

Bowden Grandview School

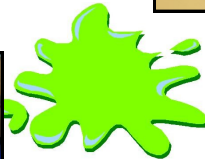
OUBLECK

The Kindergarten class was totally enthralled to play with their dinosaurs in OUBLECK! What is oobleck? This non-Newtonian fluid is easily made by mixing cornstarch and water. A quick tap on the surface of Oobleck will make it feel solid, because it forces the cornstarch particles together. But dip your hand slowly into the mix, and see what happens—your fingers slide in as easily as through water. Moving slowly gives the cornstarch particles time to move out of the way.

What's happening:

Wednesday, January 19

- School Council Meeting @ 12:00pm



National Family Literacy Day

Did you know that Wednesday, January 27th is National Family Literacy Day?!? We have some fun events happening at the school that day! Mrs. Rankin has some special prizes for the month of January for our busy readers!! We will also be dressing up as our favorite book characters that day! SO MUCH FUN!!





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50
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CONGRATULATIONS!!!

BOWDEN GRANDVIEW SCHOOL

BECAUSE ONE OF YOUR STUDENTS CARED ENOUGH TO NOMINATE YOUR SCHOOL,
YOUR SCHOOL IS ONE OF 50 CANADIAN SCHOOLS TO RECEIVE \$500!!!



OUR HEARTFELT THANKS TO ALL TEACHERS AND ALL
ESSENTIAL SCHOOL STAFF AND BUS DRIVERS FOR KEEPING
SCHOOLS POSITIVE AND OUR KIDS SAFE THROUGH THESE
CHALLENGING TIMES.

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Indigenous

Patrick Mitsuing, Chinook's Edge Indigenous Education Coordinator said, "One of the big relationships we had as Indigenous people was with the animals on this land. There are many teachings and lessons that can be found observing animals. One of those animals is the moose." <https://foundationalknowledge.com/index.php/moose-teachings/>

ABOUT THE ARTIST:

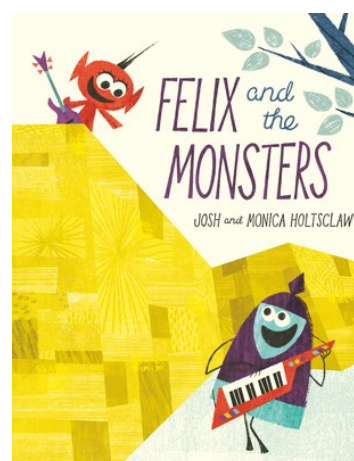
Dwayne Wabegijig (Light- colour Sky) is an aboriginal Woodland Artist from Thunder Bay Ontario where he currently resides and works from. He has lived in Lethbridge Alberta, Sault Ste. Marie and Sioux Lookout, Whitefish Lake, Atikameksheng Anishnawbek, Naughton, but has spent the better part of his life in Thunder Bay. His passion for art started at an early age where he completed drawings in pencil, charcoal and pastel for friends and family. It wasn't until his early 20's that he started working with acrylics and oils after discovering Salvador Dali, Van Gogh and Picasso.

His paintings today blend the realism of nature (ie. landscapes, night skies) with the x-ray lines and bright colours of today's Woodland art. He hopes to continue to hone his craft by further integrating the legends and stories of his Ojibwe ancestry with his experiments in the Woodland school of art.



Literacy Corner

Martin Luther King Jr.'s dream included not judging people by the color of their skin but by the content of their character. *Felix and the Monsters* and *The Wall in the Middle of the Book* emphasize how our biases and preconceived ideas of people shape how we treat others before we've ever made an attempt to get to know them. The characters in these stories have ideas about those on the other side of the wall - horrible monsters, ferocious animals, terrible ogres - all notions with no basis in experience; no conversions, no getting to know one another, no searching for common ground. When the walls come down, or journeys are made to the other side, some enlightening discoveries are made.



**Do you want to help your child thrive
and promote positive behavior?
Do you want to help your child avoid
risky behaviour?**

FREE PARENTING WORKSHOP

DATE: Wednesday, January 20th.

TIME: 12:15pm - 1:00pm

LOCATION: Zoom Session

(link will be sent via email the day before the workshop)

Developmental assets are the building blocks of healthy development that help children grow up caring, responsible and resilient.

You will learn about these assets as well as:

- Factors that contribute to the healthy development of children & youth.
- What you can do to help build skills, experiences and opportunities for your child.
- How building on young people's strengths can help prevent alcohol and drug abuse and other risky behaviours.

SPARC red deer

TO REGISTER: go to
www.sparcreddeer.ca



**Parenting
is my
superpower**

Parent Support Series!

We are in this together!! Take a look at these webinars that are geared towards parents on helping your children at home during these unprecedented times.

All webinars are \$10 each and run from 4:00 pm - 4:45 pm

January 2021

7th: Parent Support Series #1 - Supporting the Emotional Needs of At-Home Learners

<https://www.carcpd.ab.ca/programs/details.php?id=8777>

14th: Parent Support Series #2-Using Positive Reinforcements to Support Children with Diverse Needs

<https://www.carcpd.ab.ca/programs/details.php?id=8782>

21st: Parent Support Series #3 - Attention and Memory Supports

<https://www.carcpd.ab.ca/programs/details.php?id=8781>

28th: Parent Support Series #4 - Handling Meltdowns and Stages of Escalation

<https://www.carcpd.ab.ca/programs/details.php?id=8783>

February 2021

16th: Parent Support Series #5 - Making Math Fun

<https://www.carcpd.ab.ca/programs/details.php?id=8784>

23rd: Parent Support Series #6--Importance of Language to a Child's Success

<https://www.carcpd.ab.ca/programs/details.php?id=8785>

25th: Parent Support Series #7 - How to Read with Your Child (4-6 year olds)

<https://www.carcpd.ab.ca/programs/details.php?id=8778>

April 2021

29th: Parent Support Series #8 - Using Schedules to Support Children with Diverse Needs

<https://www.carcpd.ab.ca/programs/details.php?id=8779>

May 2021

6th: Parent Support Series #9--Supporting Positive Behaviours at Home

<https://www.carcpd.ab.ca/programs/details.php?id=8780>

10th: Parent Support Series #10-Questions and Answers


<https://www.carcpd.ab.ca/programs/details.php?id=8787>



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Courses

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Resources

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- 24/7 moderation ensures that the community remains safe and supportive.

16+

Free to all Albertans, register at:

togetherall.com

Or learn more at:

ahs.ca/virtualmentalhealth

Togetherall gave me a place to feel safe, everyone was so supportive, it helped me through a difficult time.

LEARN MORE



*We may share information we hold about you in circumstances of risk, where we may refer you to emergency services or to any health care professional or your commissioning institution to protect your welfare or the welfare of others.



Join us Friday January
22nd for a Teen Paint
Night

Ages: 12-18

Where: Virtual

Time: 5pm-6:30pm

**Materials will be
supplied**



Innisfail and Area FRN

Lets have some fun and
paint!!

**PRE-REGISTRATION
IS REQUIRED**

Please call or text Kristin at
403-877-7163

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PETERS IS
OUR HOST**



McMan