

November 9, 2020

Bowden Grandview School

Parents,

Just a reminder to drop off/meet your children away from the school building. If you need to be on school property, please model mask wearing for our students. We value your partnership in keeping our BGS community safe & healthy!

Students need to bring their own mask to school.



Covid-19 Updated Protocols Effective November 2, 2020

COVID-19 INFORMATION

COVID-19 ALBERTA HEALTH DAILY CHECKLIST (FOR CHILDREN UNDER 18)

Overview

This checklist applies for all children, as well as all students who attend kindergarten to Grade 12, including high school students over 18. Children should be screened every day by completing this checklist before going to school, child care or other activities. Children may need a parent or guardian to assist them to complete this screening tool.

Screening Questions

- Has the child:
(Choose any/all possible exposures)

	YES	NO
Traveled outside Canada in the last 14 days? When entering or returning to Alberta from outside Canada, individuals are legally required to quarantine for 14 days unless enrolled in the Alberta COVID-19 International Border Pilot Project		
Had close contact with a case of COVID-19 in the last 14 days? Face-to-face contact within 2 metres for 15 minutes or longer, or direct physical contact such as hugging		
If the child answered "YES" to any of the above: <ul style="list-style-type: none"> The child is required to quarantine for 14 days from the last day of exposure. <ul style="list-style-type: none"> If the child is participating in the Alberta COVID-19 International Border Pilot Project, they must comply with the program restrictions at all times. If the child develops any symptoms, use the AHS Online Assessment Tool or call Health Link 811 to determine if testing is recommended. 		
If the child answered "NO" to both of the above: <ul style="list-style-type: none"> Proceed to question 2. 		

- Does the child have any new onset (or worsening) of the following core symptoms:

	YES	NO
Fever Temperature of 38 degrees Celsius or higher		
Cough Continuous, more than usual, not related to other known causes or conditions such as asthma		
Shortness of breath Continuous, out of breath, unable to breathe deeply, not related to other known causes or conditions such as asthma		
Loss of sense of smell or taste Not related to other known causes or conditions like allergies or neurological disorders		
If the child answered "YES" to any symptom in question 2: <ul style="list-style-type: none"> The child is to isolate for 10 days from onset of symptoms. Use the AHS Online Assessment Tool or call Health Link 811 to arrange for testing and to receive additional information on isolation. 		
If the child answered "NO" to all of the symptoms in question 2: <ul style="list-style-type: none"> Proceed to question 3. 		

What's Happening:

Tuesday, November 10

- Remembrance Food Drive

November 11-13

- Fall Break

3. Does the child have any new onset (or worsening) of the following other symptoms:

Chills Without fever, not related to being outside in cold weather	YES	NO
Sore throat/painful swallowing Not related to other known causes/conditions, such as seasonal allergies or reflux	YES	NO
Runny nose/congestion Not related to other known causes/conditions, such as seasonal allergies or being outside in cold weather	YES	NO
Feeling unwell/fatigued Lack of energy, poor feeding in infants, not related to other known causes or conditions, such as depression, insomnia, thyroid dysfunction or sudden injury	YES	NO
Nausea, vomiting and/or diarrhea Not related to other known causes or conditions, such as anxiety, medication or irritable bowel syndrome	YES	NO
Unexplained loss of appetite Not related to other known causes or conditions, such as anxiety or medication	YES	NO
Muscle/joint aches Not related to other known causes or conditions, such as arthritis or injury	YES	NO
Headache Not related to other known causes or conditions, such as tension-type headaches or chronic migraines	YES	NO
Conjunctivitis (commonly known as pink eye)	YES	NO
<p>If the child answered "YES" to ONE symptom in question 3:</p> <ul style="list-style-type: none"> • Keep your child home and monitor for 24 hours. • If their symptom is improving after 24 hours, they can return to school and activities when they feel well enough to go. Testing is not necessary. • If the symptom does not improve or worsens after 24 hours (or if additional symptoms emerge), use the AHS Online Assessment Tool or call Health Link 811 to check if testing is recommended. <p>If the child answered "YES" to TWO OR MORE symptoms in question 3:</p> <ul style="list-style-type: none"> • Keep your child home. • Use the AHS Online Assessment Tool or call Health Link 811 to determine if testing is recommended. • Your child can return to school and activities once their symptoms go away as long as it has been at least 24 hours since their symptoms started. <p>If the child answered "NO" to all questions:</p> <ul style="list-style-type: none"> • Your child may attend school, child care and/or other activities. 		

