

DECEMBER 13, 2021

Bowden Grandview School

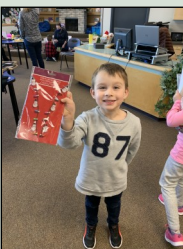
Merry Christmas and
Happy New Year from
the staff of Bowden
Grandview
School



LITTLE SHOPPERS

Little Shoppers is a temporary Christmas store located in the library for students to shop for their parents, siblings and grandparents. Students may purchase items for \$1.00, wrap and label to take home for Christmas gifts. All proceeds go to Bowden Silent Santa and is sponsored by Friends of Grandview.

Little Shoppers was a huge success. **Thank you** to our community for all the outstanding donations!



Little Shoppers raised \$488.60 towards
the Bowden Silent Santa program.

What's Happening:

Tuesday, December 14

- PAC Meeting @ 12:00

Thursday, December 16

- BGS Christmas Concert on line

Friday, December 17

- PJ Day



Elementary

Christmas Concert

Enjoy the performances of our K-Gr. 6 students in your own home this year!

We will post a video link on Thurs. Dec. 16 on your child's Google Classroom.

Make some hot chocolate.... sit back.... enjoy the show!

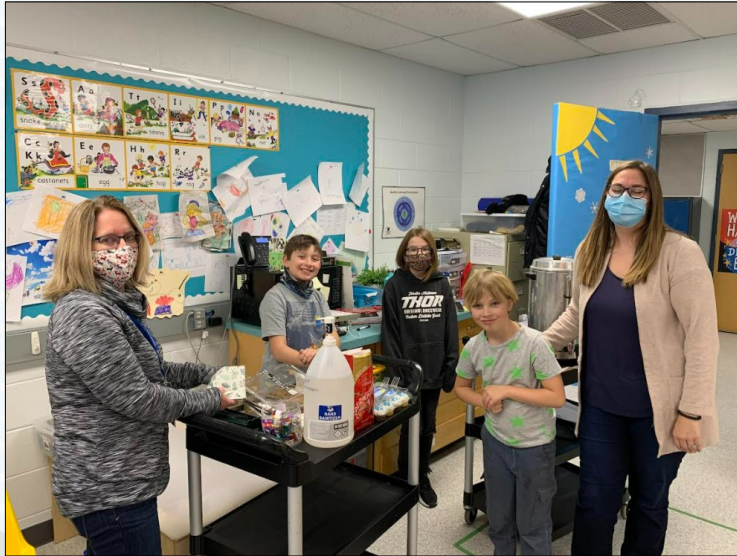


RAINBOW CLUB NEWS

Rainbow Club's focus for November was Acts of Kindness. What is something you can do everyday to spread kindness in our school? Let's make our school a kinder place to be. Our kiddos then were challenged to write their kind acts on a light bulb and "light up" our bulletin board.

December didn't give us much time to meet, but a few Rainbow Club kiddos spread kindness to the BGS staff by delivering coffee, tea and treats!

Way to show your kind hearts, Rainbow Kids!



Grades 1-6 parents: Swimming lessons start in the new year. Please remember to go online, sign the permission form and pay your swim fees



BGS School Council

We invite all parents to join us for monthly meetings (currently online via Google Meet) at 12:00. These meetings connect our parents to discuss current school events and happenings. Parents are given an opportunity to engage with school staff and administration, our CESD trustee, and Town of Bowden councilor representative as well as other BGS parents. Our goal is to have at least one parent from each grade level join us, although the more the better.

Please contact [Jeff Thompson](#) (principal) or [Alahna Hunter](#) (School Council Chair) if you would like to be added to our Google Meet invitation list. Our January meeting will be on the 18th at noon. Other upcoming meetings will be February 15, March 15, April 6 (Weds), May 17 and June 21.

Bowden Grandview School Parent FAQs

In hopes of continuing to improve our communication with our parents and school community we would like to begin a new question and answer corner in our newsletter. If you have a general school inquiry we would like to post the questions with an answer in our newsletter. Please send your questions to [Jeff Thompson](#) (principal) and we will include them with answers in our newsletter.

Question #1: *What is the current state of field trips at BGS?*

Answer: We, currently, are allowed to offer "in province" field trips. These include class educational and athletic trips. Online permission forms are sent out via email for parents to provide their consent and a link to the Quick Pay portal is included to pay for any fees associated with the trip. Normal field trip guidelines and [Administrative Procedures](#) apply.

Question #2: *What is the YES (Youth Empowerment and Support) program?*

Answer: Emily Smith is our BGS YES success coach. The YES program is part of the Mental Health Capacity Building (MHCB) in Schools Initiative. We work to promote positive mental health in children, youth, and families. The MHCB initiative is based on research and best practice literature that demonstrates that mental and emotional wellbeing can be developed, nurtured and supported through promotion and prevention efforts.

Success Coaches are expected to deliver universal mental health promotion and prevention programming. Universal programming is facilitated in classroom settings with teaching staff present with the intention to build capacity.

So far this year Miss Smith has been in Grade 1, 3, 4 and 5 facilitating universal programming. These programs cover a variety of topics including empathy, coping with stress, positive self talk, emotion regulation and understanding and much more. These programs are intended to give students skills and tools to have healthy peer relationships and the capacity to cope with life's ups and downs. By the end of the year each grade from kindergarten to grade 8 will have received universal programming.

