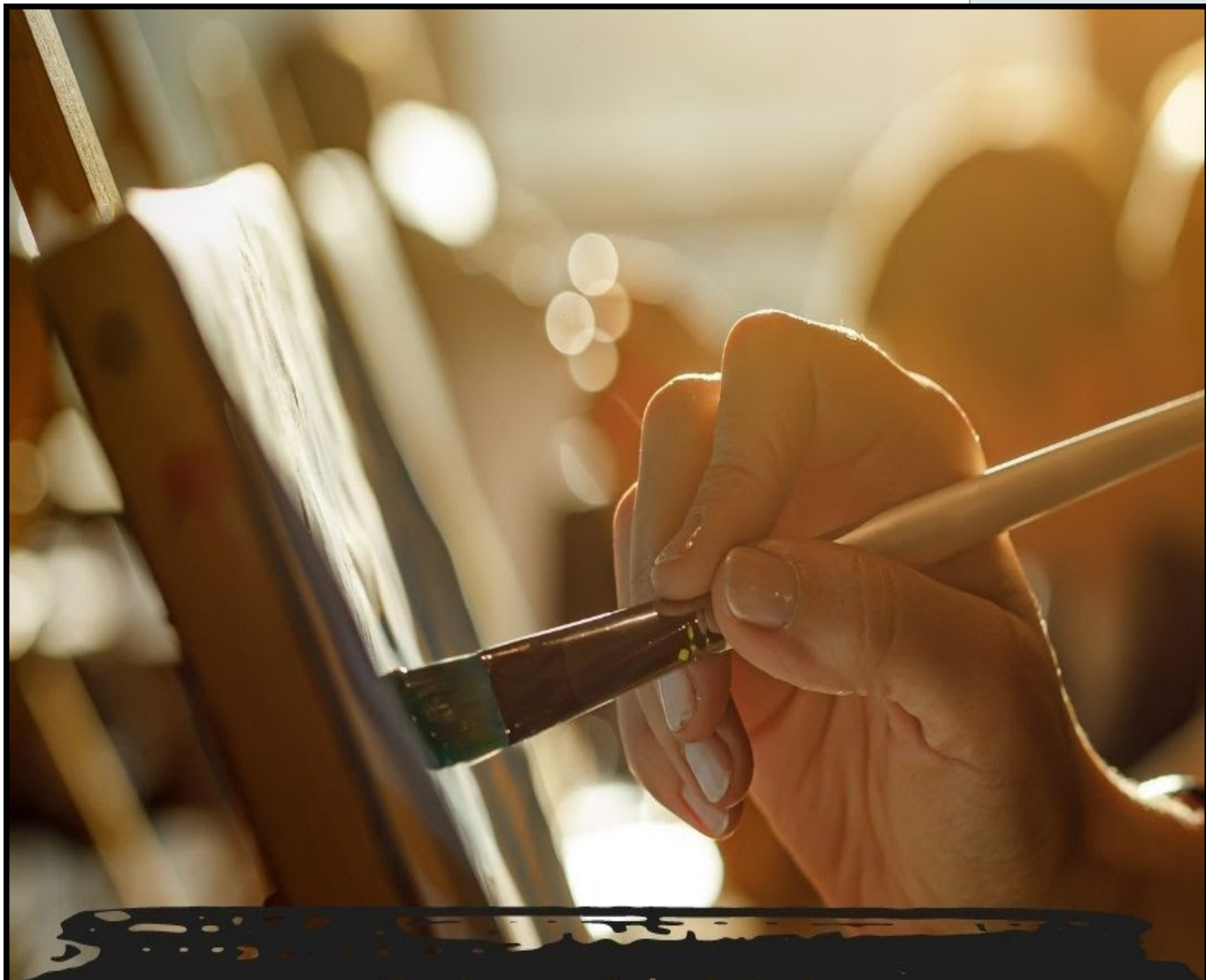
Lego Club runs every other Friday and will now take place at the FRN office.

Pre-registration is required as limited spaces are available

Please contact Kristin at
403-877-7163

Starts Friday January 14th
from 3:30pm-4:30pm at
the FRN office





Paint with Nic!

Join Kristin and Nic for
a fun afternoon of
painting for Bowden
kids 12+



We will be at the Bowden
Friendship Center Monday
January 30th from 1pm-
2:30pm

Pre-registration is required as there are limited spaces
Please contact Kristin at 403-877-7163



Innisfail and Area FRN

Family
Resource
Network

FAMILY SUPPORT PROGRAM

The FRN Family Support program serves families with children aged 0-18.

This programming is intended to build parental/caregiver resiliency and is focused on the family unit to promote family wellness.

Programs are flexible and goal oriented to fit each family's specific needs with a focus on strengthening protective factors and reducing risk factors for all members of the family.

FOR MORE INFORMATION:

403-877-7110

jenny.crumley@mcmancentral.ca



Red Deer &
District Club



MINECRAFT

GAMIN' GROUP

VIRTUAL PROGRAM

MONDAYS | AGES 10-14

6:00PM - 7:30PM



Contact davidb@youthhq.ca
for more info on how to join

YOUTH HQ

YOUTHQ.CA



YOUTH HQ 4633 49 Street 403-342-6500

Alberta

Provincial Family
Resource Networks

Join us for

ART ATTACK

January 3, 10, 17, 24 & 31 from 1:00–3:00pm
@ Bower Community Centre (85 Boyce Street)

or

January 5, 12 & 26 from 2:00–3:00pm Virtually

WE WILL BE CREATING A FUN
NEW ART PROJECT EACH WEEK!



****Registration required (48 hours in advance for virtual)****

Call/Text Timi @ 403-896-4820

Email: timi.everett@mcmancentral.ca

**Red Deer Family
Resource Network
Ages 0-6**

  @MothersFirstRD



Who is this for:

- any mom who has an infant up to the age of 2 years
- who is interested in learning more about self-care
 - or wants to increase their self-care
 - lives in Central Alberta

Access FREE, weekly pre-recorded education sessions provided by professionals on topics all moms need to hear!

Topics include:

Mom Guilt
Creating Space for Self-Care
Anxiety to Calm
Mindfulness for Moms
The 4th Trimester

Opportunity to be entered into a draw to win one of FOUR prizes valued at \$150!

email christine.laval@ahs.ca before
January 28, 2022 in order to register!

