

October 18, 2021

## Bowden Grandview School



Parents **PLEASE DO NOT** let your kids run out from cars to cross the street during pick up and drop off. Ideally if you could drop them off on the north side of the road west of the bus zone and have the children use the sidewalk side to exit the vehicle.

If using the south side of the road, please have them carefully use the crosswalks to get from one side of the street to the other. We have had a couple of close calls with kids darting out between buses or vehicles and not using the crosswalks.

Additionally, a reminder not to stop and drop your children off in the middle of the road but to pull up to the north curb west of the bus stop area.

Drivers please continue to exercise extreme caution when navigating the road in front of our school and keep your speed to 30 km or less. Please be extra watchful in case we do have a child pop out from between vehicles.

Thank you for your cooperation. Your child's safety is our first priority!

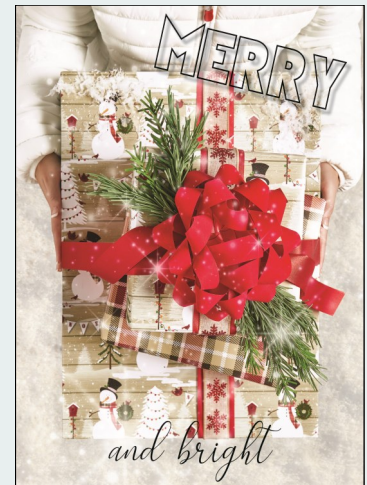
### What's Happening:

Wednesday, October 20

- Picture Retakes

Friday, October 22

- Non Instructional Day



Just a reminder our Friends of Grandview **Fundraiser** orders are due on Nov 5th.

Dieleman Fundraising  
[www.SHOPDFCANADA.COM](http://www.SHOPDFCANADA.COM)

ID# 7192



## COVID-19 INFORMATION

# COVID-19 ALBERTA HEALTH DAILY CHECKLIST (FOR CHILDREN UNDER 18)

### Overview

This checklist applies for all children, as well as all students who attend kindergarten through Grade 12, including high school students over 18. Children should be screened every day by completing this checklist before going to school, childcare or other activities. Children may need a parent or guardian to assist them to complete this screening tool.

If your child has traveled outside Canada in the last 14 days, follow the [Government of Canada Travel, Testing, Quarantine and Borders](#) instructions, including any requirements for exempt travelers related to attending high-risk environments.

If within the last 10 days, your child has been notified by Public Health that they are a case<sup>3</sup> of COVID-19, they are required to isolate as per Public Health instructions.

### Screening Questions for Children under 18:

<b>1.</b>	<b>Has your child been a household contact of a case<sup>2</sup> of COVID-19 in the last 14 days?</b> <i>A household contact: a person who lives in the same residence as the case OR who has been in frequent, long-duration, close-range interaction with a case of COVID-19. For example, siblings, someone who slept over, or someone who provided direct physical care to the child.</i>	<b>YES</b>	<b>NO</b>
<b>If the answer is "YES" AND they are NOT fully immunized<sup>4</sup>:</b> <ul style="list-style-type: none"> <li>Child should stay home and NOT attend school, childcare and/or other activities for 14 days from the last day of exposure and monitor for symptoms. If your child has symptoms, proceed to question 2.</li> </ul>			
<b>If the answer is "NO" to question 1, proceed to question 2</b>			
<b>2.</b>	<b>Does the child have any new onset (or worsening) of the following core symptoms:</b>		
	<b>Fever</b> Temperature of 38 degrees Celsius or higher	<b>YES</b>	<b>NO</b>
	<b>Cough</b> Continuous, more than usual, not related to other known causes or conditions such as asthma	<b>YES</b>	<b>NO</b>
	<b>Shortness of breath</b> Continuous, unable to breathe deeply, not related to other known causes or conditions such as asthma	<b>YES</b>	<b>NO</b>
	<b>Loss of sense of smell or taste</b> Not related to other known causes or conditions like allergies or neurological disorders	<b>YES</b>	<b>NO</b>
<b>If the answer is "YES" to any symptom in question 2:</b> <ul style="list-style-type: none"> <li>The child is required to isolate for 10 days from onset of symptoms as per the current <a href="#">CMOH Order</a> OR receive a negative COVID-19 test and feel better before returning to activities.</li> <li>Use the <a href="#">AHS Online Assessment Tool</a> or call Health Link 811 to arrange for testing and to receive additional information on isolation.</li> </ul>			
<b>If the answer is "NO" to all of the symptoms in question 2, proceed to question 3.</b>			

