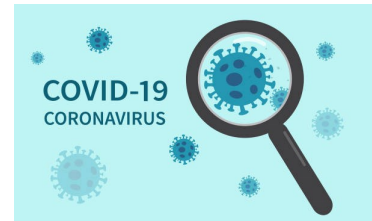


September 20, 2021

Bowden Grandview School



Updated COVID-19 Protocols ... as of September 16, 2021 As per the provincial government's COVID-19 measures that were announced on September 15, Chinook's Edge is providing an update on how this impacts our schools during these temporary measures:

- Masks have been mandated for students in grades 4-12 and all school staff. (Individuals who are unable to wear a face mask due to a qualifying health condition as determined by an authorized medical doctor, will qualify for a mask exemption). List of qualifying conditions include: Sensory processing disorders, developmental delay, cognitive impairment, and mental illness including: Anxiety disorders, psychotic disorders, dissociative identity disorders, depressive disorders, facial trauma or recent oral maxillofacial surgery, contact dermatitis or allergic reactions to mask components, and clinically significant acute respiratory distress. CESD did inquire about individual school exemptions, but our schools do not qualify as 2 metre social distancing at all times is not possible. We also inquired about mask exemptions for grade 4 students in K-4 buildings, and did not receive exemptions approval.
- School staff meetings and school council meetings will be postponed or moved online.
- Visitors - by appointment only, will be permitted in school buildings. Appointments with external consultants (non CESD Staff) will be postponed during these temporary measures. All visitors must wear masks.
- Sports, music and fine arts activities for students will be permitted.
- Spectators - no spectators will be permitted for K-12 indoor athletic and performance events. (Previously planned activities, such as award ceremonies, that planned to take place prior to September 20 must adhere to 1/3 fire code capacity, attendees are limited to a single household or 2 close contacts if living alone and must be masked and maintain 2 metres physical distancing. All others must be moved online or postponed.)
- Outdoor school celebrations and events during the school day will be limited to students and staff temporarily.
- K-6 Cohorts - Please resume your school's classroom routines from last school year.

● Sharing resources, manipulatives, technology and other materials amongst cohorts is permitted. ● Community use of schools will be paused during these temporary measures. ● Field trips may continue if they meet the provincial guidelines. ● Parent Teacher Interviews will be held virtually until further notice. Special circumstances must be discussed with the principal. ● Full school assemblies will continue to be postponed until further notice. ● All Division Office meetings will move to an online format until further notice. ● Isolation is still legally required for people who have COVID-19 symptoms or tested positive. ● COVID-19 testing for Albertans with symptoms remains available at assessment centres. ● All other protocols that were in place for school start-up are unchanged:

- Please continue to refer to this Alberta Health Daily Checklist to monitor your child for symptoms of COVID-19. Please let your child's teacher know of any pre-existing conditions your child may have, to ensure these won't be mistaken for COVID-19 symptoms.
- Schools will continue to employ good public health practices to help reduce the risk of transmission of respiratory infections (including COVID-19, influenza and common colds) among students, staff and visitors. Details are available here.
- Chinook's Edge will be closely monitoring student absences and will report to Alberta Health Services if any of our schools experience a 10 percent or higher illness absenteeism rate. If an outbreak occurs we may require masking if directed by AHS.
- Any food brought from home for sharing must be distributed by school staff - purchased/prepackaged food from home only at this time, nothing homemade. School Nutrition programs may continue.
- Chinook's Edge will continue to clean and disinfect high touch surfaces each day, and provide hand sanitizer in multiple areas throughout each school. Buses will continue to be sanitized after each route. Carpets may be used in classrooms; however, cloth furniture is not permitted due to difficulty in sanitizing.
- AHS will be holding voluntary COVID-19 vaccination clinics in certain schools for students and staff. Details on this AHS vaccination program will be sent to parents - vaccinations will only happen with a student who has written parent consent. Chinook's Edge is strongly recommending that our staff get vaccinated.

