

Bowden Grandview School

January 4, 2021



2021

Happy New Year



**Chinook's Edge will be teaching
and learning from home on
January 4-8, 2021.**

All school buildings will be closed that week.

**See you online January 4-8, or upon our
return to the building on January 11.**

Our commitment to health and wellness

A message from the Superintendent



In Chinook's Edge, we know that supporting a healthy environment in our schools will positively impact the achievement and social emotional well-being of our students and staff. The global situation shows us that now, more than ever, our division's focus on wellness will ensure our students remain engaged and ready to learn, even as our circumstances change and evolve.

Our division has a long-held priority of caring relationships at every level. Relationships Matter in Chinook's Edge, and we can draw on that foundation in the coming months to support a sharp focus on our divisional goals that will continue to set our students up for success: Literacy, Academic Excellence, Career Connections, and Social Emotional Well-being.

On behalf of the Board of Trustees and our Central Office Leadership Team, I wish everyone in our Chinook's Edge school communities a happy and healthy new year.

Kurt Sacher,
Superintendent

For Trustee updates and to read the latest Board eNews, please visit [our website](#).

Ready, Set, Go! Welcome to Online Kindergarten Registration!

Chinook's Edge will be accepting Online Kindergarten Registrations beginning January 11, 2021 for the 2021-2022 school year. Please visit [our website](#) for Kindergarten information!



Masterfeeds®

an **Alltech®** company

TONNE OF SUPPORT
CANADIAN SCHOOLS CAMPAIGN



\$500
TO
50
SCHOOLS

**SUPPORT KIDS.
SUPPORT COMMUNITIES.
STRONGER ALTOGETHER.**

CONGRATULATIONS!!!

BOWDEN GRANDVIEW SCHOOL

BECAUSE ONE OF YOUR STUDENTS CARED ENOUGH TO NOMINATE YOUR SCHOOL,
YOUR SCHOOL IS ONE OF 50 CANADIAN SCHOOLS TO RECEIVE \$500!!!



OUR HEARTFELT THANKS TO ALL TEACHERS AND ALL
ESSENTIAL SCHOOL STAFF AND BUS DRIVERS FOR KEEPING
SCHOOLS POSITIVE AND OUR KIDS SAFE THROUGH THESE
CHALLENGING TIMES.

Elanco

PROUD
SPONSOR

**Parenting
is my
superpower**

Parent Support Series!

We are in this together!! Take a look at these webinars that are geared towards parents on helping your children at home during these unprecedented times.

All webinars are \$10 each and run from 4:00 pm - 4:45 pm

January 2021

7th: Parent Support Series #1 - Supporting the Emotional Needs of At-Home Learners

<https://www.carcpd.ab.ca/programs/details.php?id=8777>

14th: Parent Support Series #2-Using Positive Reinforcements to Support Children with Diverse Needs

<https://www.carcpd.ab.ca/programs/details.php?id=8782>

21st: Parent Support Series #3 - Attention and Memory Supports

<https://www.carcpd.ab.ca/programs/details.php?id=8781>

28th: Parent Support Series #4 - Handling Meltdowns and Stages of Escalation

<https://www.carcpd.ab.ca/programs/details.php?id=8783>

February 2021

16th: Parent Support Series #5 - Making Math Fun

<https://www.carcpd.ab.ca/programs/details.php?id=8784>

23rd: Parent Support Series #6--Importance of Language to a Child's Success

<https://www.carcpd.ab.ca/programs/details.php?id=8785>

25th: Parent Support Series #7 - How to Read with Your Child (4-6 year olds)

<https://www.carcpd.ab.ca/programs/details.php?id=8778>

April 2021

29th: Parent Support Series #8 - Using Schedules to Support Children with Diverse Needs

<https://www.carcpd.ab.ca/programs/details.php?id=8779>

May 2021

6th: Parent Support Series #9--Supporting Positive Behaviours at Home

<https://www.carcpd.ab.ca/programs/details.php?id=8780>

10th: Parent Support Series #10-Questions and Answers

<https://www.carcpd.ab.ca/programs/details.php?id=8787>





Where Family
Comes First

Family Services of Central Alberta
5409-50th Avenue
Red Deer, AB T4N 4B7
Ph: 403-343-6400
Fax: 403-343-6407
E-mail: fsca@fsca.ca
Web: www.fsca.ca

Introducing the Community Support Navigation Team

The Community Resource Navigation team exists to support families in accessing social supports as they reintegrate to schools and community post isolation and to build capacity for community resource navigation. COVID has affected and continues to affect many individuals and families in numerous ways. People throughout the community are struggling and trying to figure out where to go but just do not know where to start. FSCA supported by FCSS has created a pilot project called The Community Resource Navigation Team. We are here to support families in accessing appropriate Community Supports and Services working together to strengthen families, and to enhance their sense of safety and well-being.

What can we do?

- Support in Connecting to appropriate resources within the community.
- Meet with the family via phone, video meetings such as ZOOM, and we can arrange safe, in-person meetings if needed.
- Provide community referrals or help in obtaining referrals to the appropriate resource/agency.
- Offer info and understanding in navigating intake processes such as completing forms, assisting in booking appointments and even attending appointments with the family to provide extra support when possible.
- We have a diverse team with extensive backgrounds of experience and understanding in working with families and navigating community resources.

Complete the intake form online at <https://fsca.ca/community-resource-navigation-team/> or contact Lynette Braun at 403-309-8204 / lbraun@fsca.ca

We look forward to working together with you to support families and individuals in our communities to get back on their feet.

Thank you,
Lynette Braun for the Community Resource Navigation Team,
Family Services of Central Alberta



Get support. Take control. Feel better.

If you're struggling to cope, you don't have to do it alone. Togetherall offers a safe, and anonymous community to connect from anywhere, at any time.

REGISTER TODAY



HOW CAN WE HELP?



Community

Share anonymously and get support from others like you. Accessible 24/7, our site is run by registered mental health practitioners.



Courses

Find courses specific to your concerns. Learn how to manage your mental health and feel better.



Resources

Access a variety of free articles, tests, and techniques to take control of your wellbeing.

WHY USE TOGETHERALL?

- Members interact anonymously so you're free to share without fear.
- Togetherall's community is accessible and active 24/7 by phone, computer or tablet.
- 24/7 moderation ensures that the community remains safe and supportive.



Togetherall gave me a place to feel safe, everyone was so supportive, it helped me through a difficult time.



LEARN MORE

16+

Free to all Albertans, register at:

togetherall.com

Or learn more at:

ahs.ca/virtualmentalhealth



togetherall

*We may share information we hold about you in circumstances of risk, where we may refer you to emergency services or to any health care professional or your commissioning institution to protect your welfare or the welfare of others.

Community Resource Navigation Team

**HAS COVID
AFFECTED
YOUR FAMILY?**

Are you and
your family
feeling isolated?

Are you not
sure where to
go for help?

**We can help you navigate
& connect with Community
Supports and Services**

Complete Intake Form at www.fsca.ca
or contact Lynette at 403.309.8204
lbraun@fsca.ca