<sup>3</sup> A lab-confirmed case OR a probable case as defined in the [Alberta COVID-19 Notifiable Disease Guideline](#)

<sup>4</sup> A person who has received the complete vaccine series for COVID-19 and it has been 14 days after the second dose in a two dose series

3.	<b>Does the child have any new onset (or worsening) of the following other symptoms:</b>	
	<b>Chills</b> Without fever, not related to being outside in cold weather	YES NO
	<b>Sore throat/painful swallowing</b> Not related to other known causes/conditions, such as seasonal allergies or reflux	YES NO
	<b>Runny nose/congestion</b> Not related to other known causes/conditions, such as seasonal allergies or being outside in cold weather	YES NO
	<b>Feeling unwell/fatigued</b> Lack of energy, poor feeding in infants, not related to other known causes or conditions, such as depression, insomnia, thyroid dysfunction or sudden injury	YES NO
	<b>Nausea, vomiting and/or diarrhea</b> Not related to other known causes/conditions, such as anxiety, medication or irritable bowel syndrome	YES NO
	<b>Unexplained loss of appetite</b> Not related to other known causes/conditions, such as anxiety or medication	YES NO
	<b>Muscle/joint aches</b> Not related to other known causes/conditions, such as arthritis or injury	YES NO
	<b>Headache</b> Not related to other known causes/conditions, such as tension-type headaches or chronic migraines	YES NO
	<b>Conjunctivitis</b> (commonly known as pink eye)	YES NO

**If the answer is “YES” to ONE symptom in question 3:**

- Keep your child home and monitor for 24 hours.
- If their symptom is **improving** after 24 hours, they can return to school and activities when they feel well enough to go. Testing is not necessary.
- If the symptom **does not improve or worsens** after 24 hours (or if additional symptoms emerge), use the [AHS Online Assessment Tool](#) or call Health Link 811 to check if testing is recommended.

**If the answer is “YES” to TWO OR MORE symptoms in question 3:**

- Keep your child home.
- Use the [AHS Online Assessment Tool](#) or call Health Link 811 to determine if testing is recommended.
- Your child can return to school and activities once their symptoms go away as long as it has been at least 24 hours since their symptoms started.

**If the answer is “NO” to all questions:**

- Your child may attend school, childcare and/or other activities.

**Please note:** If your child is experiencing any symptoms from the lists above, do not bring them to visit a continuing care or acute care facility for 10 days from when symptoms started or until symptoms resolve (whichever is longer), unless they receive a negative COVID-19 test result and feel better.



# Parent-Teacher Interviews

Dear Parents/Guardians of Grade 1-12 students,

Parent Student Teacher Interviews are scheduled for November 3 and November 4 from 3:30 pm to 6:30 pm each day. Unfortunately, due to COVID restrictions, all interviews will be conducted by either google meet or phone call.

This year, Chinooks Edge School Division has gone to an online booking system for Parent Student Teacher Interviews. The booking system will open for bookings this Monday October 18 at 9:00 am. Bookings will close Monday November 1 at 11:59 pm.

Instructions for using our online booking system: please visit our website at [www.bowdengrandview.ca](http://www.bowdengrandview.ca). Click on “Bookings” at the top of the page. Click on the event called “Grade 1-12: Nov 3 and 4 Parent Teacher Interviews”.

On the first screen, you will be asked to enter your name (Parent), your phone number and email address. Then you will be asked to choose your preference of either google meet or phone call. At the bottom of the first screen you will be asked to add your students. Click Next.

On the second screen, you will then be asked to choose which class and teacher for each child. Under Class, the default is “Bowden Grandview Teachers”. Please select this as the default. Then Click on teachers and it will list each teacher in our school. You will add one teacher at a time. You may have to scroll down as they are not listed in alphabetical order.

Once you have selected your child’s teachers, the next screen will allow you to pick what time you would like to book providing that time is available. A circle indicates that it is available. A dash indicates it is not available. The booking system only allows you to choose one time slot per teacher. Use the bar at the bottom to scroll to the right for later times.

Once you have completed your bookings, a confirmation screen will appear and a confirmation email will be sent to you. It will have a link you can click if you need to view, change or cancel a booking.

If you are not able to participate in the November 3 or November 4 interviews, or not able to book a time, please contact your child’s teacher.

If you are having issues with the booking system, please contact the office at 403-224-3422.



