

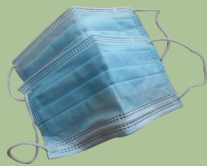


Bowden Grandview School

October 13, 2020

Parents,

Just a reminder to drop off/meet your children away from the school building. If you need to be on school property, please model mask wearing for our students. We value your partnership in keeping our BGS community safe & healthy!



One Month Back Already!

The start of the 2020 school year is like no other we've experienced before. Whether your kiddos are back learning in person, learning online, or being pulled in both directions, the one thing we can all count on is reading books aloud to children. Stories help us connect with each other and with ourselves. They connect us to our past as well as our present. No matter what scenario you find yourself in this year, remember to share stories with your loved ones. One of Ms. Northrup's favorite back to school books is *Where are You From?* by Yamile Saied Méndez. In the book, a young girl turns to her wise abuelo when she's uncertain after constantly being questioned – *where are you from* – by classmates, teachers and friends. Surprisingly she learns there isn't one clear cut answer to that question. Where we are from is much more than a place on a map. Where we are from is more about heart, family, traditions, and ancestors; so rich and varied that it can't be summed up in one simple naming of a place. You can find the video of the story being read aloud on the YouTube channel for Harper Kids. (see website)

<https://www.youtube.com/watch?v=gqalE1Skn6Y&t=61s>

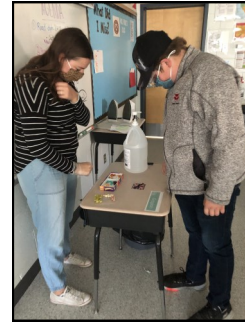
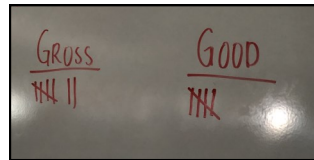
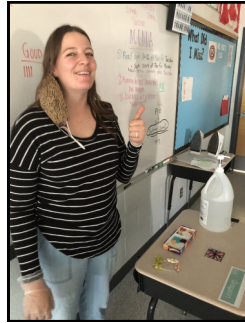
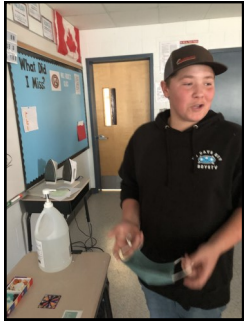
Literacy October Challenge



We all love or love to hate a good villain! How many villains can you guess from this October Challenge?

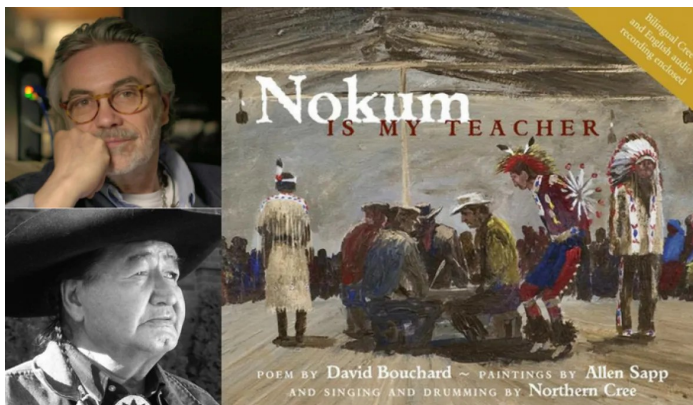
Grade 7 Probability

Grade 7 students learning about probability by playing Beanboozled! A spinner would decide what colour of jellybean they had to choose and fate would decide the flavour. Stink Bug, Dirty Dishwater, Sour Milk, and rotten egg were among the least favourable. If you were lucky you'd be treated to buttered popcorn, toasted marshmallow, tutti-fruity, or birthday cake!