YES also offers lunchtime and after school programming. So for this year Miss Smith has offered a book club, a super buddies club, a tech deck/lego club, a craft club, a cooking club, and a crochet club. These clubs are intended to help participants foster healthy relationships with peers in a controlled environment as well as learn something new and be creative. It also allows her to develop a relationship with the students in a fun environment so they have an extra layer of support in the school that they can feel safe approaching.

Ways to Build Assets During the Holidays

The holidays are a great time to reconnect as a family. These small, but meaningful connections can help build assets in your child.

40 Developmental Assets are building blocks that children and youth need as a foundation for growing up healthy!

Strong family relationships are the very heart of asset development.

Here are some ideas to help your family grow closer and maintain a positive atmosphere at home.



Have your child teach you something new.

Get to know your children's friends and invite them along to one or more of your great holiday activities.

Plan and cook a meal together as a family.

Build a snowman together, then warm up with some hot chocolate.

MERRY CHRISTMAS

Make holiday crafts together.

Have a screen free day. Get active.

Talk about family traditions.

Walk around the neighborhood to look at festive lights and decorations. Say hello to the neighbours that you see.

Shovel your neighbours' driveway together.

Curl up as a family and watch a favourite holiday movie.

Volunteer together.

Go tobogganing.

goal of SPARC Red Deer is to educate and excite our community on building blocks that all children and youth need in order to thrive, which includes the 40 Developmental Assets.

Best wishes,

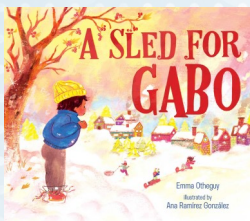
SPARC Red Deer, Strengthening Positive Assets & Resiliency in Communities

403.896.9431 | www.sparcreddeer.ca |



Literacy Education

We celebrate Christmas to share our lives; and we do it by engaging in the most ordinary acts of love and joy: by sharing food, by spending some time with those closest to us, and by offering gifts so that they might bring a little happiness to someone else. The last few books highlighted this year are books about understanding the real meaning of Christmas.



A Sled for Gabo by Emma Otheguy is a heartwarming classic in the making about a young boy who is in a new town and doesn't have much, but with the help of a loving community discovers the joys of his first snowy day.



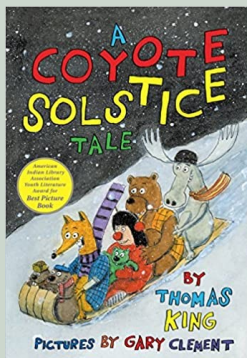
The Island of Misfit Toys by Brenden Deneen (GRAPHIC NOVEL)

Two days before Christmas, a terrible snowstorm arrives and Charlie-in-the-Box is lost at sea! King Moonracer quickly puts together a band of Misfit Toys to rescue him. Together with Yukon Cornelius and Bumble, the Abominable Snow Monster, the Misfits embark on their greatest adventure yet!



Finding Christmas by Lezlie Evans is a story about Squirrel, Mouse, and Hare; who are getting ready for Christmas. While Mouse is out looking for the perfect gift for Hare, she finds Swallow sick in the snow. The three friends bring Swallow home and try to nurse the bird back to health. Squirrel and Mouse realize their Christmas gifts will help Swallow get well. As they give up their presents to help Swallow, they find the Christmas spirit.

Indigenous Education



Often described as one of the finest contemporary Indigenous writers in North America, Thomas King is a novelist, short story writer, scriptwriter, and photographer. King's A Coyote Solstice Tale is a story about Coyote, who is having friends over for a little solstice party in the woods when a little girl comes by unexpectedly. She leads the friends through the snowy woods to the mall -- a place they had never seen before. The trickster goes crazy with glee as he shops with abandon, only to discover that filling a shopping cart with goodies is not quite the same thing as actually paying for them.



DECEMBER 2021

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1 Stay, Play & Learn 10am-11am Stay, Play and Learn 11:30am-12:30pm Un Limited Champions 4pm-5pm	2 Stay, Play & Learn 10am-11:30am	3 Active Kids 10am-11am Art Attack 4pm-5:00pm	4
5 PRE-REGISTRATION IS REQUIRED	6 Stay, Play and Learn 10am-11am	7 Stay, Play & Learn 9:30am-10:45am Active Parenting 1pm-2:30pm Impact Youth Club 4pm-5pm	8 Stay, Play & Learn 10am-11am Stay, Play and Learn 11:30am-12:30pm	9 Stay, Play and Learn 10am-11:30am	10 PD DAY Stay, Play & Learn 10am-11am Lego Club 1pm-2pm	11 Kids Paint Afternoon at Color Me Mine 1pm-2:45pm
12 CALL OR TEXT 403-877-7163 TO REGISTER	13 Creative Masters 5:30pm-6:30pm	14 Stay, Play & Learn 9:30am-10:45am Active Parenting 1pm-2:30pm Impact Youth Club 4pm-5pm	15 Stay, Play & Learn 10am-11am Stay, Play and Learn 11:30am-12:30pm Un Limited Champions 4pm-5pm	16 Stay, Play & Learn 10am-11:30am	17 Active Kids 10am-11am Art Attack 4pm-5:00pm	18
19	20 Stay, Play and Learn 10am-11am	21 Stay, Play & Learn 9:30am-10:45am Active Parenting 1pm-2:30pm Impact Youth Club 4pm-5pm	22	23	24 Christmas Eve Office Closed	
26	27	28	29	30	31	
Office Closed Returning January 3rd						
						Family Resource Network