Please note: If your child is experiencing any symptoms from the lists above, do not bring them to visit a continuing care or acute care facility for 10 days from when symptoms started/until symptoms resolve (whichever is longer), unless they receive a negative COVID-19 test result and feel better.

COVID-19 INFORMATION

COVID-19 ALBERTA HEALTH DAILY CHECKLIST (FOR ADULTS 18 YEARS AND OLDER)

Overview

This tool was developed to support schools, activity organizers, employers, businesses and facility operators in reducing the risk of transmission of COVID-19 among attendees/staff. The tool is meant to assist with assessing attendees who may be symptomatic, or who may have been exposed to someone who is ill or has confirmed COVID-19.

Attendees should complete this checklist prior to participating in the activity or program.

If an individual answers **YES** to any of the questions, they **must not** be allowed to attend or participate in the activity or program. *Individuals with fever, cough, shortness of breath, runny nose, or sore throat, are required to isolate for 10 days per [CMOH Order 05-2020](#) OR receive a negative COVID-19 test and feel better before returning to activities.

Use the [AHS Online Assessment Tool](#) to determine if testing is recommended and follow information on [isolation requirements](#).

As the COVID-19 pandemic continues to evolve, this screening tool will be updated as required.

Screening Questions

		CIRCLE ONE	
1.	Does the attendee have any new onset (or worsening) of any of the following symptoms:	YES	NO
	• Fever*	YES	NO
	• Cough*	YES	NO
	• Shortness of breath / difficulty breathing*	YES	NO
	• Runny nose*	YES	NO
	• Sore throat*	YES	NO
	• Chills	YES	NO
	• Painful swallowing	YES	NO
	• Nasal congestion	YES	NO
	• Feeling unwell / fatigued	YES	NO
	• Nausea / vomiting / diarrhea	YES	NO
	• Unexplained loss of appetite	YES	NO
	• Loss of sense of taste or smell	YES	NO
• Muscle/ joint aches	YES	NO	
• Headache	YES	NO	
• Conjunctivitis (commonly known as pink eye)	YES	NO	
2.	Has the attendee travelled outside Canada in the last 14 days? (Individuals are legally required to quarantine for 14 days when entering or returning to Alberta from outside Canada unless exempted by the Alberta COVID-19 Border Testing Pilot Program.)	YES	NO
3.	Has the attendee had close contact ¹ with a case of COVID-19 in the last 14 days?	YES	NO

¹ Face-to-face contact within 2 metres. A health care worker in an occupational setting wearing recommended personal protective equipment is not considered to be a close contact.

REMEMBRANCE FOOD DRIVE

Remembrance day is an important day for all Canadians, to remember those who have served for us. Junior Senior student council is doing a Food Drive to help local families stay fed in this difficult time. If you have donations you would like to send, please send them with students by November 10th. Thank you!

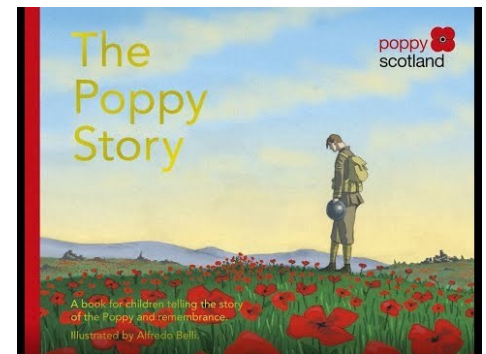


Remembrance Day is an important event for Canadians. It's a time to both reflect on the past and also consider the present and future. It can also be an excellent day to have thoughtful discussions with your kids, not only about the sacrifices made by others, but also about the general nature of conflict and peace.