Indigenous Education:

At Bowden Grandview School we acknowledge Treaty 7 territory; the ancestral and traditional territory of the Blackfoot Confederacy: Kainai, Piikani and Siksika as well as the Tsuu T'ina First Nation and Stoney Nakoda First Nation. We acknowledge the many First Nations, Metis and Inuit whose footsteps have marked these lands for generations. We are grateful for the traditional Knowledge Keepers and Elders who are still with us today and those who have gone before us. We recognize the land as an act of reconciliation and gratitude to those whose territory we reside on or are visiting.



Written by award-winning Métis poet and author David Bouchard (a Canadian author and former high school principal)and illustrated by Cree elder and Governor General's Literary Award-winning painter Allen Sapp, *Nokum Is My Teacher* is the poetic story about a young Indigenous boy who asks his Nokum (grandmother) a series of questions about the world outside of their community. Nokum gives her grandson an appreciation for his tradition as well as an understanding of how to fit into life off of the reserve – while still respecting the ways of his people.

Learn more about Allen Sapp next week!

October 2020

Family Resource Network

Sun	Mon	Tue	Wed	Thu	Fri	Sat	
	Innisfail and Red Deer County Family Resource Network 5035 49 St. Innisfail Ph: 403-877-7110 Email: jenny.crumley@mcmcentral.ca We are open from 8:30am to 4:30 pm. For appointments after hours please call.				1 Spruce View Play Pals 10 - 11:30am	2 Innisfail Mom's Moments 8:30 - 10:30am	3
4	5 Springbrook Play Pals 1 - 2:30pm	6 Innisfail Play Pals 9 - 10:30am SPECIAL EVENT SPRUCE VIEW Scarecrow Building 2 - 4pm	7 Innisfail Bables & Me 9 - 10:30am Bowden Play Pals 1 - 2:30pm Innisfail Impact Youth Club 3:30 - 4:30pm	8 Spruce View Play Pals 10 - 11:30am	9 Delburne Play Pals 10 - 11:30am SPECIAL EVENT SPRINGBROOK Scarecrow Building 2 - 4pm	10	
11	12 Thanksgiving No Programs	13 Innisfail Play Pals 9 - 10:30am Innisfail Ignite Youth Club 3:30 - 4:30pm	14 Einora Play Pals 10 - 11:30am Bowden Play Pals 1 - 2:30pm	15 Spruce View Play Pals 10 - 11:30am	16 Innisfail Mom's Moments 8:30 - 10:30am	17	
18	19 Pine Lake Play Pals 10 - 11:30am Springbrook Play Pals 1 - 2:30pm	20 Innisfail Play Pals 9 - 10:30am SPECIAL EVENT SPRUCE VIEW Parent & Teen Paint Night 7pm	21 Innisfail Bables & Me 9 - 10:30am Bowden Play Pals 1 - 2:30pm Innisfail Impact Youth Club 3:30 - 4:30pm	22 Spruce View Play Pals 10 - 11:30am	23 Delburne Play Pals 10 - 11:30am	24	
25	26 Springbrook Play Pals 1 - 2:30pm	27 Innisfail Play Pals 9 - 10:30am Innisfail Ignite Youth Club 3:30 - 4:30pm	28 Einora Play Pals 10 - 11:30am Bowden Play Pals 1 - 2:30pm	29 Spruce View Play Pals 10 - 11:30am	30 Innisfail Mom's Moments 8:30 - 10:30am	31 	

Description of Programs

Play Pals

Ages: 0 – 6 years old

Time: Refer to times of calendar page for each community

Location: Refer to below location addresses for each community

About: Join us for the opportunity to learn, play and grow with your child.

Ignite Youth Club

Ages: 7 – 13 years old

Time: Refer to times of calendar page for each community

Location: Refer to below location addresses for each community

About: This youth club is perfect for the pre-teen who needs to get out of the house, have fun, build connections with other youth and stay busy. Each week we will have activities for the youth to participate in.