We recognize that navigating COVID and all of the changing restrictions can be challenging and sometimes frustrating. We ask that you remember that the decisions made about COVID protocols at the school are set out by Alberta Health Services and the Provincial Government.

Please remember that when your child is ill that they must stay at home (as per AHS guidelines). When you call in to report an absence we are required to ask questions in regards to the nature of your child's illness and then we have been directed to let you know what the Alberta Health Services guidelines are. We thank you for remembering to treat our staff with kindness and respect. They are also dealing with the challenges and frustrations of navigating these crazy times.

\*\*Please note the NEW updated Alberta Health Daily Checklist which identifies isolation requirements for individuals testing positive for COVID-19, as well as household contacts that are not fully immunized.

Mr. Jeff Thompson  
Principal

Mrs. Dawn Weststrate  
Vice Principal

A flyer for "UN LIMITED CHAMPIONS" with a green and white floral background. The text is centered on a white background.

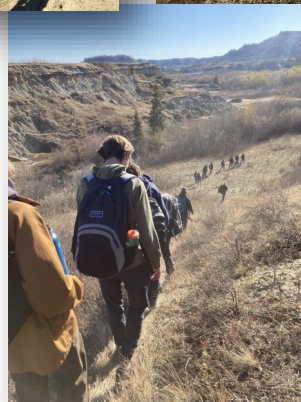
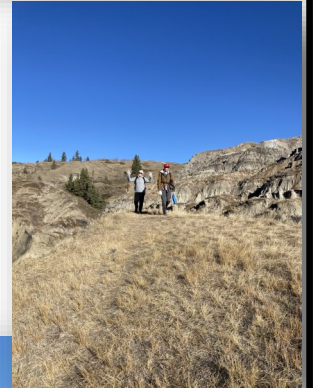
**UN LIMITED CHAMPIONS**  
An Inclusive Group  
Serving  
Children With Special  
Needs

**Time: 4pm-5pm**  
**When: Every Other Wednesday**  
**Starting October 6th**  
**Where: Virtual**

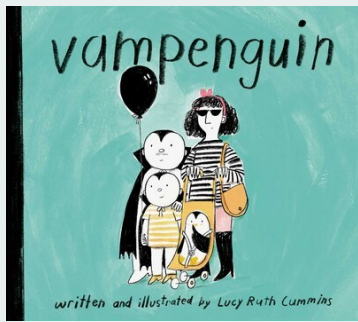
**Pre-registration is required**  
**Please call or text Kristin at 403-877-7163**

Innisfail and Area FRN innisfailfamilyresourcenetwork

**Outdoor Ed and Grade 10 Phys-Ed took on a beautiful hike out at Dry Island Buffalo Jump. They hiked for 3 hours through the hoodoos challenging themselves and taking in the beautiful view.**







## Literacy Education

From the critically acclaimed author and illustrator of *A Hungry Lion* and *Stumpkin* comes a charming, wryly humorous story of adventure, mistaken identity, and a vampire family's day at the zoo. **VAMPENGUIN!**



## **Under the Whispering Door** by

T.J. Klune

is a contemporary fantasy about a ghost who refuses to cross over and the ferryman he falls in love with.

## Indigenous Education

*Sila and the Land* – a children's book which shares Indigenous perspectives on the land (written by three young female Indigenous authors, and the artist is Indigenous too) and the importance of preserving it for future generations.

In order to convey these perspectives in the story, the authors spoke with youth from a number of Indigenous communities across Canada. They asked about why the environment was important to each of them and what land based teachings and experiences were significant to their identities and cultures. Their responses helped shape the book, offering examples of things Sila could learn from the land during her journey travelling across the North, East, South and West.



# FALL *Scavenger Hunt*



**OCTOBER 22 1:30 - 3:30 PM**

**WORK TOGETHER AS A FAMILY  
TO FIND ALL THE ITEMS FOR  
A CHANCE TO WIN A PRIZE**

CHILDREN MUST BE  
ACCOMPANIED BY AN ADULT.