Here are two great youtube sites filled of stories and information for your kiddos:

THE POPPY STORY <https://www.youtube.com/watch?v=AiGXTeiP5Ncy> in advance for your generosity.

Beautiful animation sees war as experienced by animals <https://www.youtube.com/watch?v=jeR5JWaIcpo>



Indigenous Education

DID YOU KNOW? Indigenous people from every region of Canada served in the armed forces during the Second World War, fighting in every major battle and campaign of the conflict. To serve their country, Indigenous people had to overcome unique cultural challenges. Their courage, sacrifices, and accomplishments are a continuing source of pride to their families, communities, and all Canadians.

At least 3,000 First Nations members—including 72 women—enlisted, as well as an unknown number of Inuit, Métis, and other Indigenous people. The actual numbers were no doubt much higher.

Among this small number of identified Indigenous members of the forces, at least 17 decorations for bravery in action were earned.

To find out more information where this was found, please check out this site: <https://www.veterans.gc.ca/eng/remembrance/>



Virtual Book Fairs

Save The Date!

Dear families,

Mark your calendars! The fun and excitement of a Scholastic Book Fair is coming to our school! To adapt to our changing needs, Scholastic has developed a **Virtual Book Fair** to provide an opportunity for our students and families to experience the joy of reading together.

So save the date! Our **Scholastic Virtual Book Fair** will take place on **November 16-23**

When it's time to shop, visit our school's **Virtual Book Fair**

site using this link:

<https://virtualbookfairs.scholastic.ca/pages/>

Before our Fair begins, click the link to:

SAVE it to your browser

WATCH videos of popular new titles

PREVIEW our Featured Books

Watch for news leading up to our
Scholastic Virtual Book Fair!



Happy reading!

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 **SCHOLASTIC**

CLIFFORD THE BOOK RED DOG

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POINSETTIA PROGRAM



RED

Red is the favourite and most popular colour of poinsettia. There are more and more varieties all the time, but we tend to pick two or three varieties that best suit our environment and customers' needs.

6" - \$14.00 Each (10-12" W / 14-16" H)

10" - \$30.00 Each (18-20" W / 20-22" H)

WHITE

White an all time favourite as well. Like all varieties, lots of bracts (branches) to give lots of colour on top of the plant.

6" - \$14.00 Each (10-12" W / 14-16" H)

10" - \$30.00 Each (18-20" W / 20-22" H)

PINK

Pink is a little less traditional for the holiday season however these plants are stunning. They offer 2-3 shades of pink throughout their bracts and are completely covered in colour.

6" - \$14.00 Each (10-12" W / 14-16" H)

10" - \$30.00 Each (18-20" W / 20-22" H)



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**NEW
THIS
YEAR**

DECORATIVE CONTAINERS

New to our Christmas Collection! This is a tall plastic container that comes in an assortment of designs with 1 poinsettia (assorted colours). This will be sure to add a very nice touch to your home during the holidays.
\$18.00 Each

**VARIOUS
DESIGNS**



WWW.EVER-GREEN.CA

ADVENT CALENDAR

EACH DAY ADD AN ITEM TO A BOX. AFTER NOVEMBER 30TH DONATE THE CONTENTS TO OUR LOCAL BOWDEN *SILENT SANTA* HAMPER PROGRAM.

A GREAT FAMILY PROJECT



Donated food will fill Christmas hampers, please purchase items of medium size.