Impact Youth Club

Ages: 14 – 18 years old

Time: Refer to times of calendar page for each community

Location: Refer to below location addresses for each community

About: This youth club is for the older teen who is looking to build relationships, develop skills and grow to their full potential.

Mom Moments

Ages: For all Moms

Time: Refer to times of calendar page for each community

Location: Refer to below location addresses for each community

About: This is a great opportunity for moms to meet other moms, share some of their parenting moments and exchange tips and tricks that have helped them.

Babies & Me

Ages: For all Moms with babes 0 – 2 years

Time: Refer to times of calendar page for each community

Location: Refer to below location addresses for each community

About: Join us for a morning of learning with your baby. We will go over different activities to help stimulate and reach a variety of developmental milestones.

Community Program Locations

Innisfail Play Pals: Innisfail United Church 4720 48th Ave

Ignite & Impact Youth Club: Family Resource Network office 5035 49th St.

Springbrook: Family Resource Center 3801 Airport Drive (same building as Cutie Pies Bakery)

Spruce View: Community Hall 2127 AB 54

Bowden: FCSS Office in the Olde Library Community Center 2213 19th Ave (south end of parking lot of Igloo Arena)

Delburne: CommonSpace Studio #4 2026 19th Ave

Pine Lake: Hub Community Center 20 36366 Rge Rd 252

Elnora: Elnora Legion 4th Ave



Dungeons & Dragons Will Be Returning on Wednes-



Open to students Grades 5 and up.

This is a first come first serve group.

Room 125 (Between Grade 5&6) from 3:15 - 5:00 PM

Group sizes are limited, so sign up early!

**Forms need to be handed to Mr.G (in the YES Room) or
Mrs. Rankin (in the Library) by October 7.**

*** COVID-19 Guidelines will continue to be in effect while on school premises.
This includes after school activities.*

Questions or Concerns?

Contact me via email: BGeorge@cesd73.a



**YOUTH
EMPOWERMENT
& SUPPORT**



BOYS & GIRLS CLUB

OF RED DEER & DISTRICT

**BENALTO
BOWDEN
DELBURNE
SPRUCE VIEW
SPRINGBROOK**

**JOIN US
FOR CLUB
IN YOUR
COMMUNITY!**

**FIND TIMES, LOCATIONS, AND REGISTER ONLINE AT:
YOUTHQ.CA/BGCRD**

**YOUTH
HQ**



Boys & Girls Club
of Red Deer & District

In partnership with:

Red Deer County



Programs funded in part by:



United Way
Central Alberta





DR. JODY CARRINGTON

Over the past 15 years, Dr. Jody Carrington has assessed, treated, educated and empowered some of our most vulnerable and precious souls on the planet. She is a child psychologist by trade, but Jody rarely treats kids. The answer lies, she believes, in the people who hold them. Especially when kids have experienced trauma, that's when they need big people the most. Some of her favourites include educators, parents, first responders, and foster parents. Jody has shifted the way they think and feel about the holy work that they do.

MCMAN CENTRAL PRESENTS: 5 BRAVE MOVES TO WRITE THE NEXT PANDEMIC CHAPTER

October 15, 2020

1pm - 3pm OR 6:30pm - 8:30pm
Innisfail Legion 5108 49th Ave

Must pre-register by emailing
dixie.mcleod@mcmancentral.ca

Include attendees names & phone number



McMan

Seating will be audience style with social distancing measures in place.



The Community Lending Shelf

Helping Children, One Box at a Time

ALWAYS FREE!

**Newborn baby to children's size 14/16 clothing,
plus shoes/boots, and diapers.**

We are a local non-profit, based in Olds, offering clothing free of charge. We are helping people in our community, and promoting the recycling of gently-used clothing.

Anyone can borrow any of the items!

Donations of gently-used baby and children's clothing are always appreciated!

TO DONATE OR BORROW ITEMS

Call Lucinda: (403) 438-0273

OR

Search for us on Facebook: "Community Lending Shelf"

OR

Find us online: www.lendingshelf.ca

IMAGINE WHAT THE FUTURE WOULD LOOK LIKE IF WE PREPARED YOUTH WITH SKILLS FOR LIFE.



Prepare your children to take on the challenges that life throws at them.

LEADERSHIP SKILLS DEVELOPMENT PROGRAMS WORKING WITH HORSES.

Participants lead their horses through fun obstacles to put their new skills to use and are encouraged to relate these skills to their own lives.

\$159 including GST

(T-shirt and Certificate upon completion)

Eight Week Programs for 10 - 13 year-olds

Tuesdays from 5:30 pm to 7:00 pm (start October 6th)

Eight Week Programs for 14 - 17 year-olds

Located 5 minutes SE of Olds on Range Road 13

403.990.0786

maneattractionstables17@gmail.com

maneattractionstables17.com



Spirit Evolution
SKILLS DEVELOPMENT

COVID Safe Activity
for Youth



HAVE A HEALTHIER FAMILY BY LEARNING ABOUT ANXIETY

UNDERSTANDING ANXIETY & HOW TO TREAT IT FOR MEN

JOIN REGISTERED PSYCHOLOGIST

BENJAMIN ELLINGSON

For a 5 week program where men learn about anxiety for themselves and their family. Focus will be on providing a healthy home environment.

SESSION DATES

October
14th & 28th
November
4th, 11th & 18th

TIME

6:00PM to 7:30PM

LOCATION

Innisfail Family
Resource Network Office
5035 49th St

REGISTRATION REQUIRED

CALL OR TEXT

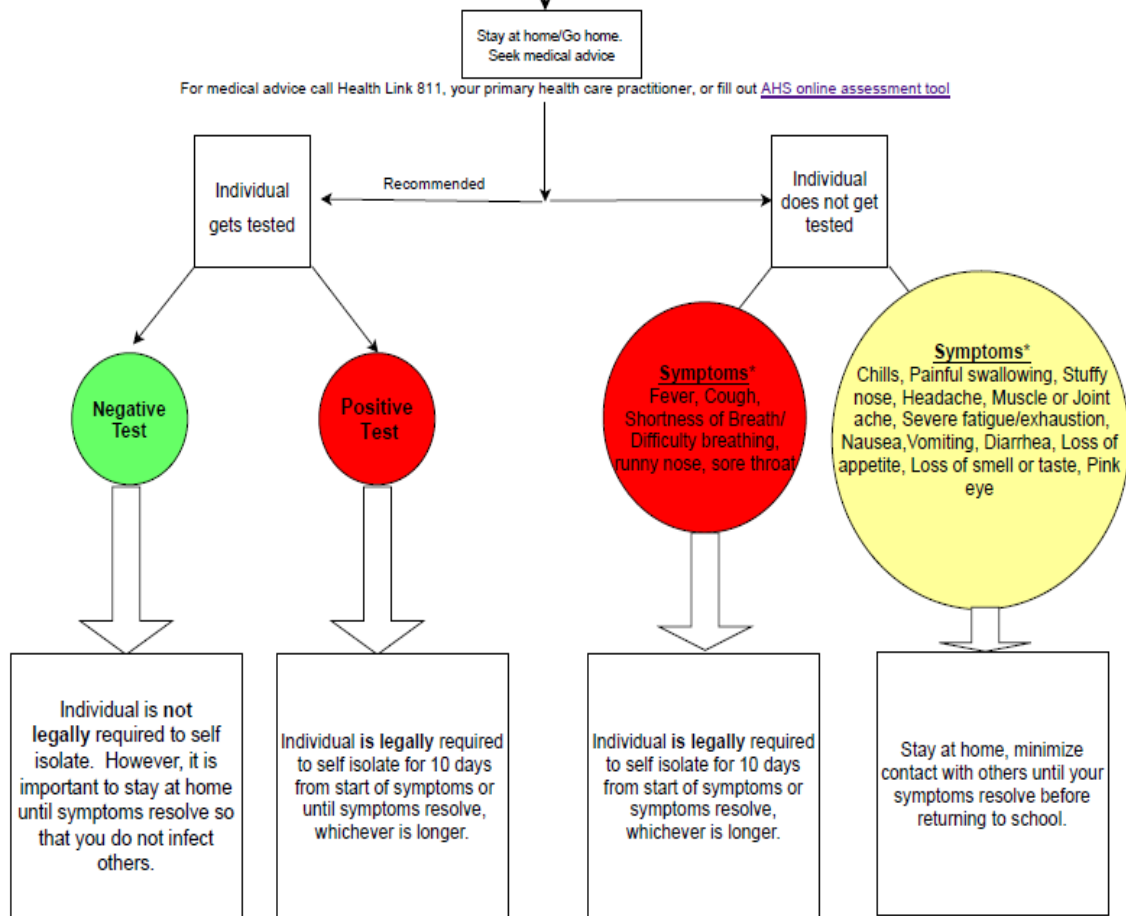
403-877-7110

EMAIL

JENNY.CRUMLEY@MCMANCENTRAL.CA

Responding to COVID-19 Symptoms

Individual has COVID-19 Symptoms* (as identified through the Alberta Health Services Daily Checklist)



*Note: If these are symptoms of a pre-existing condition and a person has tested negative to COVID-19, then these rules do not need to be applied.

Source: GOA Student Illness Sept. 3/20

COVID-19 INFORMATION

Screening Questionnaire

COVID-19 ALBERTA HEALTH DAILY CHECKLIST

PARENTS/GUARDIANS/STUDENTS MUST USE THIS QUESTIONNAIRE DAILY TO DECIDE IF THE STUDENT SHOULD ATTEND SCHOOL

The tool is meant to be used to assist with assessing attendees who may be symptomatic, or who may have been exposed to someone who is ill or has confirmed COVID-19.