**Start and Finish at  
the Olde Library  
1700 23 St, Bowden**

**RSVP by October 20th  
at 6:00 pm :  
[esmith@cesd73.ca](mailto:esmith@cesd73.ca)**



**BOWDEN**







# FREE Family Swimming

**Held at the Innisfail Aquatic Centre from 3 - 5 p.m.  
on the 2nd Sunday of each month.  
Space is limited. Pre-registration is required.**

**Sunday, October 10  
Sunday, November 14  
Sunday, December 12**



ADMISSION (AGE 6+)  
\$10/DAY  
\$20/WEEKEND

# 1st Annual Red Deer International Powwow

OCTOBER 22 - 24, 2021

EXHIBITION HALL WESTERNER PARK  
4847A 19TH STREET, RED DEER, ALBERTA

**GRAND ENTRY  
AT 7PM SHARP**  
SAT  
Grand Entry 12pm & 7pm  
SUN  
Grand Entry 12pm

**HONOURING OUR  
CHILDREN OF THE  
PAST &  
CELEBRATING OUR  
YOUTH OF TODAY**

**MASTER OF  
CEREMONIES**  
Donald Speldel &  
Hal Eagletail

**ARENA DIRECTORS**  
George Desjarlais &  
Eric Mentuck

**MUST SHOW PROOF OF  
VACCINATION OR  
NEGATIVE COVID-19 TEST**

**TABULATIONS:**  
C&T Tabulators  
**DRUM JUDGE:** TJ Warren  
**VENDORS:** Curtis Miller Joe

**SOUND**  
Parkland Audio  
**SPECIALS**  
TBA

**GOLDEN AGE**  
55+

Ladies & Mens Categories

**ADULT CATEGORIES**  
18-54

Men's Fancy, Men's Grass, Men's  
Chicken, Men's Traditional,  
Ladies Fancy, Ladies Jingle,  
Ladies Traditional

**TEEN CATEGORIES**  
13-17 YEARS

Teen Fancy, Teen Grass, Teen Chicken,  
Teen Traditional, Teen Jingle

**JUNIOR CATEGORIES**  
7-12 YEARS

Junior Fancy, Junior Grass,  
Junior Chicken, Junior  
Traditional, Junior Jingle

**TINY TOT 0-6 YEARS**

**SINGING CONTEST**  
Original & Contemporary  
Combined

[www.pwtpowwow.com](http://www.pwtpowwow.com)

## SPONSORS

**VENDORS (LIMITED SPOTS)** Patrick - [info@powwowtimes.ca](mailto:info@powwowtimes.ca)  
**PRIZE \$ INFORMATION ON WEBSITE**

City of Red Deer Peavey Mart ATB Financial Shaw Communications Central Alberta Regional Consortium Red Deer Museum + Art Gallery Safe Harbour Chinooks Edge School Division Red Deer Catholic School Division Red Deer Aboriginal Dance Troupe Urban Aboriginal Voices



# YOUTH DRUG AWARENESS

**Dr. Timothy Parker is a psychologist  
from University of Alberta  
Dr. Parker  
will be presenting  
Virtually**



**Timothy is a certified drug and alcohol  
counselor.**

**OCTOBER 20  
6:00 PM - 8:00 PM**

**Learn about the disease and how it effects the brain.**

**More information**

**Contact us at:**

**sherry.rolls@mcmancentral.ca**

**or**

**403-896-5435**

**Every teen should know about drug awareness.**



**An Elder will join with a prayer**

*Alberta*  *Provincial Family  
Resource Networks*

**Red Deer Family Resource Network**

# ACTIVE PARENTING

## VIRTUAL



Sessions: Every Tuesday from 1pm-2:30pm  
or  
Every Wednesday from 7pm-8:30pm  
for the Month of October



A comprehensive parenting program helping parents of kids ages 5 to 12 raise responsible, cooperative children who are able to resist negative peer pressure and thrive.

Please pre-register by contacting Kristin at  
403-877-7163



Innisfail and Area FRN





7th Annual *Creating a Vision  
for Non-Violence Conference*

November 12, 2021

**NOW  
VIRTUAL**

8:30 am - 3:30 pm

*Speakers Include:*

**Dr. Scott McLean:** "Trauma and Victimization - A Child's Lens"

**Sheryl Krill:** "RESILIENCY: The Power of YOU"

**Elena Esina:** "Supporting the Supporters: The Role Informal Supporters Play in Preventing Domestic Violence"

**Veronika Ilich:** "Patriarchy Hurts Men Too: Engaging Men and Boys as Stakeholders in Gender Equality"

**Camilla Jones:** "The Gift of Laughter"

\$50/person, includes Speakers and Draws

**FREE MAILED GIFT FOR THE FIRST 100 REGISTRANTS**

Please register by October 22 @  
<https://www.townofpenhold.ca/p/regional-vision-for-non-violence-conference-2021>

Email [fcss@townofpenhold.ca](mailto:fcss@townofpenhold.ca) or  
visit [visionfornonviolence.weebly.com](http://visionfornonviolence.weebly.com)  
for more information.

REGISTER BY  
SEPT. 30 FOR A  
CHANCE TO WIN AN  
EARLY BIRD PRIZE



# OCTOBER 2021

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
					1 Stay, Play & Learn 10am-11am  Lego Club 3:30pm-4:30pm	2
	<b>ALL MATERIALS ARE FREE &amp; CAN BE DELIVERED</b>	<b>CALL OR TEXT 403-877-7163 TO REGISTER</b>				
4	Creative Masters 5:30pm-6:30pm	5 Stay, Play & Learn 9:30am-10:45am Active Parenting 1pm-2:30pm Impact Youth Club 4pm-5pm	6 Stay, Play & Learn 11am-12pm Un Limited Champions 4pm-5pm Active Parenting 7pm-8:30pm	7 Stay, Play & Learn 10am-11:30am	8 <b>PDDAY</b> Active Kids 10am-11am  Art Attack 1pm-2:30pm	9
11	<b>HAPPY THANKSGIVING NO PROGRAMS</b>	12 Stay, Play & Learn 9:30am-10:45am Active Parenting 1pm-2:30pm Impact Youth Club 4pm-5pm	13 Stay, Play & Learn 11am-12pm  Active Parenting 7pm-8:30pm	14 Stay, Play & Learn 10am-11:30am	15 Stay, Play & Learn 10am-11am  Lego Club 3:30pm-4:30pm	16
18	Creative Masters 5:30pm-6:30pm	19 Stay, Play & Learn 9:30am-10:45am Active Parenting 1pm-2:30pm Impact Youth Club 4pm-5pm	20 Stay, Play & Learn 11am-12pm Un Limited Champions 4pm-5pm Active Parenting 7pm-8:30pm	21 Stay, Play & Learn 10am-11:30am	22 <b>PDDAY</b> Active Kids 10am-11am  Art Attack 1pm-2:30pm	23
25		26 Stay, Play & Learn 9:30am-10:45am Active Parenting 1pm-2:30pm Impact Youth Club 4pm-5pm	27 Stay, Play & Learn 11am-12pm  Active Parenting 7pm-8:30pm	28 Stay, Play & Learn 10am-11:30am	29 Stay, Play & Learn 10am-11am  Lego Club 3:30pm-4:30pm	30



# IMPACT YOUTH CLUB

12+  
Virtual

When: Every Tuesday

Time: 4pm-5pm

Please Pre-Register by Contacting  
Kristin at 403-877-7163

# ART ATTACK

6-10YRS  
VIRTUAL



When: Every Other Friday Starting  
October 8th

Time: 1pm-2:30pm



Please Pre-Register by Contacting Kristin at 403-877-7163



# CREATIVE MASTERS

6-14YRS

VIRTUAL

Every Other Monday Starting October 4th  
Time: 5:30pm-6:30pm

Pre-registration is required  
Please contact Kristin at 403-877-7163



Innisfail and Area FRN

Family  
Resource  
Network



# Lego Club

6+yrs  
Virtual

When: Every Other Friday Starting  
October 1st

Time: 3:30pm-4:30pm



Pre-register by contacting Kristin  
at 403-877-7163



Innisfail and Area FRN

Family  
Resource  
Network

# Stay, Play and Learn

**2-5yrs  
Virtual**

**Tuesday's: 9:30am-10:45am**

**Wednesday's: 11am-12pm**

**Thursday's: 10am-11:30am**

**Every Other Friday: 10am-11am**

**Pre-registration is required**

**Please call or text Kristin at**

**403-877-7163**



**Innisfail and Area FRN**

**Family  
Resource  
Network**





# WANTED: TEEN MENTORS

Contact Nichole at  
[nicholek@youthhq.ca](mailto:nicholek@youthhq.ca)  
or 403-302-1389

## BECOME A TEEN MENTOR!

- Mentor on your own time through a virtual platform.
- Teens can help their little in many ways like helping with homework or playing games
- Boost confidence through positive role modelling
- Learn new things, like trying a new craft or skill
- Develop leadership qualities
- Make great memories and ignite potential while having fun

YOUTH  
HQ



Big Brothers Big Sisters  
OF RED BEER AND DISTRICT