What's Happening:

Monday, September 20

- Student Vote

Friday, September 24

- No School

Tuesday, September 28

- Terry Fox Day

Wednesday, September 29

- Orange Shirt Day

Thursday, September 30

- No School

The Student Vote 2021 will be held on September 20, 2021 for all students in grades 5-12. This is a fantastic opportunity for students to cast their ballot parallel to the 2021 federal election. Our hope is to foster the characteristics of young voters, increase political interest early and improve attitudes towards democratic participation in the population. We encourage parents to get involved and discuss the election and election issues with your kids!

**STUDENT
VOTE** 🍁

Academic Awards

Unfortunately due to COVID restrictions and in the spirit of keeping our school community safe, we are unable to offer our Junior/Senior Awards Ceremony in its traditional sense. Our previously scheduled October 1 ceremony will be cancelled. Alternatively, awards will be presented to students in individual classrooms on Wednesday, October 6. Award recipients from last year's Grade 12 class will be contacted so that they also receive their awards. We are so thankful for past and present community and business support that makes this event a possibility.



Unfortunately due to the new COVID restrictions we are unable to host our Grad 2022 Spaghetti Supper fundraiser. We have postponed this event and will host it as soon as restrictions are lifted and it is safe to do so. Thank you for your patience and understanding!

Literacy Education



Every year on September 25th, National Comic Book Day honors the art, artists and the stories of comic books. Fans and collectors, readers and artists come together to celebrate the day with events across the country. Two new SEPTEMBER releases include:

DARK AGES 1 (of 6) - *A danger older than the Earth threatens everything. For once, the heroes who have saved the planet so many times are almost powerless in the face of it.*



AMAZING SPIDER-MAN #74 - It's AMAZING SPIDER-MAN #875, and the whole ASM team is coming together to bring you a massive issue that is the culmination of three years of AMAZING SPIDER-MAN!

Indigenous Education



Synopsis: In the time before animals were as they are today, Raven and Loon were both white. Their feathers had no colour at all. Raven spent his days swooping through the sky trying to fight off his incessant boredom, while loon spent her days in her iglu working away on her sewing. One day, too bored to even fly, Raven visited Loon and suggested a sewing game that would give their feathers some much-needed colour. The results - not at all what the two birds expected - led to Raven and Loon acquiring their now-familiar coats.

There is a limited number of extra yearbooks available for purchase. Payment of \$35.00 can be made with cash only at the office on a first come , first serve basis.



Bowden Figure Skating Registration

Monday, September 27th
Bowden Arena
@ 6:30pm



Bowden Play and Learn Bottle Drive

Save those Summer Bottles!

Monday September 20, 2021

2 options for drop off:

1.) There will be a truck with a sign on it in front of the school on Monday morning on September 20.

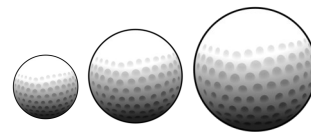
OR

2.) Drop bottles off anytime at the Bowden Play and Learn bin at the Olds Bottle Depot or leave under the Bowden Play and Learn account.

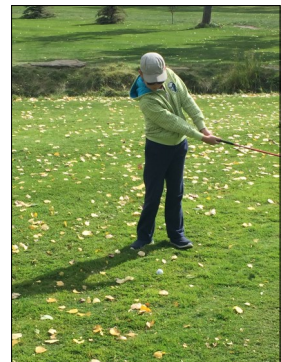
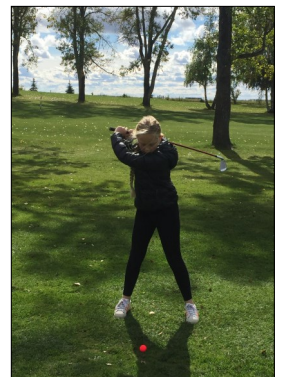
Thank you so much your support!



FORE!!



We had a wonderful day taking the Grade 6 class to the Bowden Golf Course last Thursday. Thank you to the volunteers who made the day fun and full of learning and to Evan from the golf course for helping make this happen for our BGS kids. We look forward to taking the Grade 6 class again on Monday, September 20 and the Grade 7 class on Wednesday September 22 and 29.





RISE UP

teen anxiety group therapy



AGES: 13-17 YEARS OLD
DATE: SEPT 30TH - NOV 04TH
THURSDAYS
1 SESSION PER WEEK
TIME: 4:45 PM - 5:45 PM

Rise Up: Teen – Strategies for Transforming Anxiety

Date: September 30th to November 4th (Thursdays) 1 session per week for 8 weeks

Time: 4:45pm - 5:45pm

Location: Downtown Office 4920 54th St, Red Deer, AB T4N 2G8

Capacity: 10 people

Registration Deadline: September 23rd, 2021

Description:

Do you:

- Feel anxious much of the time?
- Feel overwhelmed understanding why anxiety impacts you?
- Want strategies to support you when anxious?

The Rise-Up: Anxiety Group for Teens is an 8-week group designed for youth ages 13-17 years of age that are experiencing anxiety. This group is psychoeducational, meaning it will provide an opportunity to learn about anxiety; how it works, and how it impacts each of us, and provide coping skills and strategies to participants to help manage their anxiety into the future.

**This group is not designed for teenagers experiencing acute or chronic suicidality. If you are experiencing this, please seek support by contacting your medical doctor, dialing 211, or accessing your local hospital to receive the appropriate support.*

Register today by visiting our website at: <https://www.vantagecommunityservices.ca/group-therapy>

FAMILY SUPPORT PROGRAM

The FRN Family Support program serves families with children aged 0-18.

This programming is intended to build parental/caregiver resiliency and is focused on the family unit to promote family wellness.

Programs are flexible and goal oriented to fit each family's specific needs with a focus on strengthening protective factors and reducing risk factors for all members of the family.

FOR MORE INFORMATION:

403-877-7110

jenny.crumley@mcmancentral.ca

Upcoming Parent Lunch & Learn Series

Sept 15 - When Grief Goes to School (Online via Zoom)

When a child or teen has experienced the death of someone in their lives, the thought of going back to school may often bring additional challenges. There are a number of things parents can do to help their children feel safe and give them a sense of stability.

[Register](#)

Sept 29 - How To Talk with Children About Death & Grief (Online via Zoom)

Children grieve differently than adults. They do not have the capacity to deal with intense emotions continuously like adults. Instead, children grieve in doses, alternating between times of play and intense emotions. A child's age, developmental stage, and experiences determine their understanding of death and ability to cope with the death of a loved one.

[Register](#)

Oct 13 - We Grieve Differently...Even in Families (Online via Zoom)

We all grieve in our own unique way and have different needs as we experience the death of someone close to us.

[Register](#)

Oct 27 - How To Talk with Children About Advanced Illness (Online via Zoom)

When someone in the family has a life-threatening illness, the whole family is impacted by the many changes, the concerns and the unknown. Adults may choose to avoid talking to children about the illness to protect them from pain and distress. However, when children are not informed, they often feel excluded, alone and isolated. It's important to consider that children will feel something is going on in their family even when they are not told. They may even think that they have caused the anxiety and unsettled state of their family.

[Register](#)

Nov 10 - When Grief is Complicated (Online via Zoom)

Grief is how we respond when we experience loss. Everyone experiences grief and many people associate grief with the death of someone close to them. Grief is also a common reaction when someone in their lives is diagnosed with a life-threatening illness. Grief is complicated.

[Register](#)

Nov 24 - Staying Connected to the Person Who Died (Online via Zoom)

When someone dies, it's natural to worry about losing the memories you have of when they were alive. For this reason, it can be very helpful to find concrete ways to pay them tribute.