Attendees should fill out this checklist prior entering school daily. If an individual answers YES to any of the questions, they must not be allowed to attend school. Children and youth will need a parent to assist them to complete this screening tool.

As the COVID-19 pandemic continues to evolve, this screening tool will be updated as required.

Screening Questions

1.	Does the attendee have any new onset (or worsening) of any of the following	CIRCLE ONE	
		YES	NO
	• Fever	YES	NO
	• Cough	YES	NO
	• Shortness of Breath / Difficulty Breathing	YES	NO
	• Sore throat	YES	NO
	• Chills	YES	NO
	• Painful swallowing	YES	NO
	• Runny Nose / Nasal Congestion	YES	NO
	• Feeling unwell / Fatigued	YES	NO
	• Nausea / Vomiting / Diarrhea	YES	NO
	• Unexplained loss of appetite	YES	NO
	• Loss of sense of taste or smell	YES	NO
	• Muscle/ Joint aches	YES	NO
	• Headache	YES	NO
	• Conjunctivitis (Pink Eye)	YES	NO
2.	Has the attendee travelled outside of Canada in the last 14 days?	YES	NO
3.	Has the attendee had close contact* with a confirmed case of COVID-19 in the last 14 days?	YES	NO
4.	Has the attendee had close contact with a symptomatic** close contact of a confirmed case of COVID-19 in the last 14 days?	YES	NO

* Face-to-face contact within 2 metres. A health care worker in a occupational setting wearing the recommended personal protective equipment is not considered to be a close contact.

** 'Ill/symptomatic' means someone with COVID-19 symptoms on the list above



Bowden Grandview Bottle Drive

What is this for? Bowden Grads of 2021
are doing a fundraiser to raise some money for our grad

When? September 24th, 2020 - March 2nd, 2021

Where? Olds Bottle Depot

4314 50 Ave, Olds, AB T4H 1P6

What do u do? You just head in with your bottles and let the workers
know it's for Bowden Grandview Grad Class!

Any help would be much appreciated!