For more information or drop-off arrangements please contact

Shannon at Silent Santa:

403-415-5335

- NOVEMBER 1 - BOX OF CEREAL
- NOVEMBER 2 - PEANUT BUTTER
- NOVEMBER 3 - STUFFING MIX
- NOVEMBER 4 - JUICE
- NOVEMBER 5 - MACARONI & CHEESE
- NOVEMBER 6 - CANNED FRUIT
- NOVEMBER 7 - CANNED TOMATOES
- NOVEMBER 8 - CANNED TUNA
- NOVEMBER 9 - HOT CHOCOLATE
- NOVEMBER 10 - JAR OF APPLESAUCE
- NOVEMBER 11 - GRAVY MIX
- NOVEMBER 12 - CRANBERRY SAUCE
- NOVEMBER 13 - CANNED BEANS
- NOVEMBER 14 - BOX OF CRACKERS
- NOVEMBER 15 - PACKAGE OF RICE
- NOVEMBER 16 - PACKAGE OF OATMEAL
- NOVEMBER 17 - PACKAGE OF PASTA
- NOVEMBER 18 - SPAGHETTI SAUCE
- NOVEMBER 19 - CHICKEN NOODLE SOUP
- NOVEMBER 20 - TOMATO SOUP
- NOVEMBER 21 - CANNED CORN
- NOVEMBER 22 - CANNED MIXED VEGETABLES
- NOVEMBER 23 - CHOCOLATES
- NOVEMBER 24 - CANNED GREEN BEANS
- NOVEMBER 25 - CAKE MIX
- NOVEMBER 26 - ICING MIX
- NOVEMBER 27 - JAR OF PICKLES
- NOVEMBER 28 - CANNED PASTA
- NOVEMBER 29 - POTATO CHIPS
- NOVEMBER 30 - COOKIES!



Girl Guide Service

Community Project

Holiday Sock/Toque Drive

Goal:500

Combination of Sock and Toques

Sizes needed: Men-Women-Youth

The Innisfail Girl Guides are looking

For your help to collect NEW

Socks/toques for their service project.

For the Month of November

Donate to a local Girl Guide

(Grade 4 Bowden Grandview School)

or drop off your donation at the

Innisfail Family Resource Network

5035-49St

Beside The Fox and Hound

FAMILY SKATE DAY!



Join us Friday November
13th in Bowden from
1pm-3:30pm for some
free skate, snacks and
hot chocolate!



Located at the Igloo
Arena in Bowden at 2213
19th ave

**Pre-registration is required, please call
or text Kristin at 403-877-7163**



Grandparents Who Parent Support Group

**Are you a grandparent who is parenting your grandchild or grandchildren?
You are not alone!**

We are offering an opportunity for grandparents who are parenting to meet with each other, provide support, and continue to strengthen one another!

Some of the topics will include:

- Identifying the impact of family histories
 - Healing practices and skills
- Understanding Your “complex” Role
 - Building Healthy Boundaries
 - Exploring Legal Issues
 - Promoting Hope

This group runs every THURSDAY October 29th – Dec 17th
From 10am- 11:15am

Location: Via Zoom Call in or video option

If interested please call Sage staff to reserve you spot at 780-446-3569





BOYS & GIRLS CLUB

OF RED DEER & DISTRICT

**BENALTO
BOWDEN
DELBURNE
PENHOLD
SPRUCE VIEW
SPRINGBROOK**

**JOIN US
FOR CLUB
IN YOUR
COMMUNITY!**

**FIND TIMES, LOCATIONS, AND REGISTER ONLINE AT:
YOUTHQ.CA/BGCRD**

**YOUTH
HQ**



Boys & Girls Club
of Red Deer & District

In partnership with:

Red Deer County



Programs funded in part by:



United Way
Central Alberta





Bowden Grandview Bottle Drive

What is this for? Bowden Grads of 2021
are doing a fundraiser to raise some money for our grad

When? September 24th, 2020 - March 2nd, 2021

Where? Olds Bottle Depot

4314 50 Ave, Olds, AB T4H 1P6

What do u do? You just head in with your bottles and let the workers
know it's for Bowden Grandview Grad Class!

Any help would be much appreciated!



Thank you, from the Class of 2